

GREAT FINBOROUGH NEWSLETTER



**DECEMBER 2016 /
JANUARY 2017
ISSUE 474**



VILLAGE DIARY – DECEMBER

1	7pm	Garden Club Christmas Party, Pettiward Hall
3	7pm	Bangers, Beans & Bingo, Buxhall Village Hall
4	1-4pm	Christmas Fayre, Gt Finborough Primary
5	6pm	Brownies, Pettiward Hall
12	6pm	Brownies, Pettiward Hall
12	7.30pm	Parish Council, Pettiward Hall
13	9.30-11am	Coffee Morning, Chestnut Horse
19	6pm	Brownies, Pettiward Hall
16	5pm	Christmas Carols Singalong, Chestnut Horse
23	4.10pm	Mobile Library, Oak Close
23	8pm	Live Music, "The Roosters", Chestnut Horse
31	8.30pm	New Years Eve Party, Chestnut Horse

VILLAGE DIARY – JANUARY 2017

9	7.30	Parish Council Meeting, Pettiward Hall
10	9.30-11am	Coffee Morning, Chestnut Horse

PARISH COUNCIL MEETINGS 2016

12 December

9 January 2017

7.30pm in Pettiward Hall

The Newsletter is produced by Great Finborough Parish Council, printed by Gipping Press, and distributed to all households in the village free of charge. Claims made have not been verified. For these the newsletter disclaims responsibility.

Editorial

Well, here we are at the last newsletter of the year, where did the time go? I hope you all had a good November and managed to relax before the onslaught of the Christmas Festivities.

Many residents have asked me to pass on their thanks to the organisers of the Autumn supper, a fantastic event with a full house turnout, excellent food, company and entertainment, what will they dream up for next year!

Remembrance Sunday was well attended at St Andrews church and the primary school had produced and assembled a wonderful visual tribute of handmade poppies. They also fully participated in the service.

The Parish Council is discussing the possibility of providing a defibrillator for emergency use located in a prominent place in the village. This will probably require some local fund raising. Please see inside for further details.

The Church is looking to raise further funds for the toilet project through grant applications. Would you be willing to write a letter of support? Once again, see inside for further details. Also, the Pettward Hall committee are asking for your support if you Christmas shop online, read their article to see how you can help.

The Garden club have their Christmas party on the 1 December to kick off the seasons celebrations. The now infamous "pass the parcel" will be making an appearance!

The 15 January 2017 is the deadline for inclusions for the February issue of the newsletter, so please contact Simon Tarabella or Peter Turner, or drop in to Maple Lodge, the kettle's always on. The Parish Council wish all residents a merry Christmas and a very happy New Year. Thank you for your continued support.

Simon Tarabella

Great Finborough Parish Council

At the meeting of the Parish Council on Monday 14 November the following items were discussed and decisions made:

- Reports from County and District Councillors. Members of the public comments on Public Transport issues noted.
- Planning – Discussed applications 4034/16 and 4129/16. Members of the public comments noted. Decisions recorded and passed to planning.
- Car Parking issues at school drop off time – Meeting to be arranged with school governors, Parish Council and Councillor Otton.
- Finance – Approved monthly payments and budget working groups recommendations.
- Playground – statement on actions taken to address pick-ups from ROSPA report
- BT phone box – plans for removal noted. Investigate whether it could be used for defibrillator.
- E-newsletter – questionnaire to be mailed with replies to Clerk
- Valley Lane car park and sports pitch – fencing project approved, new picnic bench to be donated by garden club, pitch to be sprayed for weed control
- Defibrillator for public use – decision made to seek funding to provide and maintain defibrillator.

The public were excluded from the meeting whilst staff contracts were discussed and agreed.

With there being no more matters to be brought to the Parish Councils attention the meeting was closed. The next meeting is on Monday 12 December in the upstairs meeting room, Pettward Hall at 7.30pm. Members of the public are very welcome to attend.

Parish Council

CHESTNUT HORSE

TRADITIONAL WELCOME

Opening Hours:

Mon - Thurs 12-3pm 5pm - Close
Open All Day Friday and Saturday
Sunday 12 Noon-8 pm

Christmas Day 11.30am-2.30pm

Food Service Hours:

Monday 5pm to 8pm
Tues to Sat 12 Noon to 2.30pm and 5pm to 8pm
Sunday 12 Noon to 6pm
A bar menu is available outside of main service hours

**23 Nov-23 Dec Christmas Dinner Menu
3 Courses £24.50 Booking Advisable (612298)**

Forthcoming Entertainment:

Tues 13 Dec Christmas Coffee Morning
9.30am-11.30am

Fri 16 Dec Christmas Carols 5pm

Fri 23 Dec Christmas Party Night featuring live
music with the "Roosters" 8.30pm til late

Sat 31 Dec New Years Eve Party, Karaoke, 8.30pm til
late



Project to provide a public defibrillator

A suggestion has been made that the parish council look into the provision of a public access defibrillator.

Sudden Cardiac Arrest happens between 140,000 and 200,000 times a year in the UK, making it one of our country's largest killers. The potential for saving a life is dependent on time, the faster medical help is given, the better the chance of survival. Clinical studies suggest you have 8 minutes to save a life, we are several minutes at best from the emergency services and a publicly accessible defibrillator would give vital help whilst waiting for an ambulance.

The cost of a Defibrillator and Cabinet is approximately £2000. The Defibrillators can be used by any member of the public. Once activated the unit will then talk you through the process, it can detect whether there is a heart rhythm and will not operate if one is found.

The Parish Council would need to consider;

- how to raise funds for the initial purchase of a unit and heated cabinet,
- where it would be centrally located,
- who will take ownership of the equipment once the funding has been raised

There will be some ongoing costs in association with the provision of a public defibrillator including an electricity supply to heat the cabinet and charge the batteries.

If you think you can help or provide a donation please see a member of the Parish Council.

Parish Council

Where's the toilet?

This is the question being asked by many, since fundraising and plans to install fully accessible facilities – as well as a 'kitchenette' area – in St Andrew's Church have been in progress for some considerable time without anything concrete to show for it.

You may remember I took the bold step of making a New Year resolution for 2016 stating that the facilities would be in use by Christmas...*well*, plans are drawn up, permission has been granted by the Diocese, and – with your help -we have raised £25,000 - BUT, when contractors were invited to tender it became clear that we have only half the funds we need to complete the project, hence the Finance and Property committee have been considering how to move forward. So please accept my apologies for raising false hopes!

Fundraising is an obvious suggestion – and is an ongoing challenge simply to keep the church going, without any additions or improvements – but practical help can also make a huge difference. So this time we are **appealing for your help** to get the first steps of the project under way. Do you have time/ physical stamina/ equipment/ expertise you could offer, for example, to:-

- dig a trench from the church boundary wall to bring mains water to the building
- dismantle an internal wall to enable disabled access to the toilet
- take up floorboards so that level access can be created

Meanwhile, we intend to apply for further grant monies, initially from the Landfill Communities Fund. As well as regular church services, baptisms, weddings and funerals we have also organised coffee mornings, concerts, festivals and the like – but the lack of toilet facilities can put people off (indeed, there have been times when nearby neighbours have come to the aid of someone desperate to 'go!') and, whilst we *always* offer refreshments after services and at community events, this currently entails bringing water carriers to the church and a kind volunteer taking away dirty cups/ glasses, etc to be

washed up and returned. *We really do need the kind of facilities expected in any public place in the 21st century!* **Please can you help** by writing a Letter of Support to accompany our grant application? There's no limit to how many we submit, but without them we have little chance of success.

If you are prepared to help or want to know more, please get in touch either by email to watts@snsr.freeseerve.co.uk or drop a note through the door at Odd Corner (near the church). Letters of Support – a simple statement, not too lengthy - may be addressed 'to whom it may concern' and must be received by the end of December.

Unusually, we're not asking for money – but needless to say, we won't turn any donations away!

Sadie Watts

News from your District Councillor - John Matthissen

Council Headquarters – I have yet to see any detailed plans for the move to Endeavour House, Ipswich, but the key issue still under debate is the remaining presence of frontline staff and public access within Mid Suffolk's borders. I am arguing for many frontline services being available in Stowmarket (or Needham) and to the north of the District in Eye.

Recycling – It is disappointing to report that recycling figures are no longer improving and indeed there is some sign that a few people are putting the wrong material into green bins, leading to entire lorry loads being rejected for recycling. The textile recycling scheme has been withdrawn, don't put bags in the green bin any more, so we are encouraged to take textiles to charity shops or designated bins located at Solar, Asda, Tesco and the Household Waste site near the football ground. We are also asked to squash empty plastic bottles and screw the lid back on, as lids otherwise tend to get filtered out during the sorting process along with most material smaller than 4cm. Please do

all you can to continue recycling successfully which does not only help the environment but also saves you money through Council Tax.

Power cuts – Do you need extra support during a power cut? UK Power Networks may be able to help. Their services are free to customers who need them. Being on their Priority Services Register will ensure you receive extra support if you experience a power cut – to check if you would be eligible for this, follow the links on their website www.ukpowernetworks.co.uk , or ring them on 0800 169 9970.

Foodbank – When you are stocking up ahead of the Christmas and New Year celebrations, don't forget the individuals and families who will, in crisis, turn to the foodbank for help. Everyday items like long-life milk and toilet rolls are needed as well as tinned vegetables and meat, coffee and hot chocolate. There are donation points in most local supermarkets and all local churches.

John Matthissen

The Pettiward Hall

“Little Ernie”

The November lottery winners were Ann Squirrell and Jackie Presland who both received £10.25.

Co-op Community Token Scheme

Many thanks to everyone who put tokens in our box in the Co-op store. We have been awarded £200 from the scheme.

Another easy way to raise funds for your village hall is by signing up to support “Great Finborough Village Hall” at www.giveasyoulive.com. When you do your shopping online we benefit by receiving a percentage of what you spend at over 4,000 retailers including Amazon, John Lewis, Tesco, M & S, Debenhams, Next and Boots and it doesn't cost you any extra! Please consider supporting us when you do your Christmas shopping this year.

Calendar

Don't forget to purchase your Great Finborough calendar before they're all gone! They are available from me, at Pre-school or The Chestnut Horse – the perfect gift for family and friends at only £5 each.

Pop-up Tea Room

The Tea Room will be taking a break in December but will pop-up again on Friday, 27 January from 2.30-4pm. Tea, coffee or squash and delicious cake for £2; conversation and companionship for free!

Mary Preece

Hands up! Nail studio in Rattlesden

Classic Manicure: £12 Classic Pedicure: £22

Any question please call 07889448186

handsupmanicure@gmail.co.uk



[instagram.com/handsupmanicure](https://www.instagram.com/handsupmanicure)



Certified nail master with diploma

Men's Breakfast

After hearing an interesting story of one person's experience of serving 30 years in the Royal Navy, we look forward to our next meeting, details below..

Mens Breakfast

Saturday 14 January 2017

Speaker TBA

Trinity Hall, Onehouse
Start 8am, finish by 9.30am

There will be an offering to cover expenses
Please book places with Derek Ames by Wednesday 11 January 2017
Tel 613328, indicating continental or traditional breakfast

Great Finborough & District Garden Club

The winter seems to have arrived at last so the time is limited for any remaining clear up jobs. The reward for all the work during the year is sitting by the fire with a clear conscience browsing the plant and seed catalogues ready for the next season.

Our November meeting was an illustrated talk by Bob Bartrum who is a specialist on everything to do with fuschias. Aside from telling us the best way to grow and propagate them he amazed us with the beautiful results that a little TLC can produce. The next meeting will be our Christmas party, to be held on the 1 December. As always this takes the form of a light-hearted quiz, with nibbles and mulled wine, and not forgetting the now renowned "Pass the parcel". The Buxhall hand bell ringers will also be joining us to both play and provide an accompaniment to our singing. Please ensure that you have returned the December function slip to John so we know how many will be attending. Please note that the venue will be the Main Hall and that it will start at 7.00pm.

In January gardeners hibernate, or go on holiday so as not to waste those valuable hours in the garden later in the year. As a result, the first meeting of 2017 will be on Thursday 9 February at the usual time of 7.30pm in the Pettward Hall when Jo Hammond who is a willow weaver will demonstrate how to use willow structures in the garden. There will also be an opportunity for members to make their own willow decoration for the garden. A coach trip has been arranged to visit the winter garden and view the snowdrops at Anglesey Abbey in February. For further details, and how to sign up, please see the separate notice in the magazine.

Finally, if you are interested in joining the garden club or would like to join us for any event you will be very welcome. Membership is only £15.00 per household per year or £2.50 for a single meeting. For further information, contact either: John Davey or Judith Cameron (see Who's Who)

Judith Cameron

Advertise Free

In order to support new local business initiatives, the Parish Council would like to offer village residents (households receiving a hard copy of the newsletter) 2 months of free advertising within the village newsletter. In order to take up this offer please contact any of your Parish Councillors or the Editor with details of your business and any promotional advertising that you have produced. **Parish Council**

Great Finborough Parish Council Needs You!

We are looking for a new Newsletter editor and volunteers to help out with the speedwatch team.

Want to know more? Contact Peter Turner or Paula Gladwell (see who's who) for more info.

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A Special Note Re Christmas Holy Communion

In response to popular demand for an easier time to celebrate Holy Communion at Christmas there will be a celebration with choir and hymns at 6pm on Christmas Eve at St Mary's Combs – all welcome especially children.

Information updates. Each Sunday we publish a Pew Sheet which usually reaches about 80 people. It is not necessarily just for church information and so if anyone would like to briefly advertise events please e mail combsandfinboroughparishes@aol by the previous Monday evening. The Pew Sheet can also be emailed to folk unable to make church – so please make your request as above.

Around the Parishes

At long last the work has been finished at **St Andrews Gt Finborough** at a cost approaching £130K. Thank you to all who have made this possible and for several kind parishioners who have granted the church personal loans to enable this work to be completed. Others will report on the Kitchen and toilet plans that are being discussed, though there will be no work undertaken until we have been able to pay off our indebtedness.

I was pleased to be part of Finborough Schools **Remembrance service** on the 11 November and of the parade to the mound for the Act of Remembrance. Also, an amazing display of 140 **pottery poppies** was made by the Primary School and shown for the Remembrance service which was attended by the school for the first time. Mr Stephen Dodd, the headteacher, read one of the lessons.

All are welcome to join the **Primary school** at Key Stage I's Nativity in St Mary's Buxhall on Tuesday 20 December at 10am and the rest of the school at their Carol Service at St Andrew's at 2.15 the same day.

Onehouse Church Council continues to pursue the revamping of Trinity Hall and **Buxhall** continues to explore with Historic England,

the Diocese and other interested parties the installation of external doors to the porch in an effort to conserve heating and make the church more useable.

Many people find it **difficult** to attend church on Sundays and so can I remind you once again of the weekday services especially the Holy Communion at Onehouse on Wednesdays at 9.30 which can be followed by coffee in Trinity Hall with the Good Neighbours group.

At **Combs** we are pleased that the roof is now being replaced and the bell fund continues to grow gently together with the congregation. **Little Finborough** seem to have managed to replace a rotten wooden beam without bringing the West gable and bellcote down.

We are also pleased to welcome **Jeremy Lind** to our parishes as an Ordinand (trainee priest) at the request of the Bishop. Jeremy will be working with us until July to broaden his experience of ministry in the Church. He is already being made welcome.

The death of **Mr John Kendall** cannot just be left without comment. The highest attendance ever was recorded at St Marys Buxhall of 397 for his Memorial service. He is missed very much by the parishes of the Gt Finborough Group, especially Gt Finborough itself because of his very significant amount of work there over the past few years, great personal generosity and obvious ability. That was only part of his lifelong faith and service to God and community. What we have lost is insignificant to that felt by Liz and the family as well as his home church of Shelland. Thank you John

From the Rectory December 2016

The people of America have confounded the political classes in electing Donald Trump, just as did the people of the United Kingdom in voting for Brexit. Conventional wisdom says 'Ignore the people at your peril because ultimately they will prevail'



For a political system to be effective it needs to enable all to feel they have a voice. During most of the world's history and for many today, large numbers are not heard. It may be that in America, as here, Donald Trump has triumphed as people voted for him against the political classes rather than *for* his policies – a sort of Proxy election as the Bishop of Willsden said of Brexit. In democracies there are those who pretend to represent a group but quietly label their 'supporters' bigots, racists or keep their own counsel covering all with fine words and trying to work towards an unattainable utopia. But their actions speak louder than their words. They forget the power and perhaps, more importantly, the secrecy of the ballot box.

This is not in any way to pander to racism bigotry or the downright 'I'm alright jack culture' that is abroad in many places – it is simply to acknowledge something of what has happened in two of the world's most developed democracies.

Winston Churchill apparently said that democracy was the least bad of all systems of government and it is certainly better than that which existed in Palestine at the time of Jesus. Herod ruled with duplicity and terror on behalf of the Romans. Herod tried to remove the Christ child as a threat. He didn't prevail because of the skill and diplomacy of others. Ultimately of course no one prevails over the Christ child because Jesus was born offering a great and fundamental truth for us all that we need to live in peace and harmony, looking after each other being kind and generous in our views and dealings. Force, clever words and pandering to base instincts might win power temporarily but it is fleeting. *'Sic transit Gloria mundi'*

You will be very welcome at any of our services or events over Christmas in any of the churches and elsewhere to share in the celebrations of the birth of Jesus who gives us so much.....

Come and show your support for the Prince of Peace!

Wishing you all Happy Christmas

Rev Chris

PARISH REGISTERS

Baptism

We welcome into the family of Christ's church.

At St Andrews, Gt Finborough.

18 September 2016 Stanley James PEMBERTON

At St Marys, Buxhall.

4 September 2016 Stanley RICHARDS



Marriage

We pray for God's blessing on those who embark on life together

At St John the Baptist, Onehouse

22 October 2016 Dale David MANDELL and Helen Muriel MAYES

Funeral

Our love, sympathy and prayers to the families of those who have recently died

At King Charles the Martyr, Shelland & Memorial at St Marys, Buxhall

17 October 2016 John Charles Vicary KENDALL died 9 October 2016 aged 69

At St Andrews, Great Finborough

14 October 2016 Lionel Thomas SMITH died 25 September 2016 aged 93

At St John the Baptist, Onehouse

17 October 2016 Jack Vincent BAILEY died 16 September 2016 aged 94

Coffee Morning and Christmas Raffle at the Chestnut Horse

Tuesday 13 December 9.30-11.30am. Everybody is welcome to our monthly coffee morning with crafts for Christmas including Christmas cards, raffle and coffee or tea and cake all for £1.50 which includes free refills. We also have Helen, our Avon representative, and good company. Any profit this month will go to St Andrews Church.

Our first coffee morning of the new year will be held on the 10 January 2017, same time and place. Everybody is very welcome so come along and tell us how your festive season went.

Irene Bugg



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Christmas Fayre in Aid of EACH

Thank you to all that supported our Christmas Fayre on Sunday 13 November – we raised a wonderful £900 for the (EACH) Treehouse Children's Hospice in memory of our dear grandson George. Special thanks to all that donated, made cakes and jams and of course to all those that helped on the day to make it such a success.

Marion Mason

WILLIAM J CROCKER

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Christmas & New Year Waste & Recycling Collection Schedule 2016/17



MID SUFFOLK DISTRICT COUNCIL



Please ensure your bins are presented by 06:30am on the day of collection.

	Usual Collection	Revised Collection	Change
Refuse	Monday 19 December	Monday 19 December	No change
	Tuesday 20 December	Tuesday 20 December	No change
	Wednesday 21 December	Wednesday 21 December	No change
	Thursday 22 December	Thursday 22 December	No change
	Friday 23 December	Friday 23 December	No change
Recycling	Monday 26 December	Tuesday 27 December	1 day late
	Tuesday 27 December	Wednesday 28 December	1 day late
	Wednesday 28 December	Thursday 29 December	1 day late
	Thursday 29 December	Friday 30 December	1 day late
	Friday 30 December	Saturday 31 December	1 day late
Refuse	Monday 2 January	Tuesday 3 January	1 day late
	Tuesday 3 January	Wednesday 4 January	1 day late
	Wednesday 4 January	Thursday 5 January	1 day late
	Thursday 5 January	Friday 6 January	1 day late
	Friday 6 January	Saturday 7 January	1 day late

There will be no brown bin collections over Christmas and New Year (between 26th December and 6th January)

Please check www.midsuffolk.gov.uk for further details

From Monday 9th January normal waste and recycling collections resume

Waste Helpline: 01449 778678

Mid Suffolk District Council

Waste and Recycling Collection Calendar 2017



December 2016							January 2017							February 2017							March 2017						
Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su
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5	6	7	8	9	10	11	2	3	4	5	6	7	8	6	7	8	9	10	11	12	6	7	8	9	10	11	12
12	13	14	15	16	17	18	9	10	11	12	13	14	15	13	14	15	16	17	18	19	13	14	15	16	17	18	19
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							30	31																			

April 2017							May 2017							June 2017							July 2017						
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24	25	26	27	28	29	30	29	30	31					26	27	28	29	30			24	25	26	27	28	29	30
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August 2017							September 2017							October 2017							November 2017						
Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su
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28	29	30	31				25	26	27	28	29	30		23	24	25	26	27	28	29	27	28	29	30			
														30	31												

- Recycling collected this week
- Rubbish collected this week
- For Christmas and New Year weeks (26th Dec – 7th Jan please refer to the Christmas & New Year schedule)
- Bank Holiday Week - everyone's collection will be a day later. For Christmas and New Year weeks, please refer to the Christmas Schedule.

Waste Helpline:
01449 778678



The Twelve "Thank's" of Christmas.

As 2016 draws to a close its time to say a sincere thanks to all who support St Andrews church in so many ways.....

12 cyclists and recorders who raised funds via the annual SHCT Cycle Ride

11 members of the Parochial Church Council (PCC)

10 people who keep 'their patch' of the churchyard mown and weeded *plus* many others who haven't been spotted yet! We know you've been when we see a tidy, freshly mown area...and you know who you are

9 members (and, from time to time, co-opted experts) who sit on the PCC's Finance and Property Committee

8 teams on the church cleaning rota who each spend a couple of hours twice a year keeping the church clean and tidy

7 keyholders who each open the church on one day a week so that visitors may come in whenever they wish

6 bellringers who ring at any one time on various occasions throughout the year

5 members, plus the Chair, of the church Social committee who have masterminded social/ fundraising events, coffee mornings, etc....

4 people (in fact, there are more, but it wouldn't fit into the pattern of this list!) – most often Rev Chris Childs, our parish priest, and Rev Rachel Cornish, our curate - who lead Sunday services at St Andrew's

3 organists/ pianists who accompany (not all at once!) the congregation and/or choir at various services

2 people (at any one time) who serve refreshments at the end of each church service

And... **one** special mention for anyone not included in the above list who willingly responds when asked to help, being it to arrange flowers for special events, bake cakes, or help quietly in any other way, unseen and unheard, but *not* unnoticed – *thank you!*

ANON

TOM'S GARDEN MAINTENANCE



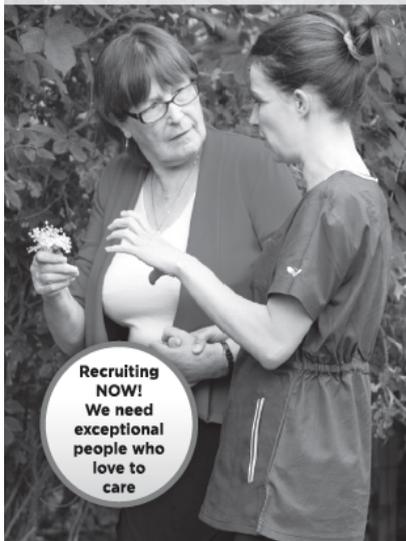
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Replies to Councillor Otton regarding Great Finborough Bus Service

I can confirm that much work has been done by my network bus colleagues on this issue, also correspondence has been sent to Mrs xxx of Great Finborough to explain the situation. It is evident that over the past 3 weeks the 461 has operated to full capacity on Thursdays, and we understand that 4 residents of Great Finborough are seeking our solution to this matter. Unfortunately funding an additional route for a small number of residents would create additional costs to the contract of approximately 29%. More importantly we also fund the Mid Suffolk Connecting Communities service for which bookings to Stowmarket can be made up to two weeks in advance with flexible timings, the return fare for this is £4.00. If customers find access to Connecting Communities financially difficult without use of concessionary passes the operator BSEVC can consider supporting costs through a bursary. Further information on this can be provided by the service Manager David Finn manager@bsevc.co.uk / Tel: 07840 412354

Sue Davey, Connecting Communities Transport Manager

We do have capacity for runs to and from Great Finborough, the connecting communities service operates a number of journeys to and from this area at present, for Great Finborough residents.

We also have a community car service, which residents may find cheaper if they are willing to share a journey with others. This is where volunteer drivers use their own vehicles to move people from a to b. Charges are 45p per mile + VAT (54p) plus a £1 booking fee plus VAT (£1.20) for each single journey. Great Finborough to Stowmarket and Return would be around £8, which between 4 people is £2 each.

Please do pass on our details to passengers, booking office is 01449 614271, and ask them to call us to discuss their needs and the options available. We also have a larger vehicle that could be available if there were a larger number of people that wanted a regular day/time, we could offer this at around £3 per return journey for up to 15 passengers. I would be more than happy to meet potential passengers to discuss options, we are very keen to enable as many people as possible to travel

David Finn, BSEVC

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BUXHALL AND GT FINBOROUGH OVER 60'S CANDLESTICK CLUB

Our November meeting was very amusing with Karen Kenny from radio Suffolk telling us all about various weeds in the garden. Certain weeds are good to eat and make potions with and as she said, a weed is a normal plant but in the wrong place.

Our next meeting is the final get together of 2016. It is our Christmas lunch at Buxhall Village Hall on Thursday 8 December, 12 for 12.30pm. Don't forget to parcel up a gift for man or lady, price up to about £2 and something to remember 2016 by. These will be my last notes for a while so have a happy Christmas and a healthy New Year. New members, come and join us in 2017, our first meeting will be 6 April.

Keith Proctor

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Trip to Anglesey Abbey

Anglesey Abbey is a wonderful garden and it is famous for beautiful swaths of snowdrops and stunning shining silver birch woodland walks in the late winter.

The Garden Club is taking a coach to Anglesey Abbey on Thursday 16 February. The trip will first be available to Garden Club members but I don't think we will fill the coach so from 1 Jan the trip will be open to non-members. We will be leaving from the village car park at 9.30am and return there at 4.30pm. The cost is £6 and payment/cheques need to be dropped off at 1 Pettward Close from 1 Jan with the form below to secure your ticket. Cheques made payable to Great Finborough Garden Club. Entrance to the National Trust will be made individually on arrival and it's £7.95 for an adult for the Garden and Lode Mill, have a look at their web site for other admission info. Please join us.

Trip to Anglesey Abbey 16th Feb with Great Finborough Garden Club

I understand that seats will be allocated on a first come first served basis.

I would like ...(number) of seats.

Name 1

Name 2

Name 3

Name 4

Cheque made out to Great Finborough Garden Club/cash enclosed £

Signed..... Date

Contact Number

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Buxhall WI

Paul Seymour from Tools With a Mission came to our October meeting to talk to us about the charities purpose - to provide support for some of the poorest communities across the world 'by giving them a hand up, not a hand out'. They collect unwanted tools, refurbish them, sort them into trade kits and send them across the world to support local people supporting their own communities through livelihood creating projects. They believe there is dignity through work and the ability to provide for yourself and your family, and that entire communities can be transformed through training and the provision of tool kits and equipment. The most popular items requested by the communities are sewing machines and computers, although the charity also supplies toolkits for blacksmiths, builders, carpenters, electricians, plumbers, mechanics and several other trades. Paul's illuminating presentation inspired several members to inspect the contents of lofts, sheds and garages, and we are hoping to send items to the Ipswich headquarters. Further details for anybody else wishing to donate tools are available on the charity website www.twam.uk

Our next meeting will be the Christmas party on 14 December. We meet on the third Wednesday of each month. 7.30pm at Buxhall Village Hall. New members and visitors welcome.

Jane Dolan

Christmas Jumper Day

Did you know that Friday 16 December is Christmas Jumper Day? Why not dust off last years or purchase a brand new one and wear them to the Christmas Carol Singalong in the Chestnut Horse starting at 5pm. All welcome, the more colourful the better!

Santa

Recognising the Signs and Symptoms of a Heart Attack

Most people believe that if you are having a heart attack you will experience pain in your chest. However, not everyone does and there are many other warning signs to look out for.

A heart attack is when your heart is starved of oxygen, causing damage to your heart muscle. Please call 999 without delay if you believe you or someone else is experiencing a heart attack.

Signs and symptoms vary from one person to another, below are the most common signs and symptoms:

- Chest Pain – your chest may feel tight or heavy. You may experience pain or a burning feeling in your chest. Not everyone experiences chest pain.
- You may have pain which radiates down your arms, neck, jaw, stomach or back.
- You may only experience pain in one of these places. This pain or tightness may be severe, or may just feel a bit uncomfortable.
- Shortness of breath and sweating – often to touch the person feels cold and clammy.
- Feeling light headed, you may experience nausea or vomiting
- Some people may have a feeling of indigestion or reflux.
- Generally feeling unwell or lethargic can be an indication of a heart attack when accompanied by chest pain or discomfort.

Having a heart attack is a frightening experience, however after a heart attack many people make a full recovery within a few months, but some people find they can't do as much as they could previously. This is due to damage to your heart muscle, so act quickly and call 999, as the sooner you receive treatment you will prevent further damage to your heart muscle.

If you would like to know more, please visit the British Heart website www.bhf.org.uk

Maggie Fisher, My Care at Home

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Wild Bird Seed

The next order will be placed on 9 December and will be available for collection from Abbey Farm Cottage, Buxhall Rd, Great Finborough on 13 December

If you would like to place an order please let me have your requirements together with a cheque to "Great Finborough Garden Club", it is also essential that I have your telephone number so that you can be advised when the seed is ready for collection.

Orders may be posted to or dropped off at Abbey Farm Cottage (IP14 3AU), or if it's more convenient dropped off at either 1, Valley Lane, Gt. Finborough or 8, High Rd and must be received by 7 December.

Product	Weight	Price	
Wild Bird Mix	20 kg	£9-50	
W.B.M. Premium	20kg	£11-50	
W.B.M No Wheat	20kg	£13-50	
W.B.M NEW High Energy	12.75 kg	£12-00	
W.B.M. No Mess	15kg	£14-50	
W.B.M Robin & Songbird	12.75 kg	£13-00	
Finch Mix	20 kg	£11-50	
Mixed Corn	20 kg	£8-00	
SUPER Poultry Mix	20kg	£9-00	
Peanuts (superior quality)	25 kg	£33-00	
Peanuts (half sack)	12.5 kg approx	£17-50	
Black Sunflower Seed	15 kg	£11-50	
Sunflower Kernels	20 kg	£22-50	
Sunflower Kernels	10kg approx	£12-00	
Niger Seed	20kg	£26-00	
Niger Seed	10kg approx	£13-50	
Fat Balls (any quantity)	Price each	11p	

Please Note. The next seed order will be placed in February.

John Davey

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CHURCH SERVICES IN THE BENEFICE FOR DECEMBER 2016

Friday 2 December

Crib Festival Opening

Combs

6pm

Sunday 4 December

Holy Communion

Second Sunday of Advent

Little Finborough

9am

Sung Eucharist

Buxhall

9.30am

Matins

Harleston

9.30am

Matins

Shelland

9.30am

Holy Communion

Great Finborough

11am

Worship and Messy Church

Combs

11am

Christingle

Onehouse

3pm

Sunday 11 December

Third Sunday of Advent

Holy Communion

Harleston

9.30am

Holy Communion

Shelland

9.30am

Holy Communion

Combs

11am

Holy Communion

Onehouse

11am

Evensong

Little Finborough

3pm

Christingle

Great Finborough

4pm

Village Carols

Buxhall

4.30pm

Saturday 17 December

Carol Service, Salvation Army

Onehouse Community Room

5pm

Sunday 18 December

Fourth Sunday of Advent

Holy Communion

Little Finborough

9am

Holy Communion

Harleston

9.30am

Family Communion

Combs

11am

Morning Worship

Great Finborough

11am

Carol Service with Trinity School

Combs

3pm

Carols by Candlelight

Shelland

3.30pm

Nine Lessons and Carols

Buxhall

6.30pm

Tuesday 20 December

Carols by Candlelight

Little Finborough

7pm

Saturday 24 December

Christmas Eve

Crib Service with Carols

Buxhall

3pm

Crib Service with Carols

Combs

3pm

Crib Service with Carols

Onehouse

3pm

Crib Service with Carols

Great Finborough

4pm

Carol Service

Harleston

4pm

First Communion of Christmas

Combs

6pm

Midnight Holy Communion

Great Finborough

11.30pm

Sunday 25 December

Christmas Day

Holy Communion

Little Finborough

9am

Holy Communion	Shelland	9.30am
Family Communion	Buxhall	10.30am
Family Communion	Onehouse	10.30am
Family Service	Combs	11am

CHURCH SERVICES IN THE BENEFICE FOR JANUARY 2017

Sunday 1 January	Naming & Circumcision of Jesus	
Holy Communion	Little Finborough	9am
Sung Eucharist	Buxhall	9.30am
Worship and Messy Church	Combs	11am
Holy Communion	Onehouse	11am
Sunday 8 January	Epiphany	
Holy Communion	Shelland	9.30am
Matins	Harleston	9.30am
Holy Communion	Combs	11am
Holy Communion	Great Finborough	11am
Plough Sunday	Buxhall	11am
Evensong	Little Finborough	3pm
Sunday 15 January	Second Sunday of Epiphany	
Holy Communion	Little Finborough	9am
Holy Communion	Harleston	9.30am
Matins	Shelland	9.30am
Family Communion	Combs	11am
Holy Communion	Great Finborough	11am
Holy Communion	Onehouse	11am
Sunday 22 January	Third Sunday of Epiphany	
Holy Communion	Buxhall	9.30am
Holy Communion	Combs	11am
Holy Communion	Onehouse	11am
Morning Worship	Great Finborough	11am
Evensong	Little Finborough	3pm
Sunday 29 January	Candlemas	
Benefice and Patronal Holy Communion	Shelland	9.30am
Benefice Holy Communion	Little Finborough	11am

We meet for

Morning Prayer 10.00 am on Saturdays at St. Mary's Combs (Lady Chapel)

Holy Communion 9.30 am Wednesdays at St. John the Baptist, Onehouse

Midday Prayer 12.00 noon on Tuesday at St. Mary's Buxhall

Evening Prayer 4.30 pm on Thursdays at St Andrew's, Great Finborough

WHO'S WHO IN GREAT FINBOROUGH

Chair, Parish Council	Peter Turner	674407
Clerk, Parish Council	Paula Gladwell finboroughparishclerk@gmail.com	01284 828112
District Councillor	John Matthissen councillor@matthissen.net	771742
County Councillor	Penny Otton penny.otton@councillors.suffolkcc.gov.uk	737870
Newsletter Editor	Simon Tarabella simon.tarabella@great-finborough.suffolk.gov.uk	672072
Priest in Charge	Rev. Chris Childs <i>Combs Rectory, 135 Poplar Hill, IP14 2AY</i> revcchilds@aol.com	673280
Curate	Rev. Rachel Cornish <i>The Rectory, Onehouse, IP14 3HL</i> rev.rachelcornish@gmail.com	257622
Chair of the F&P Committee	Tim Hines	775525
Church Warden	Nigel Brown	675344
Church Warden	Paul Goodchild	401185
Pettiward Hall Management Committee	Mary Preece mary.preece1@btinternet.com	771360
Lettings/Keyholder	Delia Prior deila.prior@btinternet.com	07513 140072
Great Finborough & Buxhall Under 5s	Gail Jarrett	674538
Great Finborough & Buxhall Brownies	Mary Smyth	672533
Allotments Association	Keith Proctor	736598
Candlestick Club	Judith Cameron judyandian@btinternet.com	672978
Great Finborough & District Garden Club	Jane Dolan	736160
Buxhall Women's Institute	John Davey john@abbeyclassics.co.uk	674401
Neighbourhood Watch Co-ordinator	Nigel & Jeannette Edwards	612274
Chaplin's Newsagent		612298
The Chestnut Horse	Stephen Dodd	613208
Head teacher, Great Finborough	headteacher@greatfinborough.suffolk.sch.uk	
Primary School	PCSO Ryan Brunning	101
Police (Elmswell)		613541
Stowmarket High School		776000
Stowmarket Health Centre		678333
Combs Ford Surgery		613143
Stowmarket Library		
Village website: www.greatfinborough.onesuffolk.net		
Church website http://www.standrewsgtfinborough.co.uk/		
Primary School website: www.greatfinborough.suffolk.sch.uk		