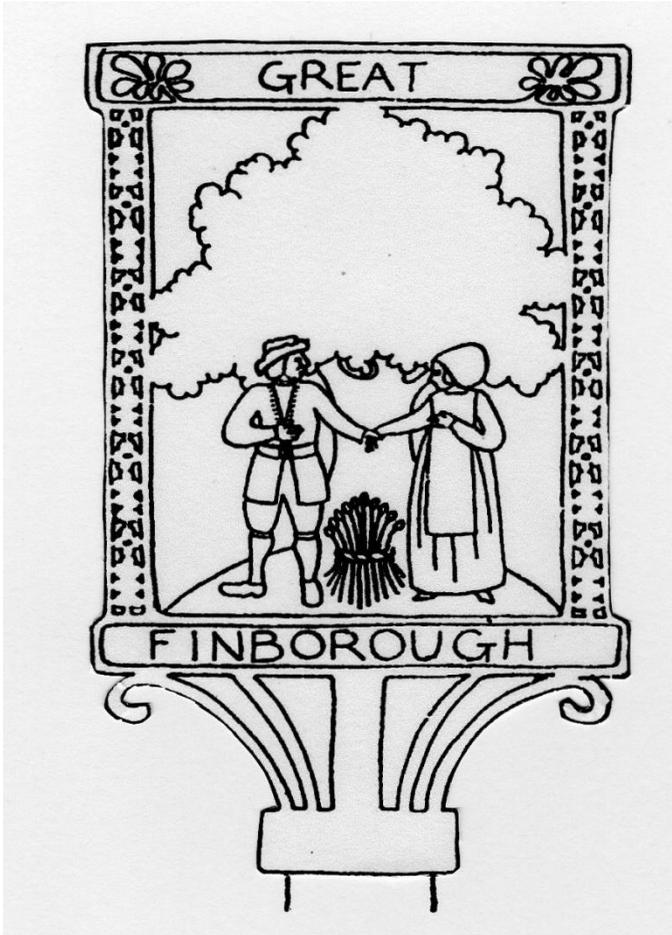


GREAT FINBOROUGH NEWSLETTER



**July/August 2016
ISSUE 470**

VILLAGE DIARY – JULY

3	12.30pm – 5.30pm	Open Gardens
4	6pm.	Brownies, Pettiward Hall
9	7pm – 11pm	Barn Dance, Boarded Barn
11	6pm.	Brownies, Pettiward Hall
11	7.30pm	Parish Council meeting, Pettiward Hall
12	9.30 – 11.30	Coffee morning, Chestnut Horse
12	9.45am	Candlestick Club outing
18	6pm.	Brownies, Pettiward Hall
20	7.30pm	Buxhall WI, Buxhall Village Hall

VILLAGE DIARY – AUGUST

9	9.30 – 11.30am	Coffee morning, Chestnut Horse
10	9.45am	Candlestick Club outing
17	7.30pm	Buxhall WI, Buxhall Village Hall

PARISH COUNCIL MEETINGS 2016

11 July
12 September
14 November
7.30pm in Pettiward Hall

The Newsletter is produced by Great Finborough Parish Council, printed by Gipping Press, and distributed to all households in the village free of charge. Claims made have not been verified. For these the newsletter disclaims responsibility.

Editorial

By the time you have received this Newsletter the nation will have voted and we will know the result of the EU referendum. Will French loaves, panni's, camembert, Port and not to mention Brussel Sprouts be a thing of the past? I sincerely hope not. Whichever way the nation has voted. Christmas Turkey with Westminster Sprouts just does not have the same ring about it.

Congratulations to Gt Finborough Church Primary School (Year 6) on them completing the Coast-2-Coast cycle ride. What an amazing and wonderful achievement for 10 & 11year olds, one they will remember for the rest of their lives. See report pages 19 -22

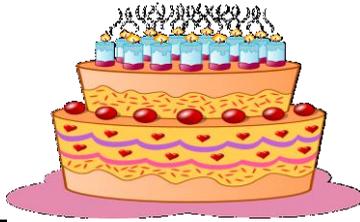
The Queen's birthday celebrations on the green/car park were extremely successful. What a wonderful community spirit we have in the village at this time, let's try to build on it. It would be remiss of me not give my personal thanks to **Archie Gemmell** and **Norman Venditelli** the event organizers and to the **Daveys** and team for the erecting / dismantling of the marquee. The next two big village events are **Open Gardens** on the Sunday 3 July and the **Barn Dance** at Boarded Barn Farm on Saturday 9 July. (Details of both in this issue)

We welcome Tina & Andy Crawford to **The Chestnut Horse** and wish them every success. Tina's son David will be chef when the food starts again in early July. Tina's sister Gina will be assisting in the operation. Gina currently runs two pubs in Suffolk and will be providing her expertise. Please support them in their new venture.

The response to the village 5 a side pitch questionnaire has been disappointing. Without the support of the village it will be difficult for the Parish Council to move this forward. We are not closing the survey until the end of July so you still have time to have your say. Thank you to those who have taken the time to respond thus far.

The 15 August is the deadline for inclusions in the September issue of newsletter, so please contact Simon Tarabella or Peter Turner or drop in to Maple Lodge, the kettle's always on.

Peter Turner



H.M. The Queen's 90th Birthday Celebration

The village car park is an ideal venue for a small but perfect outdoor celebration and on Saturday 11th June that is what happened. With a marquee erected on the green and various games and stalls run by enthusiastic people, Great Finborough celebrated the 90th birthday of Her Majesty Queen Elizabeth II. The weather remained fine – warm and humid (the thunderstorms came later in the evening) allowing a sizeable crowd to enjoy the Craft Group stall (Grace Gemmell, Pat Rix, Sadie Squirrell and Pauline Wescombe) and the EACH stand (Marion Mason) which raised £120 for EACH, plus games including “Play your Cards Right” (Gerry Squirrell and Lucie Stow), “Buzzer Wire” (Norman Venditelli), “Bowling for the Pig” (David Preece), “Spin a Prize” (Pre-School group) and the Face Painting with Marie Green and the Primary School helpers and not forgetting the “Bouncy Castle” . “Zebs Traditional Amusements” included an unusual hand powered merry-go-round for the small children and also “Hook a Duck” both run by Lisa and Paul Cornwell. Archie and Nic Gemmell with the aid of Dan from Finborough School provided succulent attractions in the shape of beefburgers, sausages and a cake stall plus tea and coffee – all at a very reasonable price.

Alan Cooper's vintage cars – a Model Y Ford, an Austin Healey Sprite and 3 series E Type Jaguar joined the Davey family Triumph Stag and Triumph Spitfire (John and Chris respectively) with Norman Venditelli's Mini Moke and the moped from yesteryear appropriately badged as a “Norman”!!

It was a special afternoon capped by the children planting a flowering cherry tree donated by the Garden Club to celebrate an awe-inspiring 90 years attained by our Queen.

Thank you to the prime organisers for the Council, Archie Gemmell and Norman Venditelli for their hard work in organising a very successful and great day.

Rob Nurton



Finborough Flyers

Sorry to report that there were no organised rides for the month of June as I have been scouting out the routes in Holland, Germany, Austria, Switzerland and Italy just in case the "Flyers" need to expand our horizons outside Suffolk!

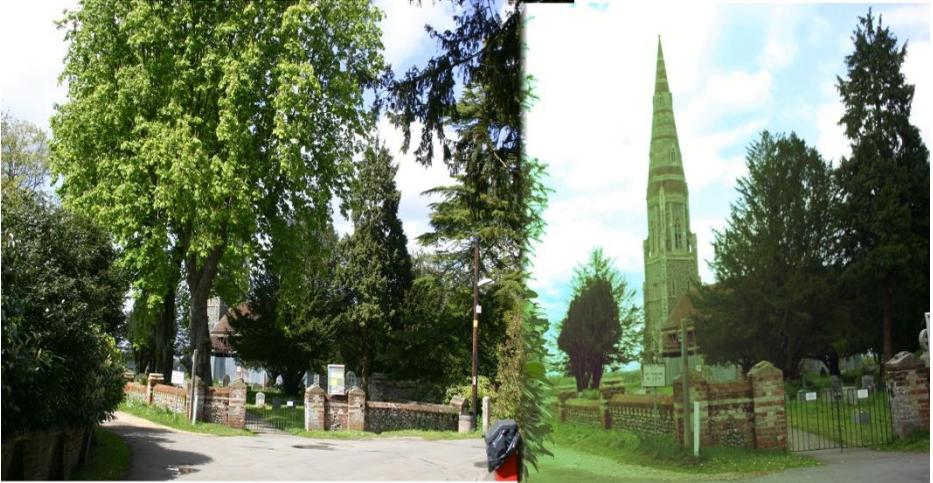
Hope to get out at the start of July. So if you feel like joining in, drop me an email and I will add you to the contact list.

Simon Tarabella



Onehouse Ramblers

Our next walks will be held on **Sunday 17 July and Sunday 7 August**. Meet at Trinity Hall car park at 2.30pm. Local walks of about 4 miles. **Derek Ames**



Church Trees.

The last two Chestnut trees have recently been removed from the church yard after 120 years of growth. The trees had become diseased and unsafe. The cost of removal was £3600 paid for by donations, church funds and a contribution from the Parish Council. The Earthwood Tree Co. carried out the work. The PCC intend to undertake some replanting in the near future.

The photo above shows the before and after.

John Kendall.

Men's Breakfast

The mens breakfast scheduled for Saturday 9 July has been cancelled.

Christian Aid Week Collection 2016

Onehouse house to house £368.46, envelopes collected at churches £103.41 and Buxhall coffee morning & book sale £136.40. What an incredible amount was raised. Thank you to all those who gave so generously.

Derek Ames (613328)

East Anglian Air Ambulance

We collect stamps, ink cartridges, mobile phones and old coin/foreign coins. **Is someone willing to take over from me in the collection of these items and pass them on? This provides much needed funds for the charity.**

Derek Ames (613328)



As the name suggests, we provide information, not only for tourists, but for local people too. We work for Babergh and Mid Suffolk District Councils and part of our role is promoting the Heart of Suffolk as a tourist destination. We can also help local organisations, attractions and businesses to increase their custom and visitors. We have a whole wall of poster space, and can display event fliers in our leaflet racks. We have a board available to publicise any special occasions, and we regularly use Facebook and Twitter to share information about our area. We are also agents for National Express Coaches and front of house for the Museum of East Anglian Life. If you have an event that could do with some extra publicity, bring us a poster, or pop in to ask about a bigger display on our board. Contact us by phone, 01449 676800 or email Tic@baberghmidsuffolk.gov.uk, to see what else we could do to help. We are opposite ASDA, just up the hill.

Sue Green

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Great Finborough & District Garden Club

June is usually a quiet month for the Garden Club with the weather providing perfect conditions for working in our own gardens. As a result of the winter rains and the mild temperatures everything is not only early but lush and healthy too.

The village party for the 90th Birthday of Her Majesty the Queen saw the children of the village help to plant a cherry tree, donated by the Garden Club to mark the occasion. It completes the pair of cherry trees planted on the Green at the entrance of Middlefield Drive.

This month's activity is concentrated on advancing the committee's preparations for the village Open Gardens on the 3 July. This includes the President's Lawn BBQ on the previous evening given by the Club and organized by the committee to say a heartfelt thank you to those who offer their gardens to us to support our chosen charity. The beneficiary again this year is to be St Andrews Church.

The church and churchyard, together with private gardens, and 2 refreshment stops, will be open. A small display of classic cars and motorcycles will also be present. Tickets are priced at £4.00 per adult with children free and will be available from the marquee on the green in front of the village shop supported by plant and tombola stalls.

We would be very grateful if anyone could help out by contributing plants for the plant stall (contact Mary Smyth 672533) and cakes/scones for the tea venues (contact Marion Mason 675447). Your contributions are most gratefully received and are much appreciated. The marquee on the green will be manned from 1100AM to receive plant contributions and cakes can be delivered to 8 High Road or Park Cottage any time. If you would like your contributions collected please contact any member of the Committee.

Of course the major social occasion of the gardening year approaches with a rush: The 28th July is the date for the annual club BBQ and summer social. Again we will be celebrating another successful Garden Club year at The Little House courtesy of Pat and Peter Turner. Details to follow.

As before the club will supply the cooks, meat, BBQ Sauces and bread and the ticket price remains the same at £2.50 per head. Members should bring along a salad or dessert to share and their drink of choice.

Details will be on the notice/ attendance slip and with luck the weather will be kind and the evening will reflect the sociable spirit of the Club.

The first meeting of the new Gardening Year will be the 8th September in the Pettiward Hall at 7.30PM, when Alan Arnold the 'Master Composter' will give us tips and recipes for creating the perfect compost from our garden waste.

Finally, if you are interested in joining the Garden Club or would like to join us for any event you will be very welcome. Membership is only £15.00 per household per year or £2.50 per meeting as a guest. For further information contact either: John Davey on 674401 or john@abbeyclassics.co.uk or Judith Cameron on 672978 or judyandian@btinternet.

Judith Cameron

Bird Seed

Our next bird seed order will be placed in August. There is no Parish Newsletter in August so if you would like to order seed please ring me (674401) or email me (john@abbeyclassics.co.uk) after 17 July and I will be able to provide price details etc.

John Davey



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From Onehouse Rectory

On the last day of May, in half term week, we began a small adventure in Onehouse. We began to make a Santon. We were led by Peta Whiting who has her own Pottery locally and is well known in her field. She provided the plaster moulds, clay and all that we needed. During the morning we made nearly 100 items including numerous small figures and larger things such as a bridge, house and stable.

Well – I am sure the question you would like to ask is – What is a Santon? If you google santons you will find pictures and explanations; in simple terms it is a crib scene from the Provençal region of France. It is thought that the idea dates back to the French Revolution. Despite religious items being forbidden at that time, each village and home wanted a nativity scene at Christmas and the tradition grew up of making small figures and setting the whole scene in the mountain villages. Often there would be a Santonniere in the village who kept the moulds and oversaw the crib each year.

The figures in the scene are generally common to all Santons. As well as the obvious – Mary, Joseph, baby Jesus, the Kings and some animals, there are all the members of the village and each character has a story. Some bring problems such as Simon the blind man led by his son, who has his sight restored when his tears fall on the face of baby Jesus. There is an old couple who bring a plea that they might both die on the same day. Some are sinners such as the fishmonger who confesses her scales are fixed and the woman who beats her donkey and who is told to walk home leading it patiently. Many bring gifts such as fish, bread and firewood and some are given unexpected gifts such as the miller whose mill broke down.

The figures are very delicate. Although ours will be fired, the older tradition was not to fire them, such that in the past, each year the figures needed to be checked and often repaired and renewed. In the tradition of the Santons, this symbolizes our own frailty and regular need of care and attention if we are to be able to function fully and to God's glory in this beautiful world in which we live.

As each person in the crib scene approaches the baby Jesus – gifts, joys, sorrows, repentance and foolishness all gather around the manger. Very much like us, these figures represent the various aspects of each of our characters and symbolically we bring the good and the bad and together offer them to Christ. As is the life in any

village and not just at Christmas, we find joy and sadness, we find sickness and health, we find birth and death: and we are able to offer ourselves and all that we are as a community in order to receive the healing touch of Christ.

We plan to meet again at the start and end of the summer holidays to make some more clay figures, to paint the ones already made and eventually the scene will be displayed at the Grundisburgh Crib Fair in November before coming back to Onehouse. **Reverend Rachel**

**Sunday 21st August 2016 SPECIAL
EVENSONG 6.30pm –
St Andrew's Gt Finborough IP14 3AD**

I have asked CMS Missionary Michael Green – a Buxhall boy, known to many of us - to come and speak about his new role in Ipswich. Michael speaks Arabic and for many years worked in Jordan coming home to Suffolk some months ago. He is based at St Matthew's but works with the Westgate churches in their engagement with the multiple ethnic communities there, especially those with a Muslim background. He is involved in 'discipling' as well as equipping local church members to engage. Michael also works in a local language school and with Ipswich Borough Council to assist in resettling. There will be a Bring and Share supper in church afterwards and further opportunity to talk with Michael. All are welcome.

Rev Chris Childs Combs Rectory 135 Poplar Hill Stowmarket

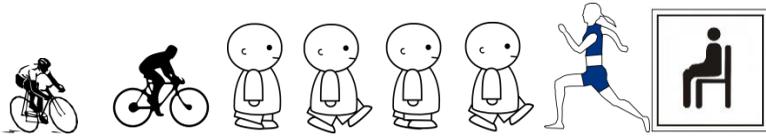


**Great Finborough Parish Council
Needs You!**

**We are looking for a new Newsletter editor and
volunteers to help out with the speedwatch
team.**

**Want to know more? Contact Peter Turner or
Paula Gladwell (see who's who) for more info.**

Ride and Stride 2016



Hopefully, with just over three months to go until this annual SHCT event, you may have considered taking part – and even dusted off your bike at the very least!! Sponsor forms will be available shortly so, if you would like to raise funds for St Andrews or give of your time by welcoming cyclists and walkers to the church for an hour or so on **Saturday, 10th September 2016**, please contact me (tel.612397) or check out our website <http://www.standrewsgtfinborough.co.uk/> **Sadie Watts.**

PARISH REGISTERS

Baptism

We welcome to the family of Christ's Church

At St Andrew's Great Finborough

29th May 2016 Beatrix Helena Mary Beeston Aged 6 Weeks

Marriage

We pray for God's blessing on those who embark on life together

At St Andrew's Great Finborough

14th May 2016 Sean Hawes and Nikki Noss

Funeral

Our love, sympathy and prayers to the families of those who have recently died.

At West Suffolk Crematorium

16th May Douglas Ray JEFFERY, died 20 April 2016 Aged 90 years

Interment of Ashes

At St Andrew's Great Finborough

1st June 2016 Joseph Walter SUTTON

The Pettiward Hall "Little Ernie"

The winners in the June draw were Angela Cuthbert and Irene Bugg. They each received £8.50. Several people signed up to the Lottery at the Queen's 90th Birthday celebration so next month's winnings will be higher!

Calendar

There are just a few more weeks to take photographs around the village to be submitted for the 2017 calendar. Please send up to 12 photos by **31 August** at the latest if you wish them to be considered for inclusion. These can either be put on a disc and popped through my door (South Lodge – on the corner of the main entrance to Finborough School) or sent to my email address: mary.preece1@btinternet.com. If you have more than a couple of photos to send you may find it easier to forward them via the website www.wetransfer.com. Just log on and follow the instructions. I took several photos at the Queen's 90th birthday celebration in the village on 11 June and one of these may be included in the calendar. If you were there that day and you do not want your or your child's photo to be published, please let me know and we will make sure that doesn't happen.

Chairs

Don't forget we have some chairs to give away to one or more worthwhile causes, or to sell to individuals for £5 each. Perfect for upcycling! By the time you read.

Mary Preece

St Andrew's Church Coffee Mornings

Coffee mornings at The Chestnut Horse



Tuesday 12 July & 9 August at 0930 – 11.30

Coffee or tea and cake £1.50 – free refill. Raffle & Tombola

A warm welcome to everyone. July proceeds to CAB & the Church
August proceeds to Deaf Society & the Church

News from your District Councillor - John Matthissen

Strategic Housing Land Availability Assessment (SHLAA)

The District Council has announced the *draft* outcome of a SHLAA following a “call for sites” for land - 2 hectares or more to be brought forward. You can read about it <http://www.midsuffolk.gov.uk/planning-and-building/planning-policy/local-development-framework/strategic-housing-land-availability-assessment-2016/> with the map of the area around Stowmarket on page 214. The numbering of the sites is completely arbitrary; it does NOT suggest one site is preferable to another etc. This assessment is to inform the new Local Plan ahead of an allocations process. This does not however preclude any landowner from submitting a planning application.

Five Year housing land supply.

The vexed question of the lack of 5 year supply in Mid Suffolk has been pressed harder with a successful motion at the MSDC Executive Committee. During the debate regarding a joint (with Babergh) Local Plan Cllr Andrew Stringer moved an amendment which read: *‘That a clear strategy be urgently brought forward to help deal with the current lack of a five year land supply* This motion will not in itself cure the problem, and Mid Suffolk are still being less than clear about their response. Given that we are now likely to have a 3.7 year supply, upcoming government assessments will push up our housing target numbers by at least 20%. Mid Suffolk DC has announced a “sustainable growth” initiative to persuade communities that our patch needs at least 20,000 new homes!

Activ Sheds and Active Lives I was struck by this interesting initiative in Ipswich, sponsored by the Borough Council and East of England Co-op. They are inviting men with time on their hands to get involved in the People’s Community Garden on allotment land. They are also able to provide “help, advice and support to set up your own Men’s Shed project in your community.” You can contact them on 01473 345350 and have a look at the Ipswich project on Facebook **activgardens.**

John Matthissen.

NHS information.

High pollen count - hay fever advice

The Met Office is predicting a high pollen count over the coming week, which could mean a miserable time for those affected by hay fever. It is estimated that over 10 million people in the country suffer from hay fever and it affects people of all ages. Local GPs are reminding people of the action they can take to reduce their exposure to pollen and what can be done to control hay fever symptoms. Dr Mark Shenton, a GP in Stowmarket and chairman of NHS Ipswich and East Suffolk Clinical Commissioning Group said: "We all like to get out and about when the weather's good although for some the burden of hay fever can make everyday life tough, affecting social plans and emotional wellbeing. Thankfully there are things you can do to help yourself. "The best way to control hay fever is with antihistamines. Antihistamines can be purchased over the counter from your pharmacy without a prescription and should be taken as soon as possible to get into your system. If you've got any questions or concerns about using antihistamines the pharmacist will happily advise you. "Dr Christopher Browning, a GP in Long Melford and chairman of NHS West Suffolk Clinical Commissioning Group said: "Try to avoid grassy areas at certain times of day when pollen counts are highest, such as in the early morning, evening and at night. Wear wraparound sunglasses to stop the pollen getting into your eyes when you're outdoors. "Change clothes when returning home from a day out as pollen can cling to hair and clothing. Try to avoid drying clothes outside as it will help prevent bringing pollen into your house. A bath before bed can help to avoid pollen transferring to bed sheets. "Vacuuming regularly and dusting with a wet cloth can help to collect the dust and stop any pollen from being spread around, especially if you have pets in the house. "And don't forget that alcohol worsens hay fever. Beer and wine contain histamine, the chemical which sets off allergy symptoms in the body. "If you are still struggling with persistent symptoms make an appointment with your GP. Help your GP by listing the symptoms, when they happen, how often they occur and if anything specific seems to trigger them. Your GP may then offer tests to identify the allergen that is causing the symptoms.

JI LIU to perform with the SUFFOLK PHILHARMONIC ORCHESTRA

After playing to another sell-out audience on Sunday 22nd May, and wowing the crowds in Ipswich Christchurch Park on 11th June, the **Suffolk Philharmonic Orchestra** returns to **The Apex, Bury St Edmunds** on **THURSDAY 14th JULY**, for an evening of pure **Mozart**.

The programme includes the exquisite *Exsultate Jubilate*, sung by young soprano **Daisy Brown**, followed by the *Piano Concerto no 21* with soloist **Ji Liu** who shot to fame as artist-in-residence at *Classic FM* and who has kept audiences enthralled by his powerful yet delicate command of the piano. The concert finishes with one of Mozart's great *Symphonies, no 41 'Jupiter'*.

Orchestra Leader for this concert is Suffolk resident, **Kenneth Sillito** and the Conductor is Founder and Artistic Director of the Suffolk Philharmonic, **Leslie Olive**. Further information about this concert and the Suffolk Philharmonic can be found on their website: www.suffolkphil.org or on Facebook.

Tickets for this concert are on sale now and the advice is to book as the expectation is that the venue will be sold out nearer the event. Book online at www.theapex.co.uk. Or book office 01284 758000

Sister Act is coming to Ipswich !

I have reserved a further 20 tickets for Thursday, 3rd November.
Tickets are £27

I will organise a coach at an additional cost, once I know the exact numbers. Come and join in the fun, what else will you be doing on a cold November evening?

Please telephone or email me to reserve a ticket. I would like payment at the time you reserve your ticket please as I will have to pay the Regent.

Telephone me on 01449 673280 or email wendyachilds@aol.com.
Hope you can join me

Wendy Childs

Great Finborough Church Primary School

As the school year comes to an end, all classes have an exciting timetable of events and learning planned.

Green class have welcomed the children who will be joining us in September during ‘come and join in’ sessions. They also invited parents and grandparents to join them for an afternoon to show off their Literacy skills.

As always, a large range of sporting activities are taking place. The whole school Sports day at Battsford Cricket Club is always eagerly anticipated. The children have had further opportunities to use their Athletic skills with an after school club being run for children in Years 1 and 2, and children from Years 5 and 6 entering the ‘Quad Kids’ Athletics Event. Other clubs running this half term are Rounders for Years 2 – 5 and Summer games for Years 5 – 6. Last month we were also delighted to have a visit from a BMX athlete, who put on a superb stunt display before teaching some new tricks to our older children.

Our learning continues to take place both on and off school premises. Purple class will be using the facilities at Battsford Cricket club to help improve their skills. Years 4 and 5 will enjoy a day each at Thriftwood for an exciting Forest Schools day and Year 5 will put their planning and practical skills to the test for a Design & Technology day. The Year 3 children will also be visiting this site for their first residential trip.

Year 6 have a number of events to look forward to during their final half term at the school before joining their chosen Secondary schools in September. Their week long residential trip to Scotland will be a fitting adventure for this cohort who we will all miss. The following week they will be enjoying the outdoors again for an ‘Under the Stars’ camp. Their final goodbye will be at the Leavers’ Assembly at the end of term. We wish all of our Year 6 children the very best for the future. We are also saying goodbye to 3 members of Staff who are all taking steps forward in their careers. Mr Cox will be sadly missed from the office, and we wish Mrs Betts all the best when starting her Teacher training and to Mrs Sait who has been appointed as Headteacher of Mendlesham Primary school. We would like to thank them all for their tireless work and enthusiasm.

Melony Mayhew



Great Finborough Church Primary School **Coast 2 Coast Cycle Ride 2016 (Year 6)**

Education at Great Finborough Primary goes beyond the classroom. As a school we are committed to providing our pupils with an enriched curriculum which includes access to a wide range of residential experiences and opportunities. This academic year I decided to offer our Year 6 children (10 and 11 Year olds) a very special opportunity over the May half-term holiday. I invited our Year 6 pupils to train for and complete the Sustrans Coast 2 Coast cycle ride from Whitehaven to Sunderland via the Lake District and the North Pennines (Approx. 140 miles). 15 of our Year 6 pupils accepted the challenge and training officially started in the Spring Term. The training consisted initially of 8 mile cycle rides around the Sudbury area and gradually built up to 24 mile routes around Suffolk, something the children (and

adults) were completing in just 3 hours. For the next stage of our training we headed up to the Peak District as an introduction to the hills! Again the routes ranged from 15 to 30 miles. Finally, we held two consecutive weekends in the North Pennines (Cumbria, Northumberland and County Durham). These weekends consisted of consecutive days of cycling distances up to 25 miles. Built into these weekends during our rest periods, we also enjoyed swimming, argo-cat rides, a disused mine exploration with a qualified instructor, laser quest and bowling. With the training completed, it was finally time for the project! We left school on the Friday before half-term and travelled by minibus to our accommodation which was located just above the beautiful village of Garrigill. The first evening involved a final briefing session on the route before settling down for the night.

Day 1 (25 miles): We started in Whitehaven on the west coast with our back wheels dipped in the sea before heading East out of Whitehaven towards the Whinlatter Forest Visitors Centre. The weather was kind to us and our progress was good. During the evening we enjoyed a swimming session at a local pool before settling down on the sofas to hear all the messages the parents had sent the children by text to my phone or through our online photo and message sharing site.

Day 2 (18.5 miles): From Whinlatter Forest we headed towards Keswick before ending our day near to the village of Troutbeck. Again the weather was good but this part of the journey truly highlighted the challenges this part of the Lake District experienced due to flooding last December as part of the route has been washed away and a diversion was in place. Another relaxing swim and our nightly message sharing session enabled us all to relax and reflect on the progress being made.

Day 3 (23.25 miles): Troutbeck to Renwick was a long day but in good weather. We met some sixth form pupils from a school in the south of England who were very impressed at the progress and achievements of our pupils. The evening once again

consisted of message sharing and a lot of laughs at some of the comments the parents had made to the photos on our share site. Day 4 (14.5 miles): Renwick to Nenthead. This day was a real challenge, the weather was bright but the wind speed as we took on the difficult climb to the top of Hartside was up to 54 mph, making it almost impossible to stay on our bikes. However, we conquered the massive climb and cycled enthusiastically to the top! The long downhill of just over 3 miles is usually a pleasure but due to the wind speed we still had to pedal all the way in to a head wind. Following a few other significant up hills, we made it to the village of Nenthead for a well-deserved play in the park and moral boosting chocolate stop. Despite a challenging day, the children still found the energy to enjoy playing outside and exploring the local area.

Day 5 (20 miles): Nenthead to Parkhead (Just above the small town of Rookhope). This was our most challenging day and tested the whole team to the limit. The day consisted of strong winds, followed by rain and to finish off... dense fog! This was all thrown at us as we cycled over the highest part of the route, the steepest hills to cycle up and with us passing the 100 mile milestone. Every child continued with utter determination throughout- I was extremely proud of them all. A well-deserved swim was in order at the end of day 5 and lots of praise from parents re the photos we had uploaded earlier in the evening which really did show the challenges of the day.

Day 6 (26 miles): Parkhead to Washington. The weather was improving and the going finally got easier. It was a long day but mainly downhill and we soon reached our destination. Our final swim and photo evening was a great opportunity to reflect on the challenge we were so close to finishing.

Day 7 (10 miles): Washington to Roker Pier Sunderland. We started our final day with the issuing of our Coast 2 Coast t-shirts. We quickly covered the distance required and were soon just yards from the finish line. As we turned the final corner, we were greeted by not only our support team but a group of

parents who had travelled up from Suffolk. We all felt a huge sense of pride and achievement as we cycled through the cheering crowds and dipped our front wheel into the sea. Challenge completed by all team members!

We returned to our accommodation in our minibus adorned with balloons and banners, packed our bags and headed up to the Hartside Cafe for one final celebration meal before heading back to Suffolk. Once back at school we were greeted by crowds of parents who cheered us in to the playground with the minibus CD player pumping out 'we are the champions', fireworks were launched and a bottle or two of non-alcoholic fizz was opened!

The success of this project was down to a real team effort. As a team of cyclists we needed to look after, respect and encourage each other to ensure that we all (adults and children) were able to complete the challenge. As a cycling team, we needed the support of the cycle maintenance crew, support vehicles and the catering team. We needed to know that our parents, staff and other members of the community were following our progress and supporting us from home. With everyone pulling together, the challenge was possible.

To complete a challenge of this nature and magnitude takes determination, resilience, commitment and teamwork, all of which are important life-skills. To complete a challenge of this nature and magnitude when you're 10 and 11 years old takes all of the above and more! I am immensely proud of my Year 6 pupils and their achievements, a truly amazing group of children.

Stephen R Dodd

Headteacher/ Cycle Team Leader

Advertise Free

In order to support new local business initiatives, the Parish Council would like to offer village residents (households receiving a hard copy of the newsletter) 2 months of free advertising within the village newsletter. In order to take up this offer please contact any of your Parish Councillors or the Editor with details of your business and any promotional advertising that you have produced. **Parish Council**

Honour a loved one with hospice's Sunflower Memories

St Elizabeth Hospice is inviting people to dedicate a beautiful sunflower emblem to remember someone special this summer with the return of their Sunflower Memories appeal.

The name of loved ones no longer with us will be written on the sunflower emblems which will then be displayed in sunny yellow wheelbarrows in the hospice's garden in return for a donation.

The sunflowers will be on display from Sunday 14 August and anyone is welcome to come along and see the display of sunflowers and take time to reflect on memories.

Pauline Donkin, St Elizabeth Hospice's fundraising development manager, said "Once again, this summer, anyone is welcome to make a donation and dedicate a sunflower in memory of a loved one, whether they have been cared for by the hospice or not. Our glorious garden will host hundreds of little sunflowers, creating a sea of colour, displaying the names of loved ones who are no longer with us..All money raised from the donations for the sunflowers will go towards proving vital care and support to more than 2,000 patients and their families every year."

The preview day help on Sunday 14 August is from 2pm – 4pm, this will be held at the hospice in Foxhall Road, and will include ambient music from the Scintillo Quarter and refreshments.

The sunflowers will remain on display until 31 August 2016 for patients, families, volunteers, staff and visitors to enjoy. The sunflowers will then be available to collect from the hospice reception until 30 September 2016.

Last year's Sunflower Memories appeal raised more than £12,000 and it is hoped that this year will be just as successful. To find out more and to dedicate a sunflower, visit www.stelizabethhospice.org.uk/sunflowers or call 01473 723600.

BUXHALL WI

The WI is not all about Jam and Jerusalem. With almost 220,000 members it plays a unique role in providing women with educational opportunities and the chance to build new skills, to take part in a wide variety of activities and to campaign on issues that matter to them and their communities. The WI is an entirely member led organisation, and the resolutions process ensures that every WI member has the opportunity to set the direction of NFWI campaigns and policy, from the grassroots up. Every year WI members have the chance to put forward issues as 'resolutions' that they want to see the national body campaign on. From equal pay to climate change, from gaps in the

midwifery workforce to the plight of the honey bee, WI members have embraced a diverse set of challenges and built a reputation for the WI as a practical and ambitious organisation that doesn't shy away from tricky issues. At our May meeting we have some very interesting debates and points of view on the resolutions going forward to this year's Annual General Meeting which focus on 'Avoiding food waste' and addressing 'Food poverty'; and 'The provision of facilities for carers to say with people with dementia during a hospital admission'. Our July meeting will be on July 20th when we will welcome Ken Stone to talk about 'The Royal Year'. We meet on the third Wednesday of each month at The Buxhall Village Hall at 7.30pm. New members and visitors are always welcome.

Jane Dolan

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30 July 14 & 28

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Bats & balls provided. £2 per session includes refreshments.

We welcome new players.

Give me a ring for further details.

Derek Ames (613328)

Buxhall and Great Finborough O'60's Candlestick Club

Club members and several friends enjoyed another interesting day out for the June outing. We began by visiting David Barker's Bygone Museum in their barns at Westhorpe with its amazing collection of old farm and household implements. Many thanks David and Patrick for showing us around. We then proceeded on to Stoke Ash White Horse for a delicious lunch. It was an enjoyable day out for some of our members.

The July outing takes us to Cambridge with an organised trip on the River Cam, including a cream tea. We shall also be stopping at a garden centre on the way home.

Advance notice of the August outing is to Long Melford and Melford Hall. Our outing in July is on Tuesday 12 July and August trip on Wednesday 10 August. Bus times are normal, leaving Gt Finborough Old Chapel at 9.45, Buxhall Village Hall 9.50 and on to Harleston for 10.00am. Members and friends wishing to go, let Keith 736598 or Katie 736430 know. New members are always welcome. **Keith Proctor**

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CHERNOBYL CHILDRENS LIFELINE

As the date of the group arrival becomes imminent we would like to say a very big thank you to all of our supporters who have helped to make this year's visit possible.

Many people have dropped donations into our Charity shop but have not left their contact details so I have been unable to write personally to thank you. If you prefer to remain anonymous then of course we respect this but I would like to take this opportunity to acknowledge how grateful we are for your contributions.

Without all the clothing, shoes, toys and medicines donated by the Local Community we would find ourselves in the position of so many other Links that have had to cut the number of children in the group as their funding was insufficient. We do try to give as much support as possible to the children, their families at home and also the Host Families who take the children into their homes for the whole month. Yes, the main purpose of the children's visit is for Health Recuperation but how brilliant is it that we can also give them memories to take home that will last them a lifetime!

It is very unlikely that any of the children who come in the group will ever leave Belarus again let alone come back to England. Occasionally a child is fortunate enough to receive an invitation for a Private Visit but with the increasing costs of air fares and visas we are seeing the number of these invitations becoming less each year.

The day after the children arrive we hold a "Clothing Party" for them, this is a very important event for the children as having arrived with only the clothes they are wearing they will be able to choose clothing for themselves and any siblings at home. The children do not mind that the clothing is second hand, it is amazing to see the look on their faces when they see all the clothes on display and know that they can choose whatever they want from what is available.

As this is an ongoing program we are always happy to continue to receive donations of clothing for the children throughout the year, any age is appreciate as we not only provide clothing to the children when they come here but also to their brothers and sisters at home. We currently support families in Belarus with children age from birth to 17 years of age. We are always grateful for your support and hope it may continue long into the future.

Elizabeth Parker, Link Chair.

01449 760343

Artisan Market

The Scout Centre, Milton Road North, Stowmarket

1st Saturday of the month

April to December

10 am until 1.30p

The Artisan Market is being established for local crafts people to have an outlet for their quality hand-made products.

Stallholder information:

Email: sue@delf.freeseve.co.uk

Tel: 01449 613224

1st Great Finborough & Buxhall Brownie Pack

After nearly 15 years of being a Brownie Leader, I have decided to stand down from running the pack. Hayley Durrant will take over as from September 2016; we do however need adult leaders to help us. Do you or anyone you know have an hour and a half to spare on a Monday evening 6pm to 7.15pm term time to help run activities with the girls.

If so please contact me Gail Jarrett 01449 674538 or email gail.jarrett@btconnect.com or the District Commissioner Claire Donaldson 07837297559. Thank you for taking the time to read this.
Gail Jarrett.

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Buxhall Comunity Council Produce Show



Saturday 27th August 2016, Buxhall Village Hall @3.00pm

Schedules available from:-

Graham Mitchell-Rowlands/Val Lord: 737113

Nicky Fisher: 737867, Julie Hartley: 737929, Keith & Mim

Proctor: 736598 & Valda Gant 737777.

Calling all children!

Are you interested in taking part in the 'Children's section' at the Produce Show? If so would you be Keen to attend an Art & Craft Workshop during the summer holidays to help you with this?

I am willing to run a workshop on a week day for children who are interested but need to know numbers and possible dates before I can make a decision. You can speak to me in person or telephone me on 01449 737929.

Julie Hartley

Suffolk community speed watch Statistics for 2015

**TOTAL VEHICLES RECORDED 9879, 1ST LETTERS 7245, 2ND LETTERS 286,
MULT OFFENDERS 17.**

No traces and Police discretion account for the outstanding 2331

From Chief Inspector Matthew Rose to you all.

Almost 10,000 vehicles were recorded by our Community Speed Watch volunteers in 2015, whilst it is disappointing that so many drivers have chosen to exceed the limit in our communities; the figures demonstrate the hard work and time that Community Speed Watch volunteers have given to making our roads safer.

As the majority of our "speeders" are local, the fact that out of all those written to, less than 4% have been recorded again; demonstrates the effectiveness of the initiative.

One of my favourite aspects of my role is frequently receiving letters of apology from people have been recorded speeding by CSW. I have had the awful task of informing someone that their loved one has been killed on the road, so my view is that even one fewer person speeding could mean a life saved on our roads and the prevention of the devastating effects on everyone involved.

I would like to thank you for your continued commitment to your community and assure you that you really are making a difference'.

Speed Enforcement Officer

Those of you who were able to attend one of our Annual Meetings are already aware that a Police Staffed civilian Speed Enforcement Officer (SEO), Chris Fiske, has been employed and accredited by the Chief Constable to carry out speed enforcement checks in Suffolk. He is expected to be joined by another SEO in the near future.

He operates a Police style speed device on a tri-pod, wears a Hi Vis jacket with 'Police Staff' on the back and puts signs either side of where he is operating which State 'Safety Camera Enforcement' showing a camera.

His role is to attend areas where high vehicle speeds have been noted. To gain this information he has access to our Community Speed Watch data base to identify those areas.

He will attend CSW and other sites in order to carry out his enforcement which means that the driver of any vehicle he monitors in excess of the limit will receive a fine and endorsement on their drivers licence. **As usual the Community Safety Team wish to thank you for your continued hard work and support**

As always any general enquiries about CSW to Rod Gardner
CommunitySpeedwatch@suffolk.pnn.police.uk

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CHURCH SERVICES IN THE BENEFICES FOR

July 2016

3 July: The Sixth Sunday after Trinity

9.00 am	Holy Communion	Little Finborough
9.30 am	Service on the Green with Gislingham Silver Band	Harleston
11.00 am	Worship and Messy Church	Combs

10 July: The Seventh Sunday after Trinity

9.30 am	Holy Communion	Harleston
9.30 am	Holy Communion	Shelland
9.30 am	Matins	Buxhall
11.00 am	Holy Communion	Combs
11.00 am	Holy Communion	Onehouse
6.00 pm	Evensong	Little Finborough
6.30 pm	Evensong	Great Finborough

17 July: The Eighth Sunday after Trinity

9.00 am	Holy Communion	Little Finborough
9.30 am	Matins	Shelland
11.00 am	Family Communion	Combs
11.00 am	Holy Communion	Onehouse
11.00 am	Morning Worship	Great Finborough
6.30 pm	Evensong	Buxhall

24 July: The Ninth Sunday after Trinity

9.30 am	Holy Communion	Buxhall
9.30 am	Holy Communion	Harleston
11.00 am	Holy Communion	Combs
11.00 am	Holy Communion	Great Finborough
11.00 am	Family Service	Onehouse
6.30 pm	Deanery Choral Evensong	Old Newton
	Preacher: Bishop Mike Harrison	

31 July: The Tenth Sunday after Trinity

9.30 am	Benefice Holy Communion	Shelland
11.00 am	Benefice Holy Communion	Combs
6.30 pm	Benefice Evensong	Onehouse

7 August: The Eleventh Sunday after Trinity

9.00 am	Holy Communion	Little Finborough
11.00 am	Benefice Holy Communion	Great Finborough
11.00 am	Worship and Messy Church	Combs
6.30 pm	Benefice Evensong	Buxhall

Morning Prayer 10.00 am on Saturday at St. Mary's Combs (Lady Chapel)

Holy Communion 9.30 am on Wednesday at St. John the Baptist, Onehouse

Midday Prayer 12 noon on Tuesday at St. Mary's Buxhall

Evening Prayer 4.30 pm on Thursdays at St. Andrew's, Great Finborough

All welcome !

CHURCH SERVICES IN THE BENEFICES FOR

August 2016

7 August: The Eleventh Sunday after Trinity

9.00 am	Holy Communion	Little Finborough
11.00 am	Benefice Holy Communion	Great Finborough
11.00 am	Worship and Messy Church	Combs
6.30 pm	Benefice Evensong	Buxhall

14 August: The Twelfth Sunday after Trinity

9.30 am	Benefice Holy Communion	Harleston
11.00 am	Family Communion	Combs
6.00 pm	Evensong	Little Finborough
6.30 pm	Benefice Evensong	Shelland
11.00 am	Holy Communion	Onehouse

21 August: The Thirteenth Sunday after Trinity

9.00 am	Holy Communion	Little Finborough
11.00 am	Holy Communion	Combs
11.00 am	Benefice Holy Communion	Onehouse
6.30 pm	Benefice Evensong	Great Finborough
	Speaker: Michael Green (CMS Missionary)	

28 August: The Fourteenth Sunday after Trinity

9.30 am	Benefice Sung Eucharist	Buxhall
11.00 am	Holy Communion	Combs
6.00 pm	Evensong	Little Finborough
6.30 pm	Benefice Evensong	Harleston

4 September: The Fifteenth Sunday after Trinity

9.00 am	Holy Communion	Little Finborough
9.30 am	Patronal Sung Eucharist	Buxhall
	Blessed Virgin Mary (White)	
11.00 am	Worship and Messy Church	Combs

Morning Prayer 10.00 am on Saturday at St. Mary's Combs (Lady Chapel)

Holy Communion 9.30 am on Wednesday at St. John the Baptist, Onehouse

Midday Prayer 12 noon on Tuesday at St. Mary's Buxhall

Evening Prayer 4.30 pm on Thursdays at St. Andrew's, Great Finborough

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Clerk, Parish Council	Paula Gladwell finboroughparishclerk@gmail.com	01284 828112
District Councillor	John Matthissen councillor@matthissen.net	771742
County Councillor	Penny Otton penny.otton@councillors.suffolkcc.gov.uk	737870
Newsletter Editor	Simon Tarabella simon.tarabella@great-finborough.suffolk.gov.uk	672072
Priest in Charge	Rev. Chris Childs <i>Combs Rectory, 135 Poplar Hill, IP14 2AY</i> revcchilds@aol.com	673280
Curate	Rev. Rachel Cornish <i>The Rectory, Onehouse, IP14 3HL</i> rev.rachelcornish@gmail.com	257622
Chair of the F&P Committee	John Kendall	736264
Church Warden	Nigel Brown	675344
Church Warden	Paul Goodchild	401185
Pettiward Hall Management Committee	Mary Preece	771360
Lettings/Keyholder	mary.preece1@btinternet.com	
Great Finborough & Buxhall Under 5s	Delia Prior deila.prior@btinternet.com	07513 140072
Great Finborough & Buxhall Brownies	Gail Jarrett	674538
Allotments Association	Mary Smyth	672533
Candlestick Club	Keith Proctor	736598
Great Finborough & District Garden Club	Judith Cameron judyandian@btinternet.com	672978
Buxhall Women's Institute	Jane Dolan	736160
Neighbourhood Watch Co-ordinator	John Davey john@abbeyclassics.co.uk	674401
Chaplin's Newsagent	Nigel & Jeannette Edwards	612274
The Chestnut Horse	Tina & Andy Crawford	612298
Head teacher, Great Finborough	Stephen Dodd	613208
Primary School	headteacher@greatfinborough.suffolk.sch.uk	
Police (Elmswell)	PCSO Ryan Brunning	101
Stowmarket High School		613541
Stowmarket Health Centre		776000
Combs Ford Surgery		678333
Stowmarket Library		613143
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Church website	http://www.standrewsgtfinborough.co.uk/	
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