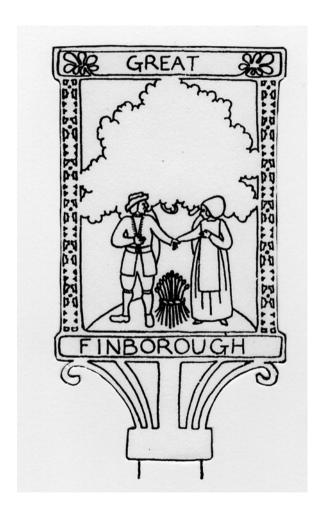
GREAT FINBOROUGH NEWSLETTER



JULY/AUGUST 2009 ISSUE 400

VILLAGE DIARY – JULY 2009 2-4pm St John's Adult Table Tennis. Church Room 2 Ladies' Lunch, Onehouse Church Room 12.15pm 2 7-9pm Youth Café, St. Andrew's Church 5 **Open Gardens** 1-6pm 5 Sunday Explorers, St Andrew's Church 4.30pm 7.30pm Parish Council. Pettiward Hall 6 11.30am Buxhall & Great Finborough Candlestick Club Local History Group, Church Room, 7 7.30pm Onehouse 8 2-4pm St John's Adult Table Tennis, Church Room 9 Team Finborough Committee Meeting, 6.45pm Pettiward Hall 9 7-9pm Youth Café. Pettiward Hall 7.30-9.30pm St John's Adult Table Tennis. Church Room 9 11 7.30pm Village Summer Barn Dance, Pettiward Hall 12 12.30-4pm BBQ, Hill Farm 15 2-4pm St John's Adult Table Tennis, Church Room 15 6.30pm Buxhall Women's Institute, West End Kennels Bingo, Pettiward Hall 16 6.30pm 20 Community Council, Pettiward Hall 7.30pm 22 Rural Coffee Caravan 10am-12pm 22 2-4pm St John's Adult Table Tennis, Church Room 23 7.30-9.30pm St John's Adult Table Tennis, Church Room 27 Pram Service, Buxhall Church 2pm 28 12-12.30pm FHOBS Lunch Club, Buxhall Village Hall Garden Club BBQ, 'Jordan' 30 7.30pm

The Newsletter is produced by Great Finborough Parish Council and distributed to all households in the village free of charge

VILLAGE DIARY – AUGUST 2009				
6	9.20am	Buxhall & Great Finborough Candlestick Club		
7	7.30pm	Local History Group, Church Room, Onehouse		
19	7.30pm	Buxhall Women's Institute, Village Hall		
20	6.30pm	Bingo, Pettiward Hall		
25	12-12.30pm	FHOBS Lunch Club, Buxhall Village Hall		
29	2-4pm	St John's Adult Table Tennis, Church Room		
31	2pm	Pram Service, Buxhall Church		

Editorial

This is the 400th edition of the village newsletter. Some of you will remember the first edition. One or two of you have got complete collections of the newsletter. It is part of the village's history and the fabulous History Festival in June celebrated the past at the same time as we are, collectively, creating the history for future generations. The newsletter, in describing the people and events of 2009, will hopefully provide part of our legacy.

15 August 2009 is the next copy deadline. Please put 'newsletter' in the header if you are emailing. Norman and I welcome visitors so if you need to contact me 'phone, email or call in to Park Cottage any time. The kettle is always on.

Sally Gooch

News from the Parish Council *Community Facilities*

As will now be more than clear, both the car park and play area are very successfully open and being widely enjoyed – which is great to see. Inevitably there have been a couple of issues around use and, by the time this hits your doormat, the Community and Parish Councils will have reviewed operation in the light of experience.

Now these are open, we can turn our attention to other unfinished business: namely the village appraisal and the Pettiward Hall. The intention is to get the appraisal questionnaire out over the Summer and, amongst other things, gauge what you think about the Hall and the meeting facilities we need there for the future. We will also be talking to Gipping Homes about the other community facilities they are obliged to provide, principally the five-a-side football pitch and the conservation area in the field at the bottom of the development.

See the Village Diary for the dates and times of the next Parish Council and Community Council meetings. All welcome.

Behind Pear Tree Place

I have been asked to clarify the mention in the last newsletter of the land with the trees on behind Pear Tree Place. This will eventually transfer to the Parish. The idea is to maintain it as a conservation area: to manage the trees, etc for wildlife and it will also be part of a circular walk from the High Road down towards the new development behind Middlefield Drive to the Pub. and back along the main road.

Richard Brice

Advertising in the Newsletter

Size of ad	Price per month	Price for 5 ads	Price for 10 ads
1/4 page	£8	£36	£68
½ page	£11	£50	£93.50
Full page	£15	£67.50	£127.50

10% discount which will be applied for payment in advance for 5 insertions (half year) or 15% for 10 insertions (full year). Any advertiser in arrears for more than three months would not have their advert inserted until full payment had been received.

Giles Hill

Great Finborough Open Gardens

With Scarecrow Competition for children and adults

Sunday 5 July 2009 1pm to 6pm

Entrance fee £3 per adult; children free

Programmes, Plant sale, and Tombola opposite the village shop
Lots of lovely gardens
Teas and refreshments

All proceeds will go to East Anglian Children's Hospice

VILLAGE SUMMER BARN DANCE

SATURDAY 11 JULY 2009: 7.30pm IN BOARDED BARN, GREAT FINBOROUGH Courtesy of John and Mary Williams

LEARN THE STEPS AND ENJOY THE DANCE AMONG FRIENDS AND WITH A PROFESSIONAL CALLER

DELICIOUS SUMMER SUPPER INCLUDED IN TICKET PRICE.

£8 FOR ADULTS AND £5 FOR CHILDREN UNDER 15 YEARS. BRING YOUR OWN DRINKS

SPEAK TO NORMAN (677940) TO BOOK YOUR PLACES AND DONATE PRIZES FOR THE RAFFLE.

Pavements

We've lived here about 18 months and enjoy living in the village. Having had a baby since moving here we have noticed that there are no drop down kerbs to cross the road across the entrance to The Chestnuts. The nearest ones are quite a way away. Although it is not a major issue, the kerbs are quite high and it is quite a bump to get over them.

We were wondering who might be able to help in asking the Council if it's possible to get drop down kerbs put in there for the benefit of pushchairs and people using wheelchairs. I know pavements were added for safety near the Pettiward Hall, so thought there may be a chance of this being changed too! I understand that the Parish Council will discuss this as a result of the subject being raised and refer the issue on to Suffolk County Council which is responsible.

Thanks for the newsletter; it's lovely to be kept up to date with what's going on in the village and to find out about village life as a relative newcomer!

Anna Ruegg

News from your District Councillor

First a clarification: the recent local elections were for the Suffolk *County* Council. I will be continuing as your representative on Mid Suffolk *District* Council, at least until the Government decides what to do about reorganising both bodies. An announcement about this may come in July, or the Autumn, but new ministers have been appointed, and a general election could result in a complete rethink.

This uncertainty and delay is not without its cost. The excellent MSDC manager guiding our top-scoring recycling operation has decided to leave, and all staff are inevitably concerned about their job security.

The County Council and Sustrans have recently announced the "completion" of National Cycle Route 51 across Suffolk but cyclists around Stowmarket will know that this is not entirely true. I am continuing to press for the following gaps to be closed:

- Forest Road, Onehouse to Chilton Way
- Recreation Ground Stowmarket via Iliffe Way and Asda car park to Museum
- Camping Land, in front of Abbott's Hall
- More off-road provision generally for greater safety.

Although grass and nettles now hide much of the litter, the contempt of a few continues to spoil our countryside. If you see them please report the offence via CSD on 0845 606 6067 with details of time, place and car registration number. I have raised at MSDC the possibility of collecting DNA evidence to see if offenders can be traced. I would be interested to know if locals think this is a sledge-hammer to crack a nut or a legitimate way of curbing litter louts?

On the Local Plan front, a few land bids in and around Stowmarket have been marked down as unsuitable, but most will be considered further. You can see the detail at the Library or on the web at www.midsuffolk.gov.uk in a document called Stowmarket Area Action Plan - Site Specific Issues and Options.

I was asked about bottle banks recently, so a reminder that there are bottle banks at the Chestnut Horse, Finborough; the Shepherd & Dog, Onehouse; and The Crown, Buxhall. Our local representative in the Village of the Year competition is Harleston, so please do all you can to keep it looking good, as that is still one of the criteria, although the community activity is also now judged. Good Luck! To get in touch see Who's Who.

John Matthissen

News from Great Finborough Primary School

Some of you may have seen the opening of the new outside area and courtyard for Foundation Class. To celebrate this event Mrs Baldry and the children held a garden party and invited parents and carers to join them. The guests were treated to food prepared by the children.

Our Year 3 and 4 children took part in a Vocal Workshop at Needham Market and over 200 voices from local schools performed a lovely concert. We have been busy collecting the Tesco vouchers. Thank you to everyone who has sent them in. This will allow us to obtain a new computer for the Foundation Stage Class.

Our Year 4's are currently undertaking their cycling proficiency course which lasts 6 weeks. Thank you for your patience on the road whilst the children are out and about. The class is also going on a residential trip at the end of June for 4 days to Felixstowe. This is very exciting for them and it will include lots of activities.

We are going to Colchester Zoo with the whole school trip on 7 July as part of our theme of Pet Week. Later in the week we will be going on our termly whole school walk.

The Leavers Service will be at St Andrews Church at 10am on 14 July. Leaver's assembly will be at the school on 16 July at 9.45am followed by the opening of our lovely Squirrel Garden which the Garden Club and some of the parents have worked very hard developing. I hope to see many of you there.

We say Goodbye to Mrs Jo Silburn, Class teacher and Special Educational Needs Co-ordinator, at the end of the Summer term. She will be missed by everyone at the school and in the local community. Many thanks for your continued support.

Stephen Dodd

News from the Friends of Great Finborough Primary School

Thank you

The Friends would like to thank everyone who has supported and helped us through the year. We have had a successful year with events including the Christmas Bazaar, Ladies Night and the Easter Extravaganza. With this we have been able to provide an Electronic Junior librarian for the children, Math's games, bark for the garden and PE equipment. Many thanks again and hope you continue to give great support with our future events.

Squirrel Garden

The garden is really starting to take shape now and the children are enjoying the club, so far sowing seeds indoors and helping fill in the vegetable beds. Many thanks to all those who have kindly donated items to the garden. They have all been gratefully received. The garden will be open on 5 July at Finborough Open Gardens, so please come and have a look at all of the hard work of the children.

If anyone has any small watering cans, small gloves, plants or flowers that need a good home please feel free to either leave with the Primary School or contact Lesley Cass, Julie Francis (736185) or me on 678480.

We have entered into a voucher reward scheme with Alder Carr Farm, Creeting St Mary. For every £10 spent in their Farm Shop they will provide a voucher (like Tesco Vouchers), which when saved up are cashed in for gardening equipment. The Scheme will run until 31 August 2009. There are collection boxes around the village: one in the school foyer, Chaplins Post Office, Great Finborough & Buxhall Preschool and at the Buxhall Crown. Please tell friends and family about these vouchers. The more we collect the more the children will benefit.

Sharla Goldsmith



Great Finborough & Buxhall Under 5s

Lots to report on as we finish the Summer term:

- Thank you to all those who supported our stalls at the annual Race of the Boggmen. In total we made £404.35 which included a very generous donation of £200 received from the Great Finborough Events Association.
- The first of the Bingos in aid of Great Finborough & Buxhall Under 5s raised a wonderful £85, which the pre-school is going to use to improve water and sand play in the garden. The second bingo planned for 16 July will raise funds for our toddler group all welcome.
- The Bags2School clothing collection raised a wonderful £216 this time. Thank you to all those in the village who donated.



Our Government grant funding has been reduced with effect from April 2009, but running costs have increased, making fundraising all the more important for us.

The pre-school is for the first time ever fully booked because of the outstanding efforts of our team. We will, however, be delighted to welcome new faces again to start in September. Please contact us for more information. Don't forget that our Toddler group (Fridays 9.15-11.15am) remains open throughout the Summer holidays and we welcome well-behaved older siblings along. Thank you for your continued support to our growing pre-school.

Jane Nunn

Charity Bingo

This Month's Bingo will be on Thursday 16 July at 6:30pm in Pettiward Hall. All money raised will go towards Great Finborough and Buxhall under 5's preschool and toddler group. In August bingo is on 20 August to raise funds for the Primary School's Squirrel Garden.

There will be Bingo, Raffle and Refreshments. All welcome. Children to be accompanied by an adult. If anyone has any unwanted raffle prizes they wish to donate, please feel free to bring along on the night or contact either Mari (770062) or me (678480).

Sharla Goldsmith

First Great Finborough & Buxhall Brownies

From September the will be a few spaces at Brownies for girls aged 7 to 9. We meet on a Monday evening in the school term in Great Finborough Primary School. If your child is interested in becoming a Brownie and would like to join please ring me Beverley Baxter (Brown Owl) on 01359 245871 or me (see Who's Who).

Gail Jarrett

Personal Notice

Ray Seddon would like to thank everyone who has been supportive since the sad death of his wife, Barbara Seddon.

Buxhall & Great Finborough Candlestick Club

We joined Onehouse and Harleston for a very pleasant trip to Tiptree jam factory. On the way we stopped at the Dutch nursery in Coggeshall for lunch and a brief look around. Tiptree has a cafe and museum. Disappointingly, we were not able to see around the factory as Health & Safety now precludes this.

On 7 July we are off on a boat trip on the Orwell with Katie Ellis and her band of helpers. The coach leaves Great Finborough Chapel at 11.30am, Buxhall Village Hall at 11.45am and Harleston at 12pm. The cost is £13.50 inclusive of the bus and boat. I'm afraid it must be paid in advance.

The 6 August outing is to Wroxham, Norfolk. Pick up from leaves Great Finborough Chapel at 9.20am and Buxhall Village Hall at 9.30am. If you aren't already on the list and you would like to go on either trip, please let me know. New members are always welcome!

Keith Proctor

Village Noticeboard

The village raised the funding of £850 for the new oak, lockable noticeboard, at two fundraising social events. The noticeboard, with Great Finborough carved into the design, is ready to be installed adjacent to the new car park and children's playground so that people using these facilities, taking children to school and going to the village shop, can all make use of it. In the next newsletter I can confirm how the key can be obtained when notices need to be placed inside or removed.

Norman Vendittelli

Team Finborough Update

Youth Café is open on Thursday evenings 7-9pm apart from the 3rd Thursday of each month. We have been playing on Finborough School's field since May half term. Youth Café is closed during school holidays. Anyone aged 11-17 years from Great Finborough or Buxhall is welcome to join us. We have registration forms available during Youth Café sessions or call 01449 676613 for more information. A plan of activities will be displayed on the notice board at Pettiward Hall and at the Post Office.

There is a drumming workshop planned for Thursday 2 July 2009 to be held in St Andrews Church. The next committee meeting will be on Thursday 9 July 2009 at 6.45pm at Pettiward Hall.

Scott Murkin



Wolf in the Woods

Once upon a time there was a girl called Kath who loved wolves. She loved them so much that she got all her friends to come and pretend to be wolves for a whole weekend. And then another weekend. And then another. They all enjoyed being wolves very much--there was a lot of sniffing and smelling to do, and a tail to discover, and howls to be found, and pouncing to be learned. When all Kath's friends were certain that they were really very good at being wolves, they decided that they would put on a show so that other people could come and see them. And they decided to do it in a wood, where there was a stream and a bridge and a fallen tree where they could hide and surprise the people who came to watch.

And they planned how they would act out some wolfish things, like the story of Red Riding Hood, but from the *wolf's* point of view; and the day they successfully hunted the elk and ate him all up, even the bones and skin; and the story of the little wolf child who grew up in the pack but then went to live with the humans and learned to speak human words instead of wolf howls.

And one night, when it was a lovely evening, when the sun dappled the leaves of the wood, and the birds sung in the trees, and the barley waved gently in the fields, people gathered by the gates to the churchyard and then walked down, down, down to the bottom of the hill, to the little wood where the three paths meet. And there they met the wolves. And when it was all over, the people who came to watch clapped and applauded the wolves, and the wolves bowed, and bowed again, and then slowly, bit by bit, they turned back into humans again.

Kath Burlinson

If you went down to the woods that night, you'll probably never forget. It was a wonderful warm evening filled with filtered sunlight and moving shadows accentuated by a mournful dirge which helped us trespass into another world.

The background of foliage and a slight breeze heightened the mystery as we strained to glimpse the howling creatures. We sensed they were aware of our presence although we were unable to make out shapes or forms. The atmosphere was electric and the setting perfect – no stage could have lent itself more aptly to this production.

Wonderful animation and choreography drew us all into the wild unknown and yet we were prompted to remember myths and tales which blanket some of the fear that man has inherited for these creatures.

The total dedication of the 'pack' was evident in the fast-moving introduction. Well-spaced singing, dancing and action-filled movements enhanced this performance to the point of enchantment. The script was mimed to explain some situations and we all felt very privileged to witness this drama. Thank you to those who staged the performance for the village.

Arts Correspondent

FHOBS Lunch Club

FHOBS stands for Finborough, Harleston, Onehouse, Buxhall and Shelland: the five parishes of the benefice. Under this umbrella, we have a thriving Lunch Club with upwards of 40 members who enjoy a meal and some valued comradeship. This takes place on the last Tuesday of each month: 12 noon for 12.30pm in Buxhall Village Hall. A small charge of £3.50 is made to cover expenses. We would be delighted to welcome new members. Please contact me on 737814.

Need a weight disposal expert? Try

the Cambridge Diet®

- Balanced nutrition
- One-to-one support
- Flexible programmes
- · Wide range of flavours
- Includes stabilisation and Maintenance

Call Val Lord on 01449 737113 Have you got a holiday coming up?

Would you like to lose those excess winter pounds? I did too and after struggling to lose weight on conventional diets, getting nowhere fast, I discovered the Cambridge Diet. I was absolutely thrilled to lose almost 2 stone in only 2 months and am now close to my goal weight. I now have a new slim figure, a new

zest for life and a new wardrobe! I was so impressed by the fast results achievable while ensuring good nutrition, I have trained as a Cambridge Diet counsellor and would love to help YOU achieve your goals. Call me on 01449 737113 to arrange a confidential chat to discover how you can find a new you.

Val Lord

Buxhall's New Caravan Club Certified Location

We are delighted to announce that 'Oaklands', Buxhall's first Certified Location, is now open for business exclusively for Caravan Club members. If you have family and friends who love the peace and quiet of our area and have their own touring caravan, motor-home or trailer tent they can now stay nearby. The site is on Rattlesden Road, just round the corner from The Crown. 5 pitches available, all with electric hook-up, for only £9 a night inclusive. To book please contact Val or Graham Lord on 01449 737113

Village History Festival

What a triumph this was over the weekend of the Summer solstice. The church provided a large and light space in which the exhibits were skilfully and imaginatively displayed. Sheena Dohoo organised her willing band of helpers to bake and serve luscious cakes, sandwiches and beverages for the enthusiastic visitors.

Some people spent hours and hours reading and reflecting on events in Great Finborough's past. For some it was memories of their own, and their family members' histories. For others, we were just pleased to fill in some gaps in our local knowledge and explore the evidence relating to buildings of significance to us now.

Mary Williams and her team went to so much trouble to amass the materials and plan and design the displays. The children from the village school produced such good work that really provided a feel for the people and the times they lived in. Just seeing the 1884 Ordnance Survey map, rescued by Brenda Grimaldi from Finborough Hall when the Electricity Board was reputedly going to throw it away, made one realise how much development has taken place since then.

We are hoping that the displays will be able to be kept and brought out for future village events as several people have already said they needed more time to pore over them; and some were away at the weekend and hope to have another chance to see the information. Thank you to all those who worked and put on the exhibition.

Sally Gooch



Frances O'Flaherty
Paediatric Physiotherapist
(Bsc, MCSP, SRP, MAPCP)
Bobath Trained and Certified

A physiotherapist specialising in assessment and treatment of premature babies through to 16 year olds.

Experience in treating a wide variety of children's conditions including

respiratory (cystic fibrosis, bronchiectasis)

developmental delay (pre-term babies, down's syndrome etc)
brain/nervous system (cerebral palsy, head injury etc)
joints, bones and muscles (torticollis, talipes, juvenile arthritis & injury)

t: 01449 774 727 e: kidsfizz@gmail.com

BBQ

To be held at
Hill Farm
Valley Lane
Great Finborough
On 12 July 2009
12.30-4pm

Proceeds to St. Mary's Church, Little Finborough Adults £8; children under 10 years £4 Tickets from Beverley Wade on 616817 or Mrs P. Mead on 673660 by 8 July

Onehouse Local History Group

On 2 June 17 people travelled in style in Hugh and Marion Wilson's 1947 Bedford bus along the old main road to Ipswich - the A45, through Needham Market and Claydon. Hugh introduced us to 'Betsy', whose 28 horsepower engine was equivalent to the 2 litre model installed in today's average family car. Betsy's engine had to cope with the weight of the coach and everyone on board.

Without a doubt, for those of us of a certain age, the journey brought back many memories, especially the juddering strain as we breasted the slow inclines on the highways out of Claydon and along the Valley Road at Ipswich. A delight was the expression on the faces of people as we passed by!

The Ipswich Transport Museum is based in the former Priory Heath Trolley Bus Depot at Cobham Road. The official guide says that "the Collection has around 100 major exhibits and numerous smaller ones all connected with transport and engineering in Ipswich, that all were used in or around Ipswich and that many were even designed and built by Companies in the town".

Names like Ransomes, Sims & Jefferies and Ransomes & Rapier, Bull Motors, Cocksedge & Co., also Ben Cooper at Claydon and Suffolk Iron Foundry/ATCO Qualcast (now Bosch) at Stowmarket played such an important role. Other well-known names such as Dennis, Bedford, Leyland, Commer, Chevrolet, Vauxhall, Scania and Sinclair were connected with the supply of vehicles for the Fire Brigade, buses and trams, gas and electricity services, ambulances and Police, tradespeople, air/rail/waterborne services - all from the early 1900s horsedrawn to today's technology.

Items of more personal use included a wide range of carriages, bicycles, motor cycles, perambulators, lawn

mowers, and even biers and a sedan chair. There are side rooms with workshops, archives and small collections of library, tickets, photographs, plans and costumes.

The Museum is run entirely by local dedicated volunteers and supporters and is open Sundays and Bank Holidays, also Monday to Friday afternoons during school holidays. Well worth a visit. We loved the whole evening and several fully intend to return. Contact 01473 715666 and/or www.ipswichtransportmuseum.co.uk or our notice board in the Church Room, Onehouse.

At the meeting on 7 July we shall be following this year's theme by looking at the eastern part of the parish alongside the mutual boundary with Stowmarket, including the Stow Lodge corner, through Chilton Fields to Shepherd's Farm. 7.30pm in the Church Room. All welcome. Early warning of 1 September meeting: annual pub. evening.

We ask for £2, which includes refreshments, to cover our costs. There is always a warm welcome for all who are interested in local history, from youngsters to elders. The Group is a member of the Suffolk Local History Council so our notice board gives details of other Groups and events in the County.

Pauline Llewellyn (673190)

Ladies' Lunch

Saturday 2 July

Church Room, Onehouse: 12.15pm

Speaker:

Helen Matter on 'The International Year of the Child'

Please book places with Arlene (Tel. 676123).



Itching for your holidays???

Don't leave your pets itching for theirs...

10% off Frontline Spot-on flea treatments & household flea sprays

5% off all dog & cat worm tablets during July & August

Practice Opening Hours

8:30am-6.00pm Monday-Friday 8.30am-12.00pm Saturdays

Surgeries throughout the day by appointment

Plus a 24 hour EMERGENCY SERVICE

Combs House, Stowmarket Business Park
Needham Road, Stowmarket IP14 2AH
(just opposite Munton & Fison, Near Buildbase & Riverside Autos)

Tel. 01449 676966

For more information & for a map/directions go to: www.cedarwoodvets.co.uk

St Elizabeth Hospice

Donate your unwanted furniture

St Elizabeth Hospice is looking for donations of furniture to sell in their shops and they will even collect them from your home. The Hospice has a van and furniture team in place ready to pick up donations from the comfort of your own home to be sold in their shops in Stowmarket and Meredith Road in Ipswich. There are currently ten Hospice shops throughout East Suffolk and a distribution centre on Rapier Street in Ipswich which rely on the donations of goods to keep them stocked. If you have any furniture that you would like to donate, please contact St Elizabeth Hospice's Meredith Road shop on 01473 744080.

Soul and Motown Night

The thebestofipswich and Kersey Mill present a Soul and Motown Night with top local DJ Gary (Rico) Richardson and the Archimedean Roadshow on Friday 3 July 2009 8pm till Midnight at Kersey Mill near Hadleigh.

Get up, stand up and strut your funky stuff...Come and enjoy an evening of Jazz Funk and Disco...get the platforms and flared trousers on and enjoy a great night! Tickets £12 in advance or £14 on the night (including a buffet). All profits from the event will be donated to St Elizabeth Hospice. For more information, please contact 01473 820200 or visit the website www.kerseymill.com

Dragon Boat Race

Teams of between ten and fourteen people are invited to take part in this year's Dragon Boat Race event on Saturday 18 July Alton Water near Holbrook. Take this opportunity to try something completely different. Build great team spirit and promote yourself to a large local audience. The drums, cheering and colourful boats make it an exciting sport both to

watch and to compete in. It is a great day out for all the family. For more information, please contact the fundraising team on 01473 723600, visit www.stelizabethhospice.org.uk or email fundraising@stelizabethhospice.org.uk

Leanne Thorndyke

My Last Cycling Challenge

Some readers may recall I outlined a cycling challenge in last November's newsletter and advised that along with 10 of my colleagues I was cycling from London to Amsterdam to help raise money for the British Heart Foundation [BHF] charity number 225971. This was one of the British Heart Foundation's World Experience Events.

Well, 12 of us and 19 other fundraising cyclists completed the 300km in 3 days at the end of April. We had good weather for most of the time, with just part of Day 3 damp. Cycling in the Netherlands is far better than in the UK. It is great for any cyclist that does not enjoy competing for road space with other traffic. Having crossed Essex on Day 1 we took the overnight ferry to Hook of Holland. Day 2 was spent cycling north keeping close to the coast. For most of the day we were in sunshine passing through sand dunes which contrasted with the flowers of the bulb fields. Day 3 took us west and south into Amsterdam.

The ride was a great success. I personally raised over £1440; our team over £20,500 and the total for all riders is now well over £50,000. Thank you to those who supported me. If you forgot earlier the weblink is

<u>www.justgiving.com/lloydstsblondontoamsterdambikeride</u>
Cheques are payable to British Heart Foundation. Post through the door of 2 St Andrews Close.

Neil Lennon

1287 (Wattisham) Squadron ATG (Building 210, Wattisham Airfield, IP1 7RA)

WE ARE CURRENTLY RECRUITING, ARE YOU AGED BETWEEN 13 AND 17?



The Air Cadets gives young people the chance to take part in a huge range of exciting and challenging activities supervised by members of our experienced adult volunteer staff.

This year...

- Air Cadets will spend over 50,000 hours flying
- 20,000 cadets and staff will take part in adventure training activities
- 12,000 cadets and staff will go on summer camps in the UK and abroad
- 3,000 cadets will achieve Duke of Edinburgh Awards
- 1,000 cadets will qualify for BTEC Certificates

Air Cadets Has Something Special For Everyone. Especially You.

Subscriptions are only £2.50 per week or £8.50 a month via standing order.

For further details please visit our website; www.1287atc.org.uk

Or during parade evenings on 01449 728297. (Mon & Wed - 7.15pm to 9.30pm.

It's your choice. Expand your horizons...

1287 (Wattisham) Squadron ATG

Minibus Appeal

£25,000 Is Our Target

We are looking to purchase a Mini Bus for the Squadron providing 15 seats and a cage for transporting luggage and equipment safely. As a rural based Squadron the minimal local public transport services are not able to facilitate our transport requirements. Our members are also generally located in surrounding villages poorly served by public transport.

With a Squadron Mini Bus we can get cadets and all their equipment to events in an efficient, co-ordinated, reliable and timely manner and with a sense of pride and bonding that defines us as a Squadron. For the cadets the Mini Bus is an integral part of their equipment. It represents their independence and freedom and supports their personal development during their time with the Squadron in immeasurable ways.

We would like to call upon anyone who can help, whether you are an individual, local business, local society or other group who could help by either donating your time, cash or knowledge in our quest to reach our target. We have a number of website affiliations where you can donate without any cost to you, such as Easy fundraising, www.easyfundraising.org.uk/1287atc. There you can shop online at over 600 retailers who will donate to our cause a percentage of what you spend at no cost to you.

If you have mobile phones lying around these can be sold online at www.1287minibus/envirocharities.com It is free to register and use. You can make anything up to £180 for your old mobile. Envirocharities will make a donation of £3 on behalf of yourself to the appeal. There is opportunity to donate additional money to the appeal and dedicated customer service support.

If you wish to help with our Minibus Appeal or want to make a donation, please contact the Squadron Direct or Iain Michie on 01449 613699 or 07967 566180

Swine flu

The World Health Organisation (WHO) considers that a global pandemic is underway. The WHO alert level reflects the global situation. However it is important to note that any action taken in the UK will be based on the situation here.

So far, the majority of cases of swine flu found in the UK have been mild. There has been no evidence of widespread community transmission. NHS Suffolk has established plans in place to continue to deal with cases. Advice remains for individuals to carry on with their daily lives while also taking sensible precautions to reduce their chances of contracting the virus.

Continuing to follow good hygiene measures will also play an important role in slowing the spread of a pandemic, whether people are attending work, socialising, travelling on public transport or using public places. Anyone who has flu-like symptoms should stay at home, limit the contact they have with other people and telephone their GP or NHS Direct. They will then be assessed and given treatment if necessary.

It is important not to panic. Anyone who hasn't experienced any symptoms should carry on their daily lives as normal whilst following simple steps to help protect themselves and other people. Cover your nose and mouth when coughing or sneezing. Use a tissue when possible. Dispose of dirty tissues promptly and carefully.

Maintain good basic hygiene by washing hands frequently with soap and water. Clean hard surfaces, such as door handles, frequently using a normal cleaning product. Parents should make sure their children follow this advice. For further information, please visit http://www.dh.gov.uk/en/index.htm **Dr Brian Keeble, Consultant in Public Health Medicine**

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Buxhall Women's Institute

Midway through the year and a good time to reflect on all we have achieved and what there is to look forward to. At the May meeting the Resolution to be put forward for National debate was discussed and voted on. It was proposed that the Government should provide more funds for research in an effort to discover the cause of the decline of the bee population. This was carried unanimously by our Institute and later at National Level.

Mrs Marion Mason, one of our members, then took the floor and our hearts went out to her as she gave a very personal and moving account of her involvement in raising funds for the East Anglia's Children's Hospices. Whilst we have all donated to various charities in the past, Marion was specific in giving reasons why EACH is so special to her and her family in the support and comfort given to them and theirs when they needed it most.

We then had the Bring and Buy Sale which helps to raise funds for our Institute. It's always fun to see the diverse range that is donated for sale – the plants usually being snapped up quickly. The Suffolk Show has a WI Tent in which each Institute is challenged to produce craftwork on a given subject. Bizarrely the theme was 'Christmas' and our talented ladies achieved some very high scores.

The monthly walk took off from The Chequers at Great Blakenham. Due to the lighter evenings Ann set a good challenging walk which 26 members joined. A further 3 added to the group for the meal that followed which was exceptional value and enjoyed by all.

After much discussion on what to wear The Ritz in London was the next venue; for Afternoon Tea. 26 ladies and 2 gentlemen left Buxhall Village Hall at 9.30am and returned tired but

happy after sampling the delicacies and surroundings of The Ritz with sufficient free time to shop and sightsee. We are now looking forward to the trip to 'Ladies Day' at Newmarket Races on 9 July. Plans are afoot for a buffet lunch on arrival and tea before leaving.

15 July sees us at West End Kennels enjoying the hospitality of Lynn, Helen and husbands, both Grahams, for the Garden Party which starts at 6.30pm. This evening is for members only and the hosts provide a memorable event in our calendar. At the meeting on Wednesday, 19 August the speaker is Brenda Price on the subject of 'Sugar Craft'. Doors open at 7.00pm for a 7.30pm start. Visitors welcome. **Anne Hicks**



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Great Finborough & District Garden Club

The gardening year seems to be accelerating faster than ever and the recent rain has caused everything to grow at an alarming rate. I seem to spend more time mowing the lawn than ever! I have not seen better displays of early Summer flowers; this also means that the weeds need constant attention too!

Another very successful birdseed order has just been fulfilled. The proceeds, totalling £102.50, will be donated to the village school Garden Club to help our young gardeners purchase equipment and materials for their Squirrel Garden Club. The next seed order will be placed in September. Details will be in the newsletter as usual.

The Club has undertaken two very successful and well supported visits to the National Lilac collection at Wyverstone, and to Larkfield. The next meeting will be on 10 September.

The annual Open Gardens will be held on 5 July to help raise funds for EACH. In addition to the usual teas, ice cream, tombola and plant stall we are also running a scarecrow competition for both adults and children. The children will have already received the information through the village school and we hope that many of you will join in. For those of you no longer at school we hope that you will also join in and support us in our efforts. For further details please contact us.

The Presidents Lawn BBQ, hosted by the committee to say thank you to those who open their gardens to the public, will take place the evening before. We would also take this opportunity to thank all those who support Open Gardens by helping on the day, visiting the gardens, purchasing plants or taking part in any other way.

On Thursday evening 30 July is the now customary Garden Club BBQ at 'Jordan' to celebrate another successful Garden Club year. We supply the cooks, BBQ Sauces and bread. Members bring along something to cook, a salad or dessert to share, and their drink of choice. With, hopefully, fair weather the evening will reflect the enjoyable spirit of the Club.

If you are interested in joining the garden club or would like to join us for any event you will be very welcome. For further information contact or me (see Who's Who) or John Davey on 674401 or at john@abbeyclassics.co.uk

Judith Cameron

Welcome to

The Lutons who have moved into Oak House, Valley Lane. Tim, from California, is a pilot in the American Air Force, based at Mildenhall. Lola, originally from Kazakhstan, looks after Joshua, aged four. They are keen to meet people in the village and join in.

And a hearty welcome to the residents of Pear Tree Place, most of whom moved about a year ago. They get on well, often chatting to one another. If you know someone newly arrived and living in the village, or friends and neighbours who are moving on, please let me know.

Sally Gooch

Stamps for the East Anglian Air Ambulance

It would be appreciated if any used postage stamps, old and foreign coins, used ink cartridges and unwanted mobile phones could be donated by 20 July so they can be collected by the East Anglian Air Ambulance at the end of the month. Stamps and other items can be brought along to the Wednesday Coffee Morning in the Church Room or put through my door: 'Fairlawns', 62 Forest Road, Onehouse. Thank you for all the items we have received over the past few months.

Derek Ames

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The Bumpstead Boys presented Ruby and her Horses

in the Pettiward Hall on 17 June 2009. The hall was full and Neil and Andrew took us through this kaleidoscope of sights, sounds and memories. Another review described it well: 'The audience found themselves drawn...through the agricultural depression of the 1930s'.

The presentation was nicely patterned with Andrew's delightful voice and Neil's stories of his own mother's youth. Although some were reliving their own memories, in no way was anyone younger left out of this picture of life.

Perhaps we were most amazed by Ruby's capable and modern views and ways of life. The god fearing folk of that time seemed to know how to enjoy themselves despite the harsh conditions. They had nothing and expected nothing.

We were impressed by the neat handwriting and book keeping despite knowing little about the education of those in the story, or the opportunities available in those days. Another amazing feature was the long journeys, using horses, which needed to be undertaken for the sake of the few pence that meant the difference between food on the table and going hungry; or a chance for the future. It was a privilege to be there. Look out for future venues in Suffolk as it is well worth an evening.

Arts Correspondent

Onehouse Ramblers

The next walks will be on 19 July and 16 August. Meet at the Onehouse Church Room car park on Forest Road at 3pm for a walk of about four miles. Some of us will do a morning walk at Thornham towards the end of July, followed by lunch in the restaurant. Please contact me on 613328 if you are interested.

Derek Ames



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Thursday Nights
7.30-9.30pm in the Church
Room
9, 23 July 2009

Why not try a bit of gentle exercise with a game of Table Tennis? New players welcome. £1 per session. There will be a break during August, so watch out for details of Autumn dates in September's newsletter Give me a ring for further details. Derek Ames (Tel.



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St Andrew's Church



As I write this I know that the final touches are being made to the material for the Local History Exhibition – and by the time the newsletter drops

through your letterbox it will all be over. A huge Thank You to all who have contributed so much to this – hopefully we will have some feedback from those who came along for the next newsletter.

The lovely warm weather followed by some much needed rain has certainly led to a spurt of growth – and the churchyard is no exception. Many thanks to all who are working so hard to keep it looking good and maintain the balance between 'tidiness' and conservation. A small group is looking at the work that needs to be done around the churchyard – both as 'one-off jobs' and regular maintenance. There'll be more details later but in the meantime if you are interested Paul Nettleton (677223) will be delighted to hear from you.

At the moment the new PCC is also looking at how the church can get better at letting you know what's going on. Communication and sharing information seems to be difficult in all sorts of situations – and the church is no exception! So any ideas are very welcome. If you pass them to me initially (674819 or tajgrayfin@aol.com) I'll pass them to the group who are looking at this.

And just one more thought – doesn't the new Play Area and Car Park look great? A focus of life and activity in the centre of the village. Congratulations to all involved and thanks for their perseverance.

Trudy Gray

From the Ministry Team

Dear Friends,

Recently I have become fascinated by the various slow movements gaining ground in our society. We've got slow

food, slow cities, slow travel, slow schools.... They represent the growing awareness that our lives often feel as though they are spinning too fast and that we have lost control over what we are doing and who we are. We lose touch with family and friends; even our history and culture. Just because we are so busy. Sleep suffers, diet suffers, friendships suffer and our health suffers. We know all this and yet it seems impossible to do anything about it.

I have just had a month's leave in order to reflect on the business (or busyness) of running 5 parishes, a ministry team and so forth. Reflecting I looked back on what I had been doing over the last four years. I thought: 'I've been insane!' The sheer *amount* of stuff I had been trying to do was potty. I had damaged both my health and my faith, not to mention my ability to be a priest and pastor, in the process. Consequently I have resolved, on returning to my duties, to go slower, to do less and 'be more'. It is already difficult not to pick up the pace and allow myself to be dictated to by events but I am determined to make space in my life to remember who I am – a child of God – and to serve these parishes well by my prayers and my studies so that I may better walk with people in their own search for God.

We live in a world where it often seems as though we are judged far more by quantity than quality, but it is possible to work in the opposite direction and to think more clearly about priorities and how we can focus on them. I think the trick is small steps; to find five minutes every day to take time to remember who we are – to pray if that is within us – and to remember that eventually all things pass.

Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? And can any of you by worrying add a single hour to

your span of life? But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well. So do not worry about tomorrow, for tomorrow will bring worries of its own. Today's trouble is enough for today. (Matthew 6.25, 27, 33,34)

So God bless you, and remember that God holds all things in his hand and he will never forget you.

Lindsay Llewellyn-MacDuff

August Services

You may have noticed that in August each year the benefice moves to a Summer pattern. Each Sunday in August we have only two services across the benefice: one morning and one evening. This is partly because our numbers are down as people go on holiday and because it gives us an opportunity to experience different ways of worshipping. If the style of worship is unfamiliar, just ask, and someone will be happy to guide you through the service. If there is no service in your church on a given Sunday this summer, see it as a chance to explore!

Indeed the church might have changed since you were last there. Over the past year Buxhall and Harleston have acquired a loop system for hearing aids. Great Finborough has improved its loop. Buxhall and Great Finborough have installed amplification systems. Buxhall has re-ordered the West end of the Church to include toilets and space to 'mingle'. Harleston have improved access for the ambulant disabled. Everyone is welcome to all our services and the congregation will do its best to make any new faces feel at home.

Lindsay Llewellyn-MacDuff

Open Churches Week

There will be a short midday prayer in Onehouse Church daily during Open Churches Week: 13-18 July 2009 inclusive.

Arlene

A Bit of a Damp Day didn't deter us!

Typical - the day we are meant to have a Service walking around the village it rained! It was still a wonderful Service and enjoyed by our family and those who were also brave enough to stand the weather seemed to enjoy it too.

The Service started off in the Primary School yard when it suddenly started to pour down and we had to move into the hall. After praying and singing a few songs waiting for the rain to ease we moved on along up the road to the Chestnut Tree where we sang further songs before singing outside the church with the fantastic views of the fields. The Service finished inside the church with a wonderful picnic to follow.

Although the picnic had to take place inside the church, both children and adults had a lovely time chatting and sharing food. It was a wonderful opportunity to spend time as a family; children to be with their friends and to enjoy a service with a bit of a difference.

Brigette Currin

Michael Green

There was an interesting article & picture in *The Jordan Times* about Michael Green, who is working for The Church Mission Society (CMS) in Jordan. Under the headline 'British nurse works to make a difference in lives of Jordanians with disabilities', it gave details of the work with which Michael is involved. For those who are interested, the full article may be viewed at:

http://www.jordantimes.com/index.php?news=17434

Derek Ames

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Services at St Andrew's Church in July and August

5 July11amHoly Communion12 July6.30pmCeltic Evening Prayer

A quiet reflective service to provide a relaxed start to the new week

19 July 11am Holy Communion

26 July 11am Time2Worship, Family Service

2 August 6.30pm Evening Prayer 16 August 10.30am Holy Communion

Pop in For Coffee at St Andrew's Every Saturday Morning from 10.30am to Noon



This is an informal opportunity to have coffee and a chat - perhaps when you're passing on a stroll around the village or visiting the churchyard.

FROM THE REGISTERS

Marriage at Shelland, King Charles the Martyr Tristan Clifton and Emily Foster



25 May

Baptism at Great Finborough, St. Andrew's Liam James Reuben Khan

7 June

Pram Service

27 July and 31 August



At 2pm in Buxhall Church.

An informal service for pre-schoolers (0-5) and their entourage. Come along for songs, stories and squash!

I am planning to arrange a pram service, perhaps in the morning on another day during the month, so please keep an eye out for posters. Lindsay Llewellyn-MacDuft

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Meeting:

First Sunday of the Month at St Andrew's Church, Finborough From 4.30 – 5.30pm

Sunday Explorers

Next Session: Sunday 5 July

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CHURCH SERVICES IN THE BENEFICE FOR JULY & AUGUST

Weekday I	Morning Prayer		
Monday	Onehouse		8.00 – 8.30 am
Friday	Great Finborough		8.00 – 8.30 am
Sunday		St Thomas	
	.1-4; Ephesians 2.19		
Sung Eucha		Buxhall	9.30am
	lorning Prayer	Shelland	9.30am
Holy Comm	• •	Finborough	11am
Family Serv		Harleston	11am
Evening Pra	yer	Onehouse Room	6.30pm
Thursday	O luly		
Holy Comm		Shelland	10am
l loly commit	umon (2)	Orienaria	roum
Sunday		Fifth Sunday af	fter Trinity
	<u>5; Ephesians 1.3-14; l</u>		
Time2Worsl		Buxhall	9.30am
Holy Comm		Shelland	9.30am
Holy Comm		Harleston	11am
Family Serv		Onehouse Room	
Celtic Eveni	ng Prayer	Finborough	6.30pm
Sunday	10 July	Sixth Sunday a	ftor Tripity
_	3.1-6; Ephesians 2.11-	•	•
Matins	<u> 7.1-0, Epitesiaris 2.11-</u>	Shelland	9.30am
Holy Comm	union (1)	Finborough	11am
	munion & Baptism	Onehouse Room	11am
Family Serv		Buxhall	4pm
			r
Thursday			
Holy Comm	union (2)	Shelland	10.00am

Sunday	26 July	St James		
		2.2; Matthew 20.20-28		
Holy Comm		Buxhall	9.30am	
Matins	` ,	Harleston	9.30am	
Time2Wors	hip	Finborough	11am	
Holy Comm		Onehouse Room	11am	
	2 August	Eighth Sunday aft	er Trinity	
		4.1-16; John 6.24-35	10.00	
Holy Comm		Buxhall	10.30am	
Evening Pra	ayer	Finborough	6.30pm	
Sunday	9 August	Ninth Sunday afte	r Trinity	
1 Kings 19.	4-8; Ephesians 4.25	-5.2; John 6.35,41-51		
Time2Wors	hip + Baptism	Harleston	10.30am	
Holy Comm	union (2)	Shelland	6.30pm	
Sunday	16 August	Tenth Sunday afte	er Trinity	
	1-6; Ephesians 5.15			
Holy Comm		Finborough	10.30am	
Evening Pra	ayer	Onehouse	6.30pm	
Sunday	23 August	Bartholomew the	Apostle	
	<u>-13; Acts 5.12-16; L</u>		•	
Holy Comm		Onehouse	10.30am	
Evensong	. ,	Buxhall	6.30pm	
Sunday	30 August	Twelfth Sunday at	fter Trinity	
		: 1.17-27; Mark 7.1-8,14,1		
Matins		Shelland	10.30am	
Holy Comm	union (2)	Harleston	6.30pm	
Whether you are a regular worshipper or visiting this Sunday you will find a warm welcome at any of our services				
Holy Communion (1) = modern rite (order 1); Holy Communion (2) = BCP (order 2)				

WHO'S WHO IN GREAT FINBOROUGH				
WHO S WHO IN GREAT FINDOROUGH				
Richard Brice	Chair, Parish Council/Community Council	676249		
Giles Hill	Clerk, Parish Council	740272		
Isdp@btinternet.com				
John Matthissen	District Councillor. 3 Wash Lane	771742		
	Corner, Great Finborough, IP14 3BJ			
john.matthissen@				
Penny Otton	County Councillor	737870		
	ncillors.suffolkcc.gov.uk	0.4.00.4.0		
Revd. Lindsay	Priest in Charge	616010		
Llewellyn-MacDuf				
Revd. Trudy Gray		674819		
Lesley Cass	Church Warden. Valley Farm	675970		
Brenda Grimaldi	Church Warden. Gardenside	612440		
Sally Gooch	Newsletter Editor	677940		
sally.gooch@btint				
John Davey	Neighbourhood Watch Co-ordinator	674401		
		362697		
Gail Jarrett	Great Finborough & Buxhall Brownies	674538		
Scott Murkin	Chair, Team Finborough. 11 Middlefi			
Charles Freeman	Royal British Legion	736262		
Keith Proctor	Candlestick Club	736598		
Judith Cameron	Great Finborough & District	672978		
ianandjudy@btinte				
Sharla Goldsmith	Charity Bingo	678480		
Nigel & Jeannette		612274		
Leonel Girao	The Chestnut Horse	612298		
Stephen Dodd	Great Finborough Primary School	613208		
Nigel Brown	Chair of Governors, Primary School	675344		
PCSO Claire Cox 01284 774100 x3104 or via 01473 613 5000				
Combs Middle School (674666) Stowmarket High School (613541)				
Stowmarket Health Centre 776000				
Combs Ford Surgery 678				
Stowmarket Library 6				
Pettiward Hall Bookings 676249				
Village website: www.great-finborough.suffolk.gov.uk				
Primary School v	vebsite: www.greatfinborough.suffolk.sch	<u>.uk</u>		