

GREAT FINBOROUGH NEWSLETTER



**May 2020
ISSUE 508**

STAY HOME, PROTECT THE NHS, SAVE LIVES



The Newsletter is produced by Great Finborough Parish Council, printed by Gipping Press, and distributed to all households in the village free of charge. Claims made have not been verified. For these the newsletter disclaims responsibility.

Editorial

Well, what a difference a month makes! As I write this we have just completed our first 3 weeks of "lockdown" and another 3 weeks have just been announced. That will take us into the first week of May and another Bank Holiday weekend which will be very different to what we would normally expect. It is very satisfying to see that everybody in the village has bought into the "Stay at Home, Protect the NHS, Save Lives" ethos. We are lucky to have a lovely village and surrounding countryside to take our exercise in and it is good to see people practicing social distancing and respecting fellow village residents.

The village, as always, has responded well to appeals for help and many of you have become NHS volunteer responders. A big thank you to Sharon, Rob and family who have started the "pop up" village shop in the Chestnut Horse providing all your basic food necessities as well as some lovely fresh vegetable, meat and the occasional pint of Victoria. Also, thank you to Stephanie Rose and her band of Facebook helpers who have already done so much to help those unable to get out for whatever reason and the vulnerable. I know there is also a large number of you looking out for your neighbours and friends by cooking meals, shopping and just checking up on them. If anybody needs any help or knows of anybody who needs help please don't hesitate to contact any of the people whose telephone numbers are in this newsletter or myself and any member of the Parish Council and we will all do our best to provide whatever help we can.

It is also great to hear everybody in the village showing their appreciation of HNS staff and key worker on Thursday nights at 8pm. We have many NHS staff and key workers in the village and they are all doing a wonderful job under difficult circumstances, thank you.

The 15 May is the deadline for inclusion in the June issue of the Newsletter, so please contact Simon Tarabella or Peter Turner if you have any articles to include.

Simon Tarabella

Great Finborough Parish Council

Due to the ongoing Covid 19 pandemic all Parish Council meetings have been cancelled until government guidance changes. If any urgent business emerges such as planning applications then plans are in place to hold a meeting via a remote platform to discuss and agree a decision or response.

The decision to produce and distribute a hard copy of the May newsletter was taken by the PC as it was felt that this was a good way to ensure that all residents had access to the names and telephone numbers of those willing to supply help and support.

Several emails have been received from people who are enjoying the footpath map that the PC produced. Now is an ideal time, during your daily exercise slot, to explore our lovely footpaths and countryside. Please follow the countryside code and stick to the footpaths. Our farmers and businesses who own the land work hard at maintaining these paths. Please respect them by not wandering amongst crops or walking up and down fairways on the golf course unless it is a recognised footpath. Similarly, the countryside code recommends that you keep your dogs on a lead between March and July to protect nesting birds and certainly always around farm animals or horses. Our local celebrity donkey, Denzil, had to be rescued the other day after a gate was left open on the paddock footpath, please be responsible.

For anybody out there who needs help or support please see the article Home, But Not Alone which follows. Also, please see the article on Great Finborough Help and Support Facebook page or contact Simon Tarabella on 01449 672072 or any member of the Parish Council.

The date of the annual village meeting cannot be determined at present but as soon as it can be arranged it will be posted on the village website and notice board. Please remember, Stay at Home, Protect the NHS, Save Lives.

Stay Safe

Parish Council

Great Finborough Help & Support Facebook Page

If you wish to offer help and support to village residents please go to <https://www.facebook.com/groups/495083728039744/?ref=share>

You can also ask for help and support there or ring Steph direct on the number below.

Steph Rose 07966964727 stephrose@hotmail.co.uk

The Chestnut Horse

With the current situation and abiding by Government guidance Sharon and Robert have, with regret, had to close the pub until further notice.

They are now running a community "pop-up" village shop which is open from 12 – 2pm on Tuesdays through to Saturdays inclusive. All social distancing rules are being adhered to with a strict one person in the shop at any one-time policy. Items stocked include all basic necessities such as bread, milk, fresh vegetables, eggs and much, much more. They also supply bacon, ham and sausages from M&M butchers in Stowupland and if anyone has any specific meat requirements they can organise that with their supplier.

You can place orders over the phone or via the pubs Facebook messaging service and a local delivery service is available within the village for those that are self-isolating. We hope to see you very soon.

Sharon and Rob

The Home, But Not Alone Phonenumber:

- Freephone: **0800 876 6926**
- Staffed 9am to 5pm everyday
- It is designed to help the most vulnerable in our communities
- Last week the phonenumber had approximately 1,300 calls
- The majority of calls are in relation to food deliveries and general enquiries

Below is just a snapshot of the great work going on as Suffolk comes together to respond to the Covid-19 outbreak:

- An elderly couple, both with severe medical conditions, contacted the phonenumber when their neighbours, who usually provide support, needed to self-isolate. They had enough food for 3 days, but needed immediate help with medication. Following a conversation with their GP, a replacement prescription was organised for the next day, plus it was arranged that their medicine would be delivered from now on. The parish council were able to contact a group of volunteers and within one hour a volunteer had been in touch with the couple to collect a shopping list. This arrangement will stand until they no longer need help. The couple said they were very happy with this outcome and grateful for the support of the phonenumber.
- The phonenumber number was passed to a woman in her 80s by her GP. She had recently been discharged from the hospital and lives alone. She needed urgent help with her medical needs and was feeling very isolated and lonely. Her details were passed to Good Sam, an NHS volunteering hub, who within 2 hours had phoned the woman and sorted her medical need and arranged a weekly call. The woman was grateful for having 'one less thing to worry about. I'm very impressed with how quickly it was done.'

- A referral was made by a couple's son who lives out of the area. His elderly parents, both in their 80s, were unable to access shopping or prescriptions, but were both independent and content to make arrangements for themselves. A list of contact details for help and support in their local neighbourhood was shared with the son so they can plan for prescription deliveries and other supplies when required.

Phone calls are answered and cases managed by staff at each district, borough or county council depending on the type of enquiry. Wherever possible we link people in need with local groups and businesses, who are doing an amazing job in our communities. This phonenumber is for vulnerable people in our communities, and not for general Coronavirus enquiries.

Mental Health: A new 24/7 helpline offering immediate support for mental health difficulties during the coronavirus pandemic has been set up by the Norfolk and Suffolk Foundation Trust. The freephone service, called First Response, launched yesterday (Wednesday 15 April). It is available on **0808 196 3494**.



Great Finborough & District Garden Club

The garden club has little to report this month as our meetings have been cancelled for the foreseeable future. Looking on the bright side, the weather has been glorious and all the gardens that I have seen on my limited trips through the village, are beautiful and well-tended. The daffodils have done very well this year and been a cheery sight when much else seems worrisome. They say that gardeners are never satisfied, but a little rain would now be welcome! However, do not forget that a late frost is still possible so remember to protect those vulnerable new plantings.

Our planned programme is on hold until we receive further direction from the government, but members will be informed as soon as possible when meetings and social gatherings can be restarted. Please bear in mind that if meetings are permitted by September, that will be the AGM and we are always looking for volunteers to join the committee.

Finally, if you are interested in joining the garden club or would like to join us for any event you will be very welcome. Membership is only £15.00 per household per year, due in September. For further information contact: Judith Cameron judyandian@btinternet.com on 672978.

Judith Cameron

Suspension of Church services

Some of you will have read but if not, I now confirm that all Church Services (including Messy Church) are suspended until further notice by Order of The Archbishops'.

Rev Chris



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The Pettiward Hall

"Little Ernie"

The winners in the April draw were Chris Aldous and Sue Yeates. They each received £8.25.

We would like to thank all those who have purchased tickets for the 2020-21 lottery. The sum of £198 raised is very welcome especially now that the hall's income from lettings is significantly reduced. Just £10 will buy you a ticket for the remaining ten months from June-March. Please contact me and I will get a form to you.

Annual General Meeting

The AGM scheduled for 30 March had to be postponed due to the Government restrictions on gatherings. A new date will be announced at some point but in the meantime the current trustees will continue in their roles.

Mary Preece

FINBOROUGH COMMUNITY CINEMA

Owing to the current Public Health emergency it has been decided to cancel all future screenings until further notice.

We will be back to monthly screenings as soon as possible.

If anyone would like to borrow the DVD of the film which was due to be screened in April 'Knives Out' please contact **Norman** on **07930 338580**.

News from your District Councillor - John Matthissen

Community support

A huge thankyou to those who are co-ordinating the generous help being provided to those needing it, whether through infirmity, illness, self-isolation, or any other reason. This seems to be in place and working across all 6 villages, but please let me know at once of any gaps or problems. There are grants available where needed to support this work. The backup is available via the county-wide freephone line, available 7 days a week 9am-5pm on 0800 876 6926.

I have been active in pressing for Council support for the Stowmarket Food Bank, and Citizens Advice, both of which are coming under huge additional pressure.

Health advice for all <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Money

Councils' General Advice on money

<https://www.babergh.gov.uk/benefits/coronavirus-money-and-benefits-advice/>

Council Tax Reduction if your income is reduced

Waste service

Staff absence has hit hard, and brown bin collections have been suspended, with fees paid also being rolled forward. Please try to compost or store garden waste for the present, and don't resort to bonfires. Currently the black bin and green bin services are continuing, and please note that collections will be a day late for the week after Easter.

Economy

The District Council is delivering the various Government financial measures to sustain local businesses, and all recipients of partial or

100% relief from Business Rates should have been contacted about this. I think we know that this has inevitably left many gaps, but do contact the Council to find what help is available. See <https://www.babergh.gov.uk/features/our-covid-19-response/businesses/>

Anything else

The website is being very actively updated so that is a good place to look for other information

<https://www.babergh.gov.uk/features/our-covid-19-response/> and give me a call if not.

Above all, stay safe

John Matthissen

Onehouse Ward – Green Party

01449 258894

07976 308128

WHY NOT CUT OUT, FILL IN AND POP THROUGH YOUR NEIGHBOURS DOOR

HELLO! If you are self-isolating, I can help.

My name is

I live locally at

My phone number is

If you are self-isolating due to COVID-19 I can help with:

<input type="checkbox"/> Picking up shopping	<input type="checkbox"/> Posting mail
<input type="checkbox"/> A friendly phone call	<input type="checkbox"/> Urgent supplies

Just call or text me and I'll do my best to help you (for free!)

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep.

#ViralKindness



CHESTNUT HORSE



Sharon & Robert apologise that during this uncertain period and due to Government guidance the Chestnut Horse is closed as a public House but we will endeavour to provide a community service to village residents

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*Orders taken and local deliveries provided to the
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For any special dietary needs
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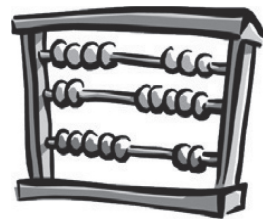
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May 2020 from the Rectory



One of the 'Foundational Texts' for my Christian faith is from the book of the prophet Micah

'He has showed you O man what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God' Ch 6 v 8.

Last month I wrote that perhaps this present pandemic might cause us to have a greater regard for our neighbour and that certainly seems to have been the case. In some places there are those actively seeking others to whom they might give support. Nearly all our villages have been 'leafleted' with information and most of the town. Those kind volunteers do not do it for the thanks they receive – but nevertheless can I thank them on your behalf?

And this support extends to our national life as well. There has been an enormous outpouring of praise for our NHS and all those who 'enable' society to continue, from delivery drivers to teachers, to food shop workers and carers. We know who we are really dependent on.

Our government has put in place extensive supportive measures to try to maintain businesses with the same employees so that when this emergency is over start-ups can occur swiftly and income levels be maintained. Substantial sums of money have been written off for the NHS and a great deal rightly spent to bolster its capacity. Obviously, there are issues – and it is good the government are held to account for their actions.

But let's remember that when this is over there will be much to rebuild; some charities and churches which have taken on some of the 'social

care' work in recent years will be very hard pressed to continue. National and local taxes will have to rise. Perhaps some national infrastructure projects and our own local ideas will have to 'bite the dust'? We will have to pay and we will need to play our part in rebuilding....

Then will come the time for all who have shown wonderful 'social and community conscience' let alone those with overt Christian faith, to say yes, we are prepared to do the difficult thing – we are prepared to make some sacrifice in our own lives – by paying more into national and local funds and work for that better community.

I echo those words written thousands of years ago by the prophet Micah and pray that we may all do justice and have mercy towards all people and put aside that sense of entitlement and selfishness that is not the hallmark of someone who walks 'Humbly with their God' or indeed has a social conscience.

We are living in a time of great change – forced upon us. Our predecessors rose to the challenge, let's hope and pray that we may all come out of this a stronger and kindlier society, prepared to do what is right from our own income and skill for the benefit of all in this world and recognise those who do Gods work. It's a challenge – not for *others* but for each of us. May God bless us all - until we meet again

Rev Chris

The Church of England website has extensive resources specially written at this time of pandemic. Many people are suffering from isolation and fear. Please be in touch with Pauline or me. We may be able to point you in the right direction or help ourselves. Our Bishops' and clergy are manning a 24-hour helpline for NHS Staff and of course we are here too for **you all**.

You will know that our churches are closed and we are aware of the distress this is causing to several people from the wider community,

especially those who have just lost loved ones. Pauline, Alison and I are here ready to talk to any of you by phone and so I am sure are other members of the Ministry Team. Christians are called to think of others before themselves and although this is tough the danger of re-opening is too great at this stage. At a national level I know that the 46 Diocesan Bishops are holding very regular Zoom Meetings with each other and this is a 'hot topic'. I hope that by the time you receive this there will have been some relaxation to the present regulations and in the meantime as you all know we are continuing with support as above, through the weekly pew sheet and addresses accessible from the parish websites and www.achurchnearyou.com/. Thank you especially to Lisa Hicks, Andy Little, Maggie Vincent and Suzannah Spurgeon for their supportive work.

Chris and Pauline

Great Finborough

It has been said before "what a wonderful village we live in". People have been so kind with their offers of help, especially those of you that have and are doing our weekly shop for us. Also, for the splendid help from Sharon and Rob at the pub and anyone else that are helping in this crisis. It is when you are prevented from going out – in this instance – that we feel our age and can't thank you all enough. Only wish we were young enough to join the lovely band of helpers.

Take care and stay safe.

Sheena and Syd

Non-members wild birdseed orders.

The next order will be placed on the **10 June**. Bird seed collection or delivery will depend on the Covid 19 restrictions at the time and will be completed on or by 19 June. If you would like to place an order please let me have your requirements together with a cheque made payable to "Great Finborough Garden Club", or **by BAC's** "Gt Finborough Garden Club", sort 09-01-54, account no 20213287 please reference your name followed by B/S. Orders may be posted to or dropped off at The Little House, High Road, Gt Finborough, IP14 3AA, or if it's more convenient dropped off at 1 Valley Lane, Gt Finborough.

Name

Tel No

Product	Weight	Price	Quantity Cost
Wild Bird Mix	20 kg	£10-50	
W.B.M. Premium	20kg	£12.00	
W.B.M No Wheat	20kg	£14-50	
W.B.M NEW High Energy	12.75 kg	£12-50	
W.B.M. No Mess	12.75 kg	£13.00	
W.B.M Robin & Songbird	12.75 kg	£13-00	
Finch Mix	20 kg	£12.00	
Mixed Corn	20 kg	£8-50	
SUPER Poultry Mix	20kg	£9-50	
Peanuts (superior)	25 kg	£33-00	
Peanuts (half sack)	12.5kg approx	£17-50	
Black Sunflower Seed	12.55 kg	£10-50	
Sunflower Kernels	20 kg	£22-00	
Sunflower Kernels	10kg approx.	£12-00	
Nyjer Seed	25kg	£27-00	
Nyjer Seed	12.5kg approx	£14.50	
Suet Pellets	12.75kgs	£17-00	
FatBalls(any quantity)	Price each	10p	
Suet Balls (Superior)	Price each	13p	
		Total	

Orders not collected on the day will require customer to make special arrangements to collect. The next seed order will be August 2020. Thank you, **Peter Turner** 07789727974, p.turner125@btinternet.com

KH

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BUXHALL WI



Although all our meetings and events are cancelled until further notice, members continue to keep in touch by post, phone and the internet.

An idea introduced by Gill, to email a photo or two during each week of past WI outings and events to rekindle happy memories, has quickly gathered momentum to become an almost daily occurrence. Such emails now include personal updates from members, offers of help and local news items of interest such as this one received from on Glynis on 7th April.

*"Swallow this morning waiting for me to finish my chores in the stable.
We have them nesting in the stable every year"*

Other members are using their time and talents to make crafted items such as headbands for the nurses so that it makes a mask more comfortable to wear, for use in various health and care centres including Intensive Care Units,

All WI members send their best wishes to all readers of the Great Finborough Newsletter during this period of isolation and encourage everyone to continue to '***Stay in, Stay safe and Stay well***'.

Hilary (737671)

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A Poem for Today

Our lovely...

My favourite room
Above all else
Is a recent addition
To our house

It looks to the west
And is simply the best
For viewing the stunning, setting sun
When the day is well and truly done

It's a beautifully uplifting place
It's airy and it's bright
I'm currently using it as my artist's studio
It's ideal with all its fabulous light

We sink down into our sofa
Its off-white upholstery's a calming hue
We lean back against the red rose cushions
And wish we had nothing to do

We often entertain our guests in here
And look out across the field
This is when a pigeon will drop
A loud and embarrassing plop
From the lofty TV aerial
Where it's partially concealed

I'm so glad we've got you beloved conservatory
You replaced our pastel-paved patio
For now, even in the winter
I've got somewhere especially welcoming to

Sarah

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WHO'S WHO IN GREAT FINBOROUGH

Chair, Parish Council	Simon Tarabella simon.tarabella@great-finborough.suffolk.gov.uk	672072
Clerk, Parish Council	Paula Gladwell finboroughparishclerk@gmail.com	01284 828112
District Councillor	John Matthissen councillor@matthissen.net	258894
County Councillor	Penny Otton penny.otton@councillors.suffolkcc.gov.uk	737870
Newsletter Editor	Simon Tarabella simon.tarabella@great-finborough.suffolk.gov.uk	672072
Vicar	Rev. Chris Childs <i>Combs Rectory, 135 Poplar Hill, IP14 2AY</i> revcchilds@aol.com	673280
Associate Priest	Rev Canon Pauline Higham <i>The Rectory, Onehouse, IP14 2AY</i>	771791
Church Warden	Tim Hines	775525
Church Warden	Nigel Brown	675344
Pettward Hall Management Committee	Mary Preece	771360
Lettings/Keyholder	mary.preece1@btinternet.com	
Great Finborough & Buxhall Under 5s	Delia Prior delia@gfbunderfive.co.uk	07513 140072
Great Finborough & Buxhall Brownies	halo.durrant@gmail.com	
Allotments Association	Mary Smyth	672533
Candlestick Club	Keith Proctor	736598
Great Finborough & District Garden Club	Judith Cameron judyandian@btinternet.com	672978
Chestnut Horse Pub	Sharon Shipp	674688
Great Finborough Community Cinema	Norman Vendittelli	07930 338580
Buxhall Women's Institute	Hilary Hall hilary-hall@hotmail.co.uk	
Head teacher, Great Finborough	Stephen Dodd	613208
Primary School	headteacher@greatfinborough.suffolk.sch.uk	
Police (Stowmarket SNT)	Stowmarket.snt@suffolk.pnn.police.uk	101
Stowmarket High School		613541
Stowmarket Health Centre		776000
Combs Ford Surgery		678333
Stowmarket Library		613143
Village website: www.greatfinborough.onesuffolk.net		
Church website http://www.standrewsgtfinborough.co.uk/		
Primary School website: www.greatfinborough.suffolk.sch.uk		

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THE NHS**



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**ANYONE CAN GET IT
ANYONE CAN SPREAD IT**

STAY HOME > PROTECT THE NHS > SAVE LIVES

NHS

**IF YOU GO OUT,
YOU CAN SPREAD IT.
PEOPLE WILL DIE.**

STAY HOME > PROTECT THE NHS > SAVE LIVES