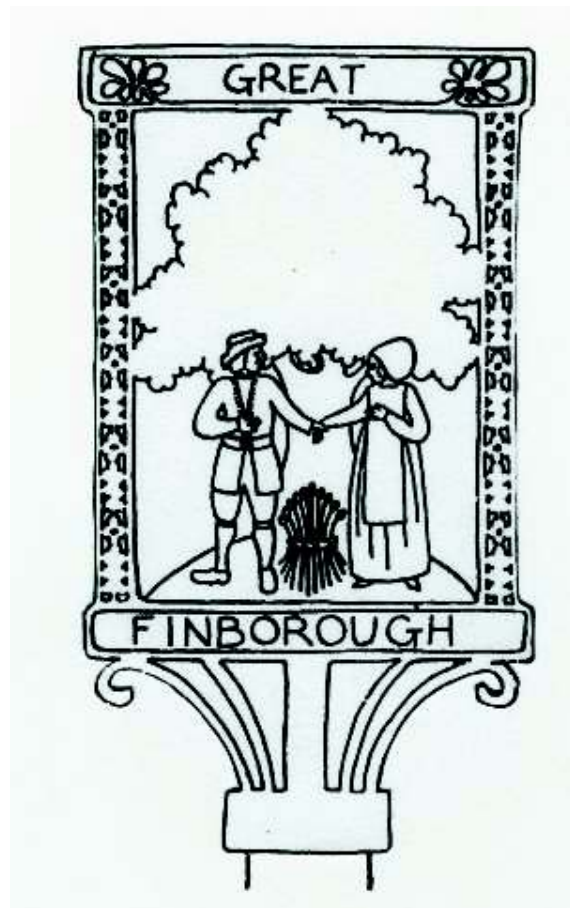


# GREAT FINBOROUGH NEWSLETTER



**SEPTEMBER 2009  
ISSUE 401**

## VILLAGE DIARY – SEPTEMBER 2009

<b>1</b>	7.30pm	Onehouse Local History Group
<b>2</b>	2-4pm	St John's Adult Table Tennis, Church Room
<b>3</b>	10.20	Buxhall & Great Finborough Candlestick Club
<b>3</b>	12.15pm	Ladies' Lunch, Onehouse Church Room
<b>3</b>	7-9pm	Youth Café, St. Andrew's Church
<b>7</b>	7.30pm	Parish Council, Pettiward Hall
<b>9</b>	2-4pm	St John's Adult Table Tennis, Church Room
<b>9</b>	7pm	Team Finborough Committee Meeting, Pettiward Hall
<b>10</b>	7-9pm	Youth Café, Pettiward Hall
<b>10</b>	7.30pm	Garden Club, Pettiward Hall
<b>10</b>	7.30-9.30pm	St John's Adult Table Tennis, Church Room
<b>10</b>	4.30pm	Skylarks
<b>12</b>	8am	Men's Breakfast, Onehouse Church Room
<b>12</b>	tba	Sponsored Suffolk Churches Cycle Ride
<b>13</b>	4.30pm	Sunday Explorers, St Andrew's Church
<b>14</b>	7.30pm	Stowmarket and District Camera Club
<b>15</b>		Singing for Pleasure
<b>16</b>	2-4pm	St John's Adult Table Tennis, Church Room
<b>16</b>	7pm	Buxhall Women's Institute
<b>17</b>	6.30pm	Bingo, Pettiward Hall
<b>21</b>	7.30pm	Community Council, Pettiward Hall
<b>23</b>	10am-12pm	Rural Coffee Caravan
<b>23</b>	2-4pm	St John's Adult Table Tennis, Church Room
<b>24</b>	4.30pm	Skylarks
<b>24</b>	7-9pm	Youth Café, Pettiward Hall
<b>24</b>	7.30-9.30pm	St John's Adult Table Tennis, Church Room
<b>25</b>	10am	Macmillan Coffee Morning, Buxhall
<b>26</b>	7pm	Buxhall Women's Institute Harvest Supper
<b>28</b>	2pm	Pram Service, Buxhall Church
<b>29</b>	12-12.30pm	FHOBS Lunch Club, Buxhall Village Hall
<b>30</b>	2-4pm	St John's Adult Table Tennis, Church Room

The Newsletter is produced by Great Finborough Parish Council and distributed to all households in the village free of charge

## **Editorial**

For some residents, new to the village, this will be the first village newsletter you receive in your new home in Great Finborough. Welcome from us all! For those of us with school age children this newsletter coincides with the end of the slower starts in the morning and the later bedtimes. With a bit of luck most people will have had a little break to enjoy the Summer.

The new playground has been thoroughly enjoyed by children of all ages over the Summer but they and some adults have differing views about how it should be used. The newsletter is one way for you to express your views on how the playground and car park can best meet everyone's needs. Please have your say. How about parents checking that their children are using the facilities respectfully and all adults and children actively discouraging inappropriate behaviour seen?

Please see the piece from Todd Manning inside, who gives his time and professional skills free to his village in maintaining Great Finborough's website. Please let us know what you think of his revamping work over the Summer.

15 September 2009 is the next copy deadline. Please put 'newsletter' in the header if you are emailing. Norman and I welcome visitors so if you need to contact me 'phone, email or call in to Park Cottage any time. The kettle is always on.

**Sally Gooch**

## **News from the Parish Council**

### ***The Village Appraisal ...Is Here At Last***

You should now have had a copy of the Village Appraisal questionnaire. Please take the trouble to read it carefully and complete one for your household. It is an important source of information so that the Parish Council can ensure it is reflecting the views of the majority on a range of important

issues for the village. Your completed questionnaire will be collected from you. There is also a youth questionnaire for completion by each young person in the village, which will also be collected. This really matters.

## ***Village Play Area***

Isn't it bizarre that what most view as a great new facility can cause disharmony in our community? As you know, the Community Council, open to everyone in the village, was set up to manage the operation of village facilities including the Pettward Hall, the new play area and car park. This is a group of volunteers who manage the facilities that we own as a community, via the Parish Council - your elected representatives.

All along the Community Council has been keen to ensure the provision of a safe play area for small children, as well as to ensure that the area is looked after properly so it remains, in the future, as good as it is now. It is necessary to have a few simple rules about play area use to ensure that equipment is used safely and that the facility is not a nuisance to near neighbours. This requires the active co-operation of all in the community.

A small minority have engaged in thoughtless and childish behaviour from those who are old enough to know better. This includes frequent climbing back into the play area after it is locked, obscene graffiti, misuse of play equipment and uprooting of posts, as well as urinating on, and cycling among, the planting. What a shame. How sad that we can't all look after what we've got and what a lot of villages crave.

Misuse of community facilities is not an option. We do not want to lose a facility we have only just acquired, or indeed curtail those that are in the pipeline like the playing field also to be developed. The resolution of this issue lies with us. No

doubt the play area has had novelty value, but it is time now that the misbehaviour stops. If it does not, with regret the Parish Council will have to consider appropriate action. We should not have to do this and do not want to, but we will not shirk from what we have to.

The Parish Council will consider the operation of the play area again on Monday 7 September at 7.30pm in the Pettiward Hall. If you have any views, please come to the meeting and share them.

### ***Village Caretaker***

The Parish Council is recruiting a paid part-time Village Caretaker to help maintain the Pettiward Hall, the play area and car park and other facilities that will be developed in due course. Full details of the role are available from Councillor Liz Michie on 613699 or [lizmichie@btinternet.com](mailto:lizmichie@btinternet.com). It will include locking up, Hall cleaning, keeping the village tidy, grass cutting and basic maintenance jobs. It may well be suitable for a job share to ensure continuous cover. Fundamental is a passion for our community and dedication to looking after it. The closing date for applications is Thursday 10 September 2009.

### ***Village Car Park***

You may well see a DHL lorry in the car park on Thursday 24 September. Don't worry, we haven't lost our wits. The lorry is involved in a lesson for the village school children and as long as the car park can stand the weight it will be parked there that day only.

### ***Speed Camera***

The speed camera project is still in the hands of the Police, but we still need three volunteers for Great Finborough. We have three already and need three more. Please contact me if you are interested (including those who did previously). The role is not to stand in for the Police, it is simply to use the

speed camera – within strictly defined parameters – and record the registration numbers of speeding motorists. These are passed to the Police who do the rest. **Richard Brice**

### ***Triangle Opposite the Primary School***

The Parish Council was concerned that following the recent refurbishment work, this area seemed to have been forgotten. Suffolk County Council was approached and they advised that the area would be added to the mowing schedule. Rodney Self, the Tree Warden, reported that the replacement tree would be available for planting later in the year.

### ***A New Salt Bin***

Following comments received from parishioners about the unsightly pile of road salt outside the church, the Parish Council agreed to install a salt bin which will appear in due course.

### ***Dropped Kerbs at The Chestnuts***

The Parish Council has asked Suffolk County Council to consider installing dropped kerbs on either side of The Chestnuts entrance, to allow a more convenient crossing for wheelchairs and prams. **Giles Hill**

### ***News from your District Councillor Planning***

You may have read that further land bids have now been rejected through our 'sieving' process. I can confirm that none of the sites put forward in Great Finborough will be considered further, but the various bids in Onehouse are still favoured. In addition, the Forge Caravan Park, which already has permission for use as a gypsy and traveller site, is retained for that purpose. All these are as yet only recommendations, not decisions. There will be further opportunities for public comment and objection, but the likely outcomes are becoming clearer.

I am very much in favour of the Mid Suffolk Pre-Application Service being used more to minimise disagreements between applicants, objectors and Parish Councils. It is intended to give you a clear picture of the likely outcome of a planning application if you make one. Our Pre-Application Service is intended to:

- ◆ Identify potential planning issues
- ◆ Clarify the information we will need to properly consider your application
- ◆ Highlight things that might need to be the subject of limitation or condition on any permission we grant
- ◆ Identify possible reasons why we might refuse to give you permission.

Further details on this are on the website at <http://www.midsuffolk.gov.uk/Planning+and+Building+Information/> (select Planning Services).

### ***Recycling***

Mid Suffolk residents are still streets ahead when it comes to recycling and minimising their waste. Figures released by the Department for Environment, Food and Rural Affairs, which measures the level of waste for each council in the UK, show that Mid Suffolk District Council is still top of the national league for the amount of dry recyclables collected, for a third year running.

This year, Mid Suffolk residents have even managed to improve on the 2008/09 effort. When comparing the periods April-June 2008 with April-June 2009 our figures have increased from 38.67% to 42.31%.

A Mr Rudderham, writing in the Bury Free Press, criticised councils collecting green wastes, arguing that this should be

composted where it originated. I have some sympathy with this, and would encourage householders to compost whenever they can. However, there are people living in flats and homes with very small gardens, and there are folk no longer as young and fit as they were. The MSDC brown bin scheme continues to be very popular so I support collection for those who need it. If you would like a brown bin, for which there is a charge, telephone 08456 066 045, or email [customerservice@csduk.com](mailto:customerservice@csduk.com) or call in person at CSD in Ipswich Street, Stowmarket. To get in touch with me see Who's Who. **John Matthissen**

### **News from the Community Council**

At the 9 July meeting the following were discussed, among other matters:

- An architect has been selected to work with the village on the development of the Pettiward Hall
- The piano will be disposed of because it has dry rot
- Letters of positive comments about the car park/playground have been received
- A churchyard management plan is being drawn up to cater for the needs of conservation and families who tend graves.

The next meeting is on 21 September 2009 at 7.30pm, Pettiward Hall. All villagers are welcome. **Sue Green**

### **Village Noticeboard**

Since the last newsletter, the village noticeboard has been installed next to the new car park. We have had lots of positive comments about the quality of Dargan Mosesson's workmanship. Thank you to Neil and Melvin Green who fixed it in the ground. If you want to put something on display, or removed from the noticeboard, please contact me on 677940 or call in to Park Cottage in the grounds of Finborough School. Alternatively contact Giles Hill, the Parish Clerk, who also has a key (see Who's Who). **Norman Vendittelli**

### **Hilary Smith RIP**

Hilary Smith died recently after a life of putting other people first. She was one of us and never failed to be counted in her very quiet inimitable way whenever she saw the need. As well as being wife to Mick and mother to seven, Hilary was at the heart of our community. Amongst other activities she worked as Village School secretary for 25 years and in the Village shop for 34 years. She was an active member of the Church community, serving as Warden for a number of years.

Until her illness prevented her, Hilary was a stalwart of Village Bingo, the Candlestick Club and the Pettward Hall Management Committee. In 2001 she received the Community Achievement Award from Mid Suffolk District Council for her outstanding contribution to the local community.

Her final illness was borne with characteristic courage and stoicism. Hilary was a remarkable lady in every sense of the word and one of a kind who is very definitely missed. She was extremely hard-working, caring and sympathetic to the needs of others.

**Richard Brice, Trudy Gray**

The Church was full for her funeral on 13 July as was befitting. She was a dear friend who could always be relied upon and always kept one's confidence. I, like many others, am missing her.

**Patricia Reeve**

### **Stowmarket Stroke Support Group**

Do you know there is a stroke support group in your area? We meet on Thursday mornings in school terms at Hillside Community Centre, Stowmarket. We are a dedicated group with a whole range of activities to keep our members involved and stimulated, so whether you are a stroke survivor and would like to share in the fun and games and organised outings, or you would like to join our team of enthusiastic volunteers please contact me on 673237.

**Anne Helliwell**

**September is National Pet Smile Month...**

Help put the smile back on your pet's face with **FREE** dental checks & **SPECIAL OFFERS** on canine & feline dental procedures!

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8:30am-6.00pm Monday-Friday  
8.30am-12.00pm Saturdays

**Surgeries throughout the day by appointment**  
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## QUIZ NIGHT

SATURDAY 24 OCTOBER 2009 7.30pm

IN PETTIWARD HALL

TEAMS UP TO 6 PEOPLE – PRIZES AND RAFFLE

£5 PER PERSON TO INCLUDE SUPPER. BRING YOUR OWN DRINKS AND NIBBLES

PROCEEDS TO FUND IMPROVED CATERING FACILITIES IN THE PETTIWARD HALL  
BOOK YOUR PLACES WITH NORMAN – 677940



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Golden Charter  
Funeral Plans

## First Great Finborough & Buxhall Brownies

We meet on Monday evenings from 6pm to 7.15pm at the Primary School in Great Finborough. We take girls from the age of seven. Over the last term we organised a range of activities which included swimming at the Leisure Centre in Stowmarket, outdoor games on the school field, an enrolment of two Brownies and Anna and Maddison gaining their hostess badges. The whole pack worked together for their Friends to Animals Badge which included a guided tour of Stow Vets in Stowmarket by two of the nurses.

We will start the new term this September by having a Centenary Party with all the Members of the Gipping Vale District to celebrate 100 years of guiding. If your child is interested in becoming a Brownie and would like to join please ring me Beverley Baxter (Brown Owl) on 01359 245871 or me (see Who's Who).

**Gail Jarrett**

## Girlguiding UK Centenary Launch: 5 September 2009

100 years on...look at us now! When Lord Baden Powell invited boys of the newly formed Scouting Movement to a Rally at on 5-6 September 1909 he did not expect girls to turn up as well, wanting to join in all the fun. Guiding has come a long way since a small group of girls stepped forward and asked him to develop a similar movement especially for them.

100 years to the day, with 1.2 million members, Girlguiding UK is the largest organisation for girls and young women in the UK. To celebrate this milestone members and guests will be attending parties across the United Kingdom including Stowmarket. In doing so, we launch a year of Centenary Celebrations that will run from 5 September 2009 to 20 October 2010.

Members from all sections of Girlguiding UK, from Rainbows through to the Trefoil Guild, are invited to locally organised

Launch parties. In Stowmarket, Needham Market and the surrounding villages, we hope to have 450 girls and their leaders and guests enjoying great parties and looking forward to the year to come! Great Finborough and Buxhall Brownies will be there to take part. If you would like to know more, please contact me on 612822. **Mary Williams**



#### **Police Direct**

I use Police Direct, which is really useful:

It is a high tech messaging service provided by Suffolk Constabulary, designed to bring you up to date information about crime and policing issues in your area. We can send you information by email to your computer, by text to your mobile phone, or by leaving a message on your landline.

The service will give a range of information relating to policing, which includes latest information on local crime, warnings about bogus callers, crime reduction advice and updates from your Safer Neighbourhood Team. It is free to join Police Direct and you choose how you want to receive the alerts, via email, text or phone or any combination of these. To register go to <http://policedirect.suffolk.police.uk/> or telephone 01473 613997 or download, complete and return a leaflet from the website. **Patricia Reeve**

#### **CHESTNUT HORSE**

##### **Great Finborough**

Under the management of Chef Leonel Girao

Serving restaurant food at pub prices

Open every day for food: 12 - 2.30pm and 6-9pm

Sunday roasts served Tel: 01449 612298

#### **Barn Dance**

The village barn dance held on 11 July 2009 was a huge success. Even for those who had never been to a barn dance, or danced at all in their lives, they were able to dos-a-dos because the Caller gave clear directions and taught us all. Laughter rang out in Mary and John Williams magnificent barn; an ideal setting for the occasion. They and their family were fabulous hosts and we really appreciated their efforts, together with those of the team providing the Summer punch and food. The little children danced alongside adults from young to old. When exhausted from dancing we sat to enjoy the company of friends and strangers from near and far. The event raised £285.39 which is going towards the fund to improve the facilities at Pettiward Hall. **Belinda Wood**

#### **Health information @ your fingertips!**

Do you need to find a local doctor, dentist, optician or pharmacy – but don't know where to start? If you get online, then you can do it easily with the new online service locator on the NHS Suffolk website.

By going to [www.suffolk.nhs.uk/servicelocator](http://www.suffolk.nhs.uk/servicelocator), entering your postcode, and choosing which service you need, a clear and easy-to-use clickable map appears along with other information such as opening times, disabled access and parking facilities, hearing loop availability, and services available in different languages. **Jo Davies**

#### **Charity Bingo**

This Month's Bingo will be on Thursday 17 September at 6:30pm in Pettiward Hall. All money raised will go towards St. Andrew's Church. There will be Bingo, Raffle and Refreshments. All welcome. Children to be accompanied by an adult. If anyone has any unwanted raffle prizes they wish to donate, please feel free to bring along on the night or contact either Mari (770062) or me (678480). **Sharla Goldsmith**

# HATE DIETING?

# LOSE INCHES

# WITH BODYTONE

Restarts Tuesday 8<sup>th</sup> September 2009

Tuesday 9.30am – Pettiward Hall, Great Finborough

Tuesday 7.30pm - Bildeston Primary School.

Thursday 7.30pm – Battisford Village Hall

Please wear comfortable clothing and trainers, and bring a towel and water

Friendly classes – **beginners very welcome.** Fully qualified and experienced instructor. A.F.A.A. Certified, member of Fitness Professionals. Come along and bring a friend.

For more information please call Diane on 01449 676350 or 07903 641862



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## Buxhall & Great Finborough Candlestick Club

Summer outings continued in July and August with a river cruise in July down the Orwell. The weather could have been kinder but we enjoyed ourselves. Nearly 30 members had a warm and pleasant day at Wroxham and Wroxham Barnes in August. Some had a trip on the Broads, others looked around Roys. Some just enjoyed the shops and restaurants of Wroxham.

Our final outing for 2009 is a day trip to Southwold on Thursday 3 September. The coach will pick up at Finborough Old Chapel at 10.20am, Buxhall Village Hall at 10.30am and then go on to Southwold. If you aren't already on the list and you would like to go on either trip, please let me know. New members are always welcome!

**Keith Proctor**



### **Team Finborough Update**

There will be a Youth Committee meeting on Wednesday 9 September at 7pm in the Upstairs room at Pettiward Hall. It is important as many young people attend as can because the current membership of the Youth Café is getting older and moving one. As a result the Summer programme did not go ahead.

New members need to get involved in shaping and participating in a programme of activities if the youth club is to continue. Youth Café is open on Thursday evenings 7-9pm apart from the 3<sup>rd</sup> Thursday of each month. Anyone aged 11-17 years from Great Finborough or Buxhall is welcome to join us. We have registration forms available during Youth Café sessions or call 01449 676613 for more information.

**Scott Murkin**

### **Young Musicians**

On behalf of the youth group musicians, is there anyone in the village, or nearby, who could spare a little time giving advice and guidance to a small group, perhaps every month or so?

After a successful drumming workshop, held recently, it seems there is a considerable amount of musical talent among the young people in the village. Some are keen to form a band/group, and they would like some input from an adult who knows what's what. They are not looking for Simon Cowell or Sharon Osborne, but someone with perhaps a bit of experience in a band or as an adviser. Please contact me on 770620 or at [sue1162@talktalk.net](mailto:sue1162@talktalk.net) in the first instance if you may be able to help.

**Sue Green**



### **25 September 2009**

Doreen and Julie invite you to join them at 17 Brettenham Road, Buxhall, from 10am and be part of the big Macmillan event. Refreshments, including delicious homemade cakes, will be available, along with a raffle, games and other stalls. Donations of cakes, produce or prizes will be gratefully received at 16 or 17 Brettenham Road. Call 01449 736185. We both have a personal insight into the wonderful work that Macmillan do for people living with Cancer. **Julie Francis**

### **Stowmarket and District Camera Club**

Our new club season starts on 14 September in St Peter's Church Hall, Stowmarket. We have various activities going on where you can ask members about photographic items you would like help with. We meet on the second and fourth Mondays in the Month. On 28 September we have a competition for The Cracked Lens Trophy. This is for those members who went to Bury St Edmunds on the last night of the season and during our summer break. The new programme has got a mixed and varied theme to it. Anybody interested photography is welcome to come and give us a look to see if the club is what they are looking for. Log on to our website at

[www.stowmarketanddistrictcameraclub.co.uk](http://www.stowmarketanddistrictcameraclub.co.uk) or contact me on 07774 779701 (evenings) or email [bjpayne5@googlemail.com](mailto:bjpayne5@googlemail.com)

**Brian Payne**

### **Air Training Cadets Service to the Community**

In the June newsletter I asked if anyone could offer opportunities for the Air Training Cadets based at Wattisham to carry out some community work. As a result of this the cadets took on the task of updating records of graves in the churchyard at St Andrew's church. The last time this was done was in June 1999.

On 13 August six members of the 1287 (Wattisham) Squadron of the Air Training Corps, led by their Service Instructor, carried out the survey. The cadets who participated were Shelley Sutton, Ben Harrison, Joe Leaver, Tom Biddulph, Alex Raymond and Adam Todd.

The cadets did a range of tasks requiring computer skills, photography and surveying. Previous surveys used typewritten records and sketches but this was the first time that digital cameras and computers had been used. Thanks to the cadets the church now has detailed records of graves for the last ten years. It is intended that this information will be soon added to the earlier records on the village website.

The cadets worked hard all day with only a brief break for lunch, kindly provided by Leonel Girao at the Chestnut Horse. At the end of the day each cadet was given a certificate to record their contribution to the community and thanked for giving their time to support the church. **Paul Nettleton**

### **FHOBS Lunch Club**

FHOBS is a thriving Lunch Club with upwards of 40 members who enjoy a meal and some valued comradeship. This takes place on the last Tuesday of each month: 12 noon for 12.30pm in Buxhall Village Hall. A small charge of £3.50 is made to cover expenses. We would be delighted to welcome new members. Please contact me on 737814. **Jill**

### **WILD BIRD SEED**

The next order will be placed on 11 September and will be available for collection from Abbey Farm Cottage, Buxhall Road, Great Finborough, IP14 3AU, by about 16 September.

If you would like to place an order please let me have your requirements together with a cheque to 'Great Finborough Garden Club'. It is essential that I have your telephone number so that you can be advised when seed is ready for collection.

Orders may be posted to or dropped off at Abbey Farm Cottage; 1, Valley Lane; or 8, High Road, and must be received by 10 September. **John Davey**

<b>Product</b>	<b>Weight</b>	<b>Price</b>
Wild Bird Mix	20 kg	£7.50
Finch Mix (no corn)	20 kg	£9.50
Mixed Corn	20 kg	£6.50
Peanuts (superior quality)	25 kg	£19.50
Peanuts (half sack)	12.5 kg approx	£11.00
Black Sunflower Seed	15 kg	£9.50
Sunflower Kernels	25 kg	£24.00
Sunflower Kernels (half sack)	10kg approx	£12.00
Niger Seed	25 kg	£21.00
Niger Seed (half sack)	10kg approx	£9.50
Fat Balls (any quantity)	Price each	11 pence

### **Great Finborough & District Garden Club**

The traditional Summer holiday for the Garden Club, when we sit back and admire the fruits of our labours and hopefully harvest and enjoy them too, has passed all too quickly and it is time to report on the events of the last two months as well as look forward to the Autumn meetings.

The club hosted the annual Open Gardens on a fair but showery day on 5 July. We slightly exceeded the number of visitors over last year and with the proceeds from the plant stall, the tombola and teas, the Club was able to give a donation of £1155.22 to East Anglian Children's Hospice (EACH). The preview evening BBQ 'On the President's Lawn' for those who volunteered to open their gardens was very well supported and thoroughly enjoyed by all.

The major social occasion of the gardening year on 30 July saw most of the club's membership return to Vera's garden for the customary Club BBQ. The evening reflected the spirit of the Club with the horticultural aspects covered by admiration of Vera's garden which is so beautifully maintained. Thank you very much Vera.

The first event in the new Garden Club year, 10 September, is a talk by Karen Kenny on The Allotment. Karen is the Eastern region representative for the National Society of Allotment Gardeners. See The Diary for details.

Why not join the Garden Club or come along to a meeting. We meet on the second Thursday of the month. Membership is £10 per household per year (£2 for guest attendance at a meeting). Contact John Davey on 674401 or [john@abbeyclassics.co.uk](mailto:john@abbeyclassics.co.uk) or me - see Who's Who.

**Judith Cameron**

### **Help a Neighbour – Become a Flu Friend**

We all need help from family, friends or neighbours if we get the flu but help is even more important for people who are vulnerable, infirm or old. NHS Suffolk is urging people and community organizations to look out for people they know of in their area who may be vulnerable. Please become a Flu Friend to them should the need arise.

People using the National Pandemic Flu Service who have swine flu symptoms will be given a unique access number and told where their antiviral medication can be collected from their nearest antiviral collection point by their Flu Friend - someone who does not have swine flu. The antiviral collection points are in pharmacies so you will not have far to travel.

The National Pandemic Flu service gives people with pandemic swine flu symptoms fast access to antivirals. The website is at <https://www.pandemicflu.direct.gov.uk/>  
The telephone service is on 0800 1 513 100. The website is available 24 hours a day; the 'phone line from 8am until midnight.

As a flu friend, you must show your own ID as well as that of the patient. ID you can use includes a utility bill, passport, credit or debit card, driving licence or NHS card. Advice remains that anyone who suspects they have swine flu should not go to their GP or A&E but certain people should contact their doctor directly by telephone, rather than using the National Pandemic Flu Service, if:

- They have a serious underlying illness
- They are pregnant
- They have a sick child under one year old
- Their condition suddenly gets much worse, or
- If their condition is still getting worse after 7 days (5 for a child).

**Dr Brian Keeble, Consultant in Public Health Medicine**

## St Elizabeth Hospice

### **Take Part in St Elizabeth Hospice's Fun Run and Family Day**

The Dragon Boat event mentioned in the last newsletter raised £20,000. Thank you. Our next event involves top marathon runner Helen Decker, who lives in Ipswich. She is supporting the Haughley Park Fun Run and Family Day which will take place in the privately-owned park near Stowmarket on Sunday 13 September from 10.30am.

It will feature a 4km or 8km circuit through the picturesque woodlands and fields as well as a 1km course for children aged 12 and under. All proceeds go to St Elizabeth Hospice. The Needham Phoenix under eights football team from Needham Market have signed up for the children's race. There will be refreshments and entertainment. Prizes will be awarded in different categories including fastest times, most sponsorship and best outfit. Fancy dress is optional.

Registration fees: Under 13s: £2; everyone else: £5.

Race times: Children's race: 10.30am, 4km and 8km fun run: 11am. To find out more or register call the Hospice fundraising team on 01473 723600 or visit [www.stelizabethhospice.org.uk](http://www.stelizabethhospice.org.uk) or email [fundraising@stelizabethhospice.org.uk](mailto:fundraising@stelizabethhospice.org.uk).

**Sarah Cawley**

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### **Buxhall Women's Institute (more like OUTstitute)**

There was a very scenic walk at the beginning of July from Needham Market Station taking in the path alongside the river. The party moved on to Newmarket on Ladies Day where we benefited from excellent organisation by Libby and had a pre-race lunch and post-race tea catered by our members. Various racing syndicates operated that day and again the village tipster had those that followed him on the winning trail.

Our garden party at West End Kennels was again a wonderful evening to enjoy good food, good company, thoughtful hosts and all in a lovely setting. Thank you to the two Grahams for 'manning' the barbecue and to Lyn and Helen for all your hard work.

The WI organisation celebrated its 90<sup>th</sup> birthday this year and a get together was arranged at Orwell Park School at Nacton where strawberries and cream and bucks fizz was served. It was a very beautiful venue for such an event. Four of us took part in the WI quiz and whilst we did not do too badly we felt frustrated at the content of the questions. Who, for instance, knows what was invented in the 1930's at a café called Humpty Dumpty? (supermarket trolleys) Not us for sure.

The beginning of August and this time the walk at Kersey left a few of us breathless as it was uphill. The meal afterwards was at the Kersey Bell. Later that week several members joined Stowupland WI's annual trip to the Summer Theatre at Southwold. It was a lovely sunny day. One member was seen paddling in the sea; others partook of fish and chips and afternoon tea before enjoying a hilarious production of 'Caught in the Net'.

The WI Harvest Supper will take place on Saturday 26 September at Buxhall Village Hall: 7pm for 7.30pm. After the meal there will be an entertainer, Peter Holloway, who is very

funny according to those who have already seen him. Tickets at £10 each are available from Ivy (736541) and Glynis (737535). Numbers are limited so please book early. As usual it is bring your own liquid refreshments.

Our next meeting is on Wednesday 16 September. The speaker is Trevor Burlingham on the subject of 'The Victorian Slide Show'. Doors open at 7pm for a 7.30pm start. Visitors welcome.

**Anne Hicks**

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### **EACH Stowmarket and District Friends Group**

On behalf of East Anglia's Children's Hospices I would like to say a sincere thank you to our village. We had a wonderful Open Gardens event in July which raised a fantastic £1,200 for EACH. Thanks to Great Finborough and District Garden Clubs committee for organising this event. and to those who opened their gardens, made teas, cakes, donated plants and tombola prizes and gave donations, We also had fun looking at all the scarecrows and visiting the new Squirrel garden so thank you all for your hard work and support!

Thank you as well to Great Finborough and Buxhall Events Association for their continuous support. They recently gave EACH a generous donation of £200 from their fundraising endeavours. Leonel and Helen at the Chestnut Horse and Nigel and Jeanette at our village shop give continuous and much appreciated help in raising funds and awareness. Last of all thanks to all those who donate to the EACH charity shops by giving your books, toys, clothes, etc. **Marion Mason**

### **Teeing off with Healthy Ambitions!**

People facing difficulties with their flexibility, mental health, stamina or weight will soon be given the chance to enjoy all of the health benefits of a good round of golf thanks to a pilot scheme taking place in Stowmarket. The golf taster programme will see GPs from Stow Health and Woolpit Health Centre refer patients who could benefit from gentle exercise for a free session at Stowmarket Golf Centre. As well as use of the nine-hole course and driving range, they'll be offered free individual coaching and the chance for a half-price follow up priced at just £4.25. The sessions run until October. Anyone who is registered with Stow Health or Woolpit Health Centre and wants to take part should discuss the benefits with their GP or contact Duncan Burl on 01449 736392. **Liz Hearnshaw**

### **Welcome to...**

We have a lot of new residents as the houses in the new Ravenscroft development in Middlefield Drive are selling fast and people are moving in. Welcome to:

- Debbie, Zac and George Smith who have moved into 28 Willow Close from Valley Lane
- Jason Lambourne from Stowmarket at 26 Willow Close
- Pam and John Wells at 7 Willow Close who both work in education. Pam is the village school's School Improvement Partner. They are already settling in enjoying the views and the peace. They are looking forward to meeting more people in the village as everyone has been friendly
- David Holland and Pat King at 22 Willow Close with congratulations too on your forthcoming marriage
- Tim and Emma Hines with their children Lydia, Will and Eddy at 1 Willow Close
- Matt and Steph. with new baby Eleanor at 3 Willow Close

By sheer coincidence this reunites Emma and Steph., who were also next door neighbours when they were children!

As well, we welcome Jamie and Rachel Warner, with their children Stanley and Edward, who have moved into *White Heather* next to the shop. They are keen to be signed up to village life. Jamie is willing to help with village activities and is, I'm told, an effective Morris Dancer on the side. If you want a new uniform then you will find Jamie on the Lion Barn Industrial site.

A small team led by Sue Green, Parish Councillor, has compiled a village welcome pack which, once approved by the Parish Council, will be delivered free to homes where new people are moving in. Although the information will also be on the village website, the pack will contain information new villagers may need straight away including who to contact if

they need help or want to make friends. If you know someone newly arrived and living in the village, or friends and neighbours who are moving on, please let me know.

**Sally Gooch**

#### **ST JOHN'S TABLE TENNIS**

*Wednesday Afternoons* 2-4pm in the Church Room

2, 9, 16, 23, 30 September 2009

*Thursday Nights* 7.30-9.30pm in the Church Room

10, 24 September 2009

Why not try a bit of gentle exercise with a game of Table Tennis? New players welcome. £1 per session. Give me a ring for further details. Derek Ames (Tel. 613328)

#### **Village Website**

I have now finished rebuilding the village website in the new design. It currently contains exactly the same information as on the previous site, so nothing has 'changed' yet. It should just appear much tidier! As you'll see there are also placeholders for newer content such as menu items for the Parish Council, Community Council, District Council, and the Welcome Pack). There are still a few minor things I may be tweaking, but overall it is ready and live. I hope you like it and welcome feedback directly or through the newsletter. Current and past editions of newsletters can be found on the website.

The website address has changed to [www.great-finborough.co.uk](http://www.great-finborough.co.uk). So now, if you go to the old web address, you should be automatically redirected to the new address.

**Todd Manning**

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### Onehouse Ramblers

The next walk will be on 13 September. Meet at the Onehouse Church Room car park on Forest Road at 2.30pm for a walk of about four miles. We often have some warm sunny days in September when we can appreciate the countryside in autumn, so we hope this will be one such day. Please contact me on 613328 if you are interested. **Derek Ames**

### Stamps, Mobile Phones, Ink Cartridges and Coins For the East Anglian Air Ambulance

Can you please pass on my gratitude to everyone that gave towards the latest collection? A massive thank you for choosing us as the benefactors of your fundraising. Your hard work, time, energy, dedication, enthusiasm and support for our charity are very much appreciated and very warmly received. Further donations to Derek Ames. **Hayley Coles**

### Guide Dogs for the Blind Association

The Stowmarket and District Branch of the Guide Dogs for the Blind Association information and fundraising branch was launched in Spring 2009.

We are a small group of friendly people who are working together to promote the varied work of the charity. If your school or group would like more information or would like to arrange a visit from a Guide Dog Speaker please phone Sandra Waspe on 01449 615080.

We also hold and attend various fundraising events and if you are able to help or hold an event such as a coffee morning, open garden or take part in a sponsored event please contact Sandra on the above number or email me at [carolbiginton@hotmail.com](mailto:carolbiginton@hotmail.com) We look forward to hearing from you. **Carol Biginton**

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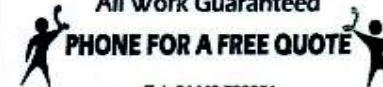
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### **Teeing off with Healthy Ambitions!**

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As well as use of the nine-hole course and driving range, they'll be offered free individual coaching and the chance for a half-price follow up priced at just £4.25. The sessions run until October. Anyone who is registered with Stow Health or Woolpit Health Centre and wants to take part should discuss the benefits with their GP or contact Duncan Burl on 01449 736392.

**Liz Hearnshaw**



### **Haughley Hoofers Ladies North West Clog Dancers**

Haughley Hoofers begin their new practice season on Sunday 11 October at 7.30pm in Haughley Village Hall. We are always looking for new members,

so if you have always liked to dance and have a sense of rhythm please come along to find out what we are all about. We practice through the Winter to prepare ourselves for the busy social events of the Summer. During the Summer we like to have at least one weekend away at a folk festival where we can dance and enjoy the entertainment. We dance at fetes, schools, pubs, places of interest, such as Museum of East Anglian Life, Pakenham Mill, etc. Our families are always welcome at these events.

Musicians who are willing to practice with us in the Winter months and join in with our activities in the Summer months are also welcome. For any further details please contact Sharon on 676083.

### **Onehouse Local History Group**

Meetings are held at 7.30pm on the first Tuesday of each month in the Church Room at Onehouse. The next meeting is 1 September. We ask for £2, which includes refreshments, to cover our costs. There is always a warm welcome for all who are interested in local history, from youngsters to elders. The Group is a member of the Suffolk Local History Council so our notice board gives details of other Groups and events in the County.

**Pauline Llewellyn (673190)**



### St Andrew's Church

I know that it was a while ago but nonetheless very many thanks to all who helped with the History Festival back in June. It was a great success. We will have some pictures on display in the church later in the month.

Thanks too to all who have been working in the churchyard this Summer, and to Paul for his organisation. It certainly looks good. We are getting in touch with the Suffolk Wildlife Trust who are hoping to put together an up-to-date snapshot of the wildlife in local churchyards. More news next month but if you want to know more contact Ian Gray on 674819.

Over the Summer the church notice board has been decorated with some lovely flowers made by the youngest children from the Primary School. We have some new display boards available in the church and are looking forward to displaying more examples of the children's art once the new school year gets underway.

### Would You Like to Help Decorate the Church For Harvest Festival?

Offers of produce, and seasonal greenery, berries etc. would be gratefully received. The Primary School will be holding its Harvest festival in the church on Wednesday 30 September. It would be great if most of the decorations can be in place by then.



If you are able to help on the Monday or Tuesday of that week please contact Lesley Cass or Brenda Grimaldi (see Who's Who). The finishing touches for the Harvest festival on 4 October will be added on Saturday 3 October when coffee will be available in the church as usual on Saturday mornings.

**Trudy Gray**

### From the Ministry Team

Dear Friends,

The Flu pandemic rolls on with this roller-coaster that lifts us up to tell us that swine flu is no worse than seasonal flu and then drops us down again into panic with threats of tens of thousands of deaths. Echoes of 'Don't Panic', and 'We're all dooomed!' reverberate around. Some of us descend into fatalism others are subject to fits of irrational paranoia. I stood in the shower the other day and wound myself up good and thoroughly with the thought of who will look after the children if we all go down with flu at the same time?

Even the Church of England has found herself caught up the general desire to be seen to be *doing* something to reduce the risk of transmission. The Bishops of England and Wales have instructed local clergy not to share the chalice at Holy Communion. Hopefully this is a short term measure, and we are doing our best to keep the symbols of our worship strong.

The hold that any kind of fear can have over us is hard to shake off. We can find ourselves confined by it, or sometimes foolishly reckless. We can find there is no place within our minds or hearts from which we can look dispassionately at our fear. At times of fear we need another to reassure, to defend and to comfort. Little children climb into a lap for comfort, but as adults we must stand on our own feet...

Everywhere in the Bible we hear the angels telling us 'do not be afraid', but I still find the words of Julian of Norwich most comforting:

*"[Jesus] showed me something small, about the size of a hazelnut, that seemed to lie in the palm of my hand as round as a tiny ball. I tried to understand the sight of it, wondering what it could possibly mean. The answer came: 'This is all that is made.' I felt it was so small that it could easily fade to*



*nothing; but again I was told: 'This lasts and it will go on lasting forever because God loves it. And so it is with every being that God loves.' I saw three properties about this tiny object. First, God had made it; second, God loves it; and third, that God keeps it."* (Revelation of Love, translation: John Skinner).

No matter how grown up, how independent or even how alone we feel; however confusing the reality. There is always one who will be there to hold and to reassure us. Yours in Christ,



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## Skylarks Children's Club

The club is open to all children who live or worship in the parishes of Buxhall, Great Finborough, Harleston, Onehouse or Shelland & attend a First School (5-9 year olds). We hope Skylarks members have had a great summer holiday and are ready for an exciting programme this term.

Any parents who are interested in having their child/children come along should contact either Christine Hagger on 736487 or me on 613328 to make check that there are still places available. The next sessions are on 10 and 24 September in the Church Room, Onehouse from 4.30-6pm. **Derek Ames**



## Suffolk Historic Churches Trust

### Sponsored Cycle Ride

**12 September 2009**

Sponsor forms available from Brenda Grimaldi on 612440 or at *Gardenside* (opposite the Church). This is a great way to see something of the local countryside, visit a variety of churches, and meet some interesting people.

### Tea and Chat

This is a new initiative requested by people wishing to learn a little bit more about the Christian faith. It will consist of meeting over a cup of tea/coffee and cakes at 3.30pm on Sunday 6 September in the Church Room, Onehouse. There will be discussion on a selected topic(s) and will end with Evening Prayer at approximately 4.30pm.

It is open to anyone who wishes to come along, and particularly those who have no religious affiliation, so you can ask the questions you may have felt unable to explore in the past. There is no need to book in but if you indicate to any of the Community Action Group (me on 676123, Derek on 613328, or Kathleen on 613388) that you will be coming we will ensure we have enough cakes for everyone.

### Sunday 27 September is Back to Church Sunday

Many churches across the country, including Onehouse and Harleston Churches, will be inviting people who might be thinking about, but not quite getting round to, going to church to come along on that day. You don't need an invitation – just come along!

### Date for your diary

A number of our people who have shown interest in making a public declaration of their faith will be confirmed on Sunday 4 October at Stowmarket Parish Church at 6.30pm. They will be confirmed by Bishop Nigel. It is an occasion when others like to support the candidates as they take this very important step on their Christian pilgrimage so we would be delighted to welcome our parishioners who feel able to come along.

### Fashion Show

Fashion Show by Wardrobe of Stowmarket (both male and female fashions) in aid of Onehouse Church on Wednesday 7 October at 7.30pm in the Community Centre, Onehouse.

**Arlene**

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### Pop in For Coffee at St Andrew's Every Saturday Morning from 10.30am to Noon

This is an informal opportunity to have coffee and a chat - perhaps when you're passing on a stroll around the village or visiting the churchyard.

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**Services at St Andrew's Church in September**

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13 September	11am	Holy Communion
10 September	11am	Time2Worship, Family Service
17 September	11am	Holy Communion, Back to Church

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***Do come along to an  
Autumn Supper  
Saturday 17 October  
6.30pm at the Pettiward Hall***

***£8.00 (£4.00 children under 12)  
This includes coffee and soft drinks  
– bring your own drinks if required.  
Tickets available from Lesley (675970),  
Brenda (612440) or Nigel (675344)***

***Good food and good company***

**Ladies' Lunch**

Saturday 3 September  
Church Room, Onehouse: 12.15pm

**Speaker:**

Local representative of 'Tearfund'

Please book places with Arlene (Tel. 676123)

**St Andrew's Church**

**11am Sunday 4 October**

**Harvest Festival**

*A service for all the Family*

*Do come along and join us when we will be celebrating  
God's generosity in the abundance and variety of  
harvest. This year we are supporting*



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*Clean water and sanitation*

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*There will be a 'Bring and Share' Lunch after the  
service. Everyone is welcome to stay if they can!*



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## FROM THE REGISTERS



Baptism at St Mary, Buxhall <b>Bertram Richebourg Titley</b>	<b>28 June</b>
Funeral at St Andrew, Great Finborough <b>Hilary Moreen Smith</b>	<b>13 July</b>
Baptism at St John the Baptist, Onehouse <b>Ella Markham</b>	<b>19 July</b>
Interment of Ashes at St Mary, Buxhall <b>Colin Mitson</b>	<b>22 July</b>
Marriage at St Mary, Buxhall <b>Teresa Norman and James Jonathan Roper</b>	<b>8 August</b>
Baptism at St Augustine of Canterbury, Harleston <b>Emily Grace Edwards</b>	<b>9 August</b>
Funeral at St John the Baptist, Onehouse <b>Keith Barnett aged 79</b>	<b>12 August</b>
Funeral at St John the Baptist, Onehouse <b>Ernest MacDonald Stone</b>	<b>13 August</b>

### Sunday Explorers

Meets monthly from 4.30 – 5.30pm  
St Andrew's Church, Finborough

**Next Session:**  
**Sunday 13 September**

Games, crafts, stories, singing (and who knows what else!)

Open to all between 7 and 12 years, if you'd like more information just contact Trudy (674819) or Nigel (675344).

## Men's Breakfast

Saturday 12 September

Church Room, Onehouse: 8am-9.30am

**Speaker: Captain Gary Robb, Stowmarket Salvation Army**

There will be an offering to cover expenses. Please book places with Derek Ames by Wednesday 3 June (Tel. 613328) indicating continental or traditional breakfast.

Gary, originally from Grangemouth, Scotland, was brought up in the Salvation Army. He worked in banking, finance and the oil industry before being called into full-time ministry as a Salvation Army officer. His wife, Karen, is also an officer. Since 1996 Gary has held appointments in Worcestershire, the Isle of Man, Lanarkshire and Leicester before moving to Stowmarket at the beginning of 2009.

## Pram Service

**28 September**

At 2pm in Buxhall Church.

An informal service for pre-schoolers (0-5) and their entourage. Come along for songs, stories and squash!

*I am planning to arrange a pram service, perhaps in the morning on another day during the month, so please keep an eye out for posters.*

*Lindsay Llewellyn-MacDuff*



## The Rural Coffee Caravan Information Project



### Visits Great Finborough

**Date : Wednesday 23 September 2009**

**Time : 10am to 12 noon**

**Location : Village Car Park**

#### Offering

We provide a wealth of information about local and national agencies and organisations

#### And

We offer an opportunity to meet and chat with neighbours and our friendly volunteers over a cup of tea or coffee and biscuits or a slice of cake.

Our visit is free, but any donations are welcome

[Coffee.caravan@btinternet.com](mailto:Coffee.caravan@btinternet.com) Tel 01379 855338

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### Jackbridge Cottage

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Jackbridge Cottage is a brand new cottage available for rent, situated on the outskirts of Great Finborough in an idyllic rural location with beautiful views. Ideal for a couple, this charming cottage is well equipped, comfortably furnished and has a four star rating from the Quality in Tourism Board.

For further details or to book the cottage please contact Teresa Pemberton.

### Farm Assured Beef

Grass fed hand reared beef available on your doorstep. All our cattle at Jackbridge Farm are grazed through the summer months on local pastures that are free from artificial fertilisers and sprays.

In the winter months they are fed on home produced silage and cereals. All our beef is hung to mature, to enhance its flavour, and is then traditionally butchered into convenient cuts.

The beef comes freshly frozen in a variety of pack sizes and with a variety of different cuts, such as joints, casserole beef, mince and burgers.

To place an order for beef or to find out about the holiday cottage please contact:

Teresa Pemberton At Jackbridge Farm, Jacks Lane,  
Great Finborough,

Tel: 01449 672177 e-mail: [pembertons@jackbridgefarm.plus.com](mailto:pembertons@jackbridgefarm.plus.com)

# JACKBRIDGEFARM



## CHURCH SERVICES IN THE BENEFICE FOR SEPTEMBER

### Weekday Morning Prayer

Monday	Onehouse	8.00 – 8.30 am
Friday	Great Finborough	8.00 – 8.30 am

<b>Sunday 6 September</b>	<b>Blessed Virgin Mary</b>	
Patronal Festival	Buxhall	10.30am

<b>Thursday 10 September</b>		
Holy Communion (2)	Shelland	10am

<b>Sunday 13 September</b>	<b>Holy Cross Day</b>	
Holy Communion (2)	Shelland	9.30am
Holy Communion (1)	Finborough	11am
Family Service	Onehouse Room	11am
Holy Communion (1)	Harleston	11am
Deanery Songs of Praise	Buxhall	6.30pm

<b>Sunday 20 September</b>	<b>Matthew</b>	
Matins	Buxhall	9.30am
Time2Worship	Finborough	11am
Family Communion (1)	Onehouse Room	11am
Harvest Festival	Shelland	3pm

<b>Wednesday 24 September</b>		
Holy Communion (2)	Shelland	10am

<b>Sunday 27 September</b>	<b>Back to Church Sunday</b>	
Matins	Harleston	9.30am
Holy Communion (1)	Finborough	11am
Holy Communion (1)	Onehouse Room	11am
Harvest Festival	Buxhall	4pm

*Whether you are a regular worshipper or visiting this Sunday  
you will find a warm welcome at any of our services*

*Holy Communion (1) = modern rite (order 1);  
Holy Communion (2) = BCP (order 2)*

## WHO'S WHO IN GREAT FINBOROUGH

Richard Brice	Chair, Parish Council/Community Council	676249
Giles Hill	Clerk, Parish Council	740272
	<a href="mailto:lsdp@btinternet.com">lsdp@btinternet.com</a>	
John Matthissen	District Councillor. 3 Wash Lane Corner, Great Finborough, IP14 3BJ <a href="mailto:john.matthissen@midsuffolk.gov.uk">john.matthissen@midsuffolk.gov.uk</a>	771742
Penny Otton	County Councillor <a href="mailto:penny.otton@councillors.suffolccc.gov.uk">penny.otton@councillors.suffolccc.gov.uk</a>	737870
Rev. Lindsay Llewellyn-MacDuff	Priest in Charge The Rectory, Onehouse	616010
Rev. Trudy Gray	The Old Police House	674819
Lesley Cass	Church Warden. Valley Farm	675970
Brenda Grimaldi	Church Warden. Gardenside	612440
Sally Gooch	Newsletter Editor <a href="mailto:sally.gooch@btinternet.com">sally.gooch@btinternet.com</a>	677940
John Davey	Neighbourhood Watch Co-ordinator	674401
Delia Prior	Gt Finborough & Buxhall Under 5s	07708 362697
Gail Jarrett	Great Finborough & Buxhall Brownies	674538
Scott Murkin	Chair, Team Finborough. 11 Middlefield Drive	
Charles Freeman	Royal British Legion	736262
Keith Proctor	Candlestick Club	736598
Judith Cameron	Great Finborough & District Garden Club <a href="mailto:ianandjudy@beeb.net">ianandjudy@beeb.net</a>	672978
Sharla Goldsmith	Charity Bingo	678480
Nigel & Jeannette	Post Office & Village Shop	612274
Leone Girao	The Chestnut Horse	612298
Stephen Dodd	Great Finborough Primary School	613208
Nigel Brown	Chair of Governors, Primary School	675344
PCSO Claire Cox	01284 774100 x3104 or via 01473 613 5000	
Combs Middle School (674666)	Stowmarket High School (613541)	
Stowmarket Health Centre		776000
Combs Ford Surgery		678333
Stowmarket Library		613143
<b>Pettiward Hall Bookings</b>		676249

**Village website:** [www.great-finborough.co.uk](http://www.great-finborough.co.uk)

**Primary School website:** [www.greatfinborough.suffolk.sch.uk](http://www.greatfinborough.suffolk.sch.uk)