

GREAT FINBOROUGH NEWSLETTER



**June 2023
ISSUE 539**

VILLAGE DIARY

June 2023

8	7.30pm	Garden Club, Pettiward Hall
12	7.30pm	Parish Council, Pettiward Hall
15	8pm	Quiz Night, Chestnut Horse
25	12.30pm	Open Gardens

July 2023

8	7.30pm	Garden Club, Pettiward Hall
12	7.30pm	Parish Council, Pettiward Hall
20	8pm	Quiz Night, Chestnut Horse
25	12.30pm	Open Gardens

Every Wednesday, Warm Space / "Meet up Wednesday"
12 – 2pm, at the Chestnut Horse Pub

Mobile Library service Fridays 4.10pm – 4.30pm Oak Close

2 June, 30 June, 28 July, 25 August,
22 September, 20 October, 17 November, 15 December

PARISH COUNCIL MEETINGS 2023

12 June at 7.30pm, Pettiward Hall

The Newsletter is produced by Great Finborough Parish Council, printed by Gipping Press, and distributed to all households in the village free of charge. Claims made have not been verified. For these the newsletter disclaims responsibility.

Editorial

Welcome to the June newsletter. For my first duty as editor I would like to say a huge thank you on behalf of all the village to Simon Tarabella and Peter Turner who have edited the newsletter for a number of years as well as undertaking all the other duties associated with their roles as parish councillors. They have now decided it is time to take a step back and allow others to take over the challenges involved in ensuring our village remains a place we are all proud to live. Their experience and impartial guidance will be missed on the parish council. Hopefully, they will now enjoy a much deserved rest. Both the newly elected council and I as editor have some big boots to fill and I hope you will bear with me as I get to grips with the challenges involved in producing this publication.

Parish Council elections took place on 4 May and despite efforts by the outgoing committee to encourage nominations there remain two vacancies. If you are interested in becoming a councillor and being involved in helping to keep our village such a special community please contact the village clerk for more information.

Recently, as a village we celebrated the coronation with a village lunch followed by a day of volunteering. A big thank you from me to all involved in the events over the weekend, it was lovely to see so many new faces taking part in village events. I still have a few commemorative mugs available, if you have a child living in the village who did not attend the lunch but would like a mug please get in touch, I will issue them on a first come basis. Adults can obtain one by donating £5 which will go towards our charity fundraising.

The summer will see more opportunities to be involved in village activities with Open Gardens, High Road Festival and more, see inside for details of local events coming up in the next month.

If you have stories to tell or news for the village, June 12 is the deadline for inclusion in the July edition of the Newsletter. Please contact me for further details.

Tracy Barnett

A Big Coronation Thank You

What a fantastic weekend! From breakfast in the Chestnut Horse on Saturday morning, the village Coronation lunch in the car park on Sunday through to the barbeque on the playing fields after the "Big Help Out" on Monday afternoon. So many people came forward to help and enjoy a true village event.

Firstly, thank you to Tracy and Bex who took on the organising of the 'Big Lunch' on Sunday. I think we can all agree it was a really fun day with lots of village residents taking part. A special thank you to Delia and Zoe for all the children's games and activities and to Heidi Prior for making many of the crocheted dogs. Thanks also to the very kind person who supplied the commemorative mugs for the children and to the gents who did a sterling job on the barbie. Thanks also to everyone who ran the games and raffles and obviously to everyone who helped set up and take down the gazebos, tables and chairs. A good amount of money was raised and the amount donated to charity will be reported next month after costs have been deducted.

Thank you to Sharon and Rob who hosted the Coronation Day event in the Chestnut horse on Saturday, I can testify that the breakfast was worthy of a King's Coronation! The "Right Royal Quiz" in the afternoon was great fun and modesty precludes me from divulging the winning team. Needless to say, I had very little input but very well done to Abbi, Jim and Judy who did all the hard work!

Monday saw lots of people come out to help at St Andrews Church and Woodpecker Hill Wood. After a good deal of work had been carried out at both sites volunteers were rewarded with a community barbeque in the playing fields. Once again, thanks to all who turned out to help organise working parties, set up, run and cleared up the barbie.

Conclusion – Thanks to all for making it such a successful weekend.

Simon Tarabella
Outgoing Parish Councillor

Great Finborough Parish Council

The delayed April Parish Council meeting was held on the 17 April in Pettiward Hall and minutes from this meeting can be found on the Council Website <http://greatfinborough.onesuffolk.net>.

The May Parish Council meeting also had to be delayed and was held on the 22 May, once again too late to be reported on in this edition.

The annual village meeting was held on 10 May at 7.30pm in Pettiward Hall. Reports were heard from our District and County councillors, Parish Council, St Andrews Church, Pettiward Hall, the Garden Club, Woodpecker Hill Working Group, The Allotment Association, the Newsletter, Community Speedwatch and the Great Finborough and Buxhall under 5's Group. Community engagement officer Stefan Henriksen sent his apologies and there was no representation from the Great Finborough CEVC Primary School.

General discussion took place over the flooding at the intersection of Combs Lane and the B1115 and Councillor Matthissen would like to hear from any land owner who might have land adjacent to the river Rat where flood water mitigation features could be installed.

Outgoing Parish Council Chairman Simon Tarabella thanked his Councillors and Parish Clerk for their hard work and support over the last 4 years. He also thanked all of the village groups and residents who continue to work together to make Great Finborough such a great place to live.

The next Parish Council meeting will be held on 12 June at 7.30pm, in the upstairs room in Pettiward Hall. All are welcome.

Paula Gladwell

News from your District Councillor - John Matthissen

Representing Onehouse, Great & Little Finborough, Combs, Harleston and Shelland

Elections

Thanks to everyone who voted to re-elect me. I will now be one of 24 councillors in the Green group which will be leading the Council, and inevitably I will have some extra responsibilities. I hope to continue attending most parish council meetings and other local events as far as possible, and of course remain available to everyone via email and phone as below.

There will be a review of the running of the election, and if you were adversely affected in any way, such as Voter Photo Identity requirement or not receiving a postal vote, please let me know.

Note if you don't have a suitable document, such as driver's licence or passport, you can apply now for a *Voter Authority Certificate* ahead of the General Election expected next year. Details are available at

<https://www.electoralcommission.org.uk/i-am-a/voter/voter-id/applying-a-voter-authority-certificate> or phone the council on 0300 123 4000.

Recycling and Repairing

<https://www.recyclenow.com/> is a useful website where you can check what can and cannot be recycled in our area, and where.

The Eco futures stall continues to attract more and more of the 'hard to recycle' items such as toothbrushes, toothpaste tubes, pens, Coffee pods and tetra-paks. (juice cartons).

Please note they **cannot currently take medical 'blister packs'** as the volumes have exceeded the willingness of the Superdrug shop in Bury to handle them. I will be working with the group to find a new pathway to get the sack-loads processed to recover the aluminium.

Sunday, 11 June: Repair Café and recycling, Red Gables, 2-4pm

Thursday, 22 June: Recycling Stall, Market Place, 9.30-11.30

Trees Needed

When weeding your flower and vegetable gardens, and seedling trees appearing in the wrong place can be potted up and taken to the Stowmarket Tree Nursery at Red Gables, Ipswich Road. Stowmarket. Suffolk. IP14 1BE

John Matthissen: councillor@matthissen.net, Telephone 01449 258894 or write to 2 Brick Kiln Cottages, Barretts Lane, Needham Market IP6 8RZ



Buxhall and Great Finborough 'Candlestick Club'



The Candlestick Club has arranged an outing to Ely on 1 June 2023 including a 30 minute boat trip up the river Ouse on the Liberty Belle.

Prices: Candlestick Club members £20.00 (£12.50 without boat trip)
Non-members £25.00 (£15.00 without boat trip)

Pick up times are as follows.

9.15am - Buxhall Village Hall
9.25am approximately - Great Finborough
9.35am approximately - Combs Ford, layby opposite the Shell Garage
9.45am approximately - Stowmarket Football Club
4.30pm – Leave Ely to return home

Please get to your pick up point a little early.

EVERYONE WELCOME!

Please contact Emily 07964 045373, emilybyam1@gmail.com or Sally 07934 047612, alpacasal63@msn.com for further information.

Great Finborough Garden Club

The weather over the last month has been that perfect mixture of sunshine, warmth and regular rainfall which has seen the gardens around the village growing beautifully. There have been spectacular displays of blossom and spring flowers for us all to enjoy and all gardeners will be looking forward to good early growth of the summer plants.

The meeting on 11 May saw us, after two unforeseen cancellations, welcome Saffron Summerfield with her illustrated talk on birdsong which as well as giving us birdsong also revealed its influence on major composers throughout the years.

The meeting on 8 June will be a talk by Patricia Hodgkins from the National Trust. She will be speaking on "John Constable and his countryside". This should enable us to look at some of our local countryside with a fresh perspective.

Then comes the highlight of the summer "Great Finborough Open Gardens". This will take place on the 25 June from 12.30 to 5.30pm. Details are on page 14. We hope many residents will support us, to both visit and appreciate our neighbours beautiful gardens and the work that goes into creating them and to raise some funds towards both the "Save our Slates" appeal for the Pettward Hall and also for "Bees for Development".

If anyone can spare some time to help with setting up the marquee for teas, or could donate a cake, or some time to help serve the teas please contact me. We are short of helpers this year so if you could spare even an hour to help with the teas we would be most grateful.

Finally, if you are interested in joining the garden club or would like to attend any event you will be very welcome. Membership is only £15.00 per household per year or £2.50 per session for visitors. For further information contact Judith Cameron on either 672978 or at judith.e.cameron@btinternet.com.

Judith Cameron

Letter from Combs Rectory



The month of June, as well as bringing warmer weather, tennis and the end of the exam period, also brings some notable saints festivals in the Christian calendar. There are some familiar names on the list, namely Barnabas the Apostle celebrated on 12 June, the birth of John the Baptist on 24 June and the shared festival of St Peter and St Paul on 29 June.

St Peter, also known as Peter the Apostle and Simon Peter. Originally a fisherman, was one of Jesus Christ's twelve apostles and one of the first leaders of the early Christian Church. Peter appears repeatedly and prominently in all four New Testament gospels as well as the book of the Acts of the Apostles. According to Christian tradition, Peter was crucified in Rome under Emperor Nero after which he was venerated by the church as a major saint and the founder of the Church of Rome.

St Paul, previously called Saul of Tarsus became commonly known as Paul the Apostle, was a Christian apostle who spread the teachings of Jesus in the first-century world. Generally regarded as one of the most important figures of the time, he founded several Christian communities in Asia Minor and Europe. Originally Paul was called Saul and lived as a Pharisee, participating in the persecution of the early disciples of Jesus. Whilst Paul was travelling on the road to Damascus to search out Christians he had what is commonly called a conversion experience. After these events Paul was baptised and he made three missionary journeys to spread the Christian message to non-Jewish communities throughout the countries of the western Mediterranean.

St Peter and St Paul are associated with the creation of new deacons and priests within the church so it is usual for services of ordination to take place on the weekend nearest to their feast day of 29 June. This year, these services will take place in the cathedral at Bury St Edmunds on 1 July. They are joyful occasions of celebration when those being ordained as deacons and priests are surrounded by their families and friends. I'm sure St Peter and St Paul would approve!

With blessings, Rev'd Sarah

New Meditation Group Monday Evenings at The Pettiward Hall

'Would you take a daily pill if it was scientifically proven to benefit your brain by increasing focus; reducing stress, anxiety, and depression; and improving memory, emotional awareness, and overall happiness? What if it wasn't through taking a pill, but simply the act of sitting still?' Words of medical doctor Mark Hyman, about the power of mindfulness meditation, with increasing studies showing that regular meditation works and has medicinal properties.

So why aren't more of us meditating? In my experience, meditation is often misunderstood and overcomplicated. And also, it is something that can be hard to commit to by only practising alone at home and without the guidance of a teacher. It's for all of the above reasons, and because I've experienced the power of daily meditation practice in my own life, that I'm starting a new meditation group at The Pettiward Hall on Monday evenings.

Whether you are a novice or experienced meditator, come and experience the benefits of belonging to a supportive community of practice. Sessions are every Monday, 6.00-6.30pm and will include meditation teaching and the opportunity for Q&A to support you with sustaining a regular meditation practice.

There is no requirement to sit cross legged on the floor; if that doesn't work for you, I will show you all of the options available for you to find a comfortable seat, including sitting on a chair.

To find out more please email me at catherinerolfeyoga@gmail.com or drop me a line on 07790 842432. Session cost is £4.00 and booking is via www.bookwhen.com/catherinerolfeyoga - your first session is free; just use the code MEDITATION.

Looking forward to welcoming you.

Catherine Rolfe

PS – Although I also teach yoga please note that no interest in yoga is required to meditate! But if you do like yoga maybe you'll enjoy staying after the session for my yoga class.



Hatha Yoga class

Mondays 6.45 to 8.15pm

The Pettiward Hall, Gt Finborough

Monday morning + Wednesday
evening classes also running at
The Self Centre, Bury St Edmunds

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The Pettiward Hall

"Little Ernie"

The winners of the lottery in May were Susan Yeates and Jane & Rodney Self. They each received £8.25.

"SOS" Appeal

We are delighted to report that so far over £1,000 has been raised in the village from individuals and businesses towards our new roof appeal. It is not too late to contribute and donations can be sent to our bank account – Great Finborough Village Hall, Sort Code 20-98-07, Account no. 43082660, ref SOS appeal – or delivered to South Lodge (on the corner of the main entrance drive to Finborough School). If you are able to Gift Aid please provide your name and address.

Mary Preece

Introducing the Monthly 'Black & White' Photo Competition

We live in such a beautiful part of the world. I thought it might be nice to include a monthly photo which shows off the landscape or wildlife which we see in the village and surrounding areas. I've added a couple below as examples, can you do better? If so please submit a black & white photo to me before the publishing deadline for a chance to be included. Please include your name and a brief description. Please note, the editor's decision is final.



Hares in Field



Sunset over Great Finborough

Both photos taken by Gerald Squirrel

Tracy Barnett

The Chestnut Horse



Sharon and Rob wish you all a warm welcome

~~~~~

**Please see our food boards inside or on Facebook for our new summer menu including our "spice up" Wednesday menu. Don't forget you can book the extension for your function for any day of the week**

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Summer opening times

Wednesday and Thursday 12-3 and 5-close

Food 12-2 and 5-8

Friday and Saturday 12-close

Food 12-2 and 5-8

Sunday 12-8

Food 12-4

Wed to Sat Food service – 2 course "Light Bite" £10 on selected items

June 2023

Weekly Sunday Roasts - 12 Noon

Thursday 22 June - Acoustic Chill Night, open mic without mic

Thursday 20 April – Quiz night, 8pm

Meet Up Wednesdays 12 - 2pm weekly – Free Tea / Coffee

Great Finborough and District Garden Club



[This Photo](#) by Unknown
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Open Gardens

**In the village of Great Finborough
On Sunday, 25 June 2023
Car parking in Village Car Park**

**12.00 to 5.00 (last entry 4pm)
£5 per adult (children free) - Ticket tent by the car park**

11 lovely gardens

Teas and cakes

Classic cars

In support of:

Save Our Slates – Our Village Hall Roof Appeal

and

**Bees for Development
(a UK Charity working internationally, including in Ghana)**



Buxhall and District Community Council

With the untimely death of HRH Queen Elizabeth II, as a mark of respect the 2022 Village Show was cancelled.

Our Village Show returns again this year on Saturday, 9 September. A full entry programme will be in the July/August edition of the Newsletter. To help you plan, prepare and start working on your entries, see our 2023 programme below. If you have any queries, please contact Hilary.

Hilary Hall
(BCC and Show Secretary)

 **01449 737671**

 **hilary-hall@hotmail.co.uk**

BUXHALL VILLAGE SHOW: 2023 PROGRAMME

SECTION 1 – VEGETABLES

1	5 Potatoes - any colour	6	2 Courgettes – equal size
2	5 Onions – any colour	7	5 Runner beans
3	5 Shallots	8	5 Tomatoes – any variety
4	3 Carrots with foliage	9	1 Marrow
5	3 Beetroot with foliage	10	Any other specimen vegetable

SECTION 2 – FRUIT

1	5 Apples - dessert any variety	3	5 Plums – any variety
2	5 Pears – any variety	4	5-10 of any other fruit

SECTION 3 – FLOWERS

1	3 Dahlias	4	10 Stems of mixed flowers
2	3 Roses – any variety	5	Pot plant – any
3	3 Chrysanthemums		

SECTION 4 – BAKED GOODS

1	4 Fruit scones	4	4 decorated cupcakes: any size, any flavour
2	4 Cheese straws	5	Lemon Drizzle Traybake
3	A flan: pastry base with sweet or savoury filling	6	A layered cake with filling. (Any flavour, extra decoration optional)

SECTION 5 – PRESERVES

1	Any berry jam	3	Pickled Relish- any type
2	Any stone fruit jam	4	Chutney – any type

SECTION 6: PHOTOGRAPHY (A4 or A5 in colour or black & white)

1	Life & scenes around Buxhall	3	A serendipitous photo
2	Life and scenes beyond Suffolk		

SECTION 7 – ARTS AND CRAFT (Any medium eg fabric, wool, wood, metal, card, paper, pottery etc)

1	A child's toy	3	A picture
2	A home-made item for the garden	4	Any other home-made item

SECTION 8 – CHILDREN Ages a) 7 and under b) 8 and above

1	Any 2D or 3D art form made from recycled materials or vegetation	3	4 chocolate crispies or cornflake cakes
2	2D or 3D art form of Buxhall Church using any medium including lego	4	A named vegetable character made from at least 3 vegetables

SECTION 9 – BRITISH HUMOUR IN THE GARDEN – Make the Judges Smile

1	A single vegetable – your longest, heaviest, most misshaped, ugliest, or humorous vegetable. Creatively displayed with an apt title, caption or name
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Citizens Advice Mid Suffolk are looking for volunteers to provide vital support in the community – can you help?

The charity supports people all over Mid Suffolk from their office in Stowmarket, providing free, confidential, independent and impartial advice. Demand for the charity's services has continued to increase, and the wonderful team of volunteers are paramount to the help Citizens Advice provides.

Volunteers are sought from all kinds of backgrounds to support local people with their problems. No experience is necessary as full training will be provided.

Citizens Advice volunteers come from all walks of life and choose to volunteer for a variety of reasons. Volunteers are often looking for ways to make use of their skills or to gain valuable experience and make use of the fantastic training. They also enjoy the opportunity to meet different people and be part of a friendly, welcoming team of existing volunteers. They find it rewarding to support local people and make a difference to their lives.

Current volunteers at Citizens Advice said:

"You gain skills and experience that stay with you for life. There is a great support system in place...it makes you feel like you are part of something great."

"As a volunteer, you're made to feel an equal and valued member of the team. Volunteering with Citizens Advice is not only mentally stimulating but also very rewarding."

"I volunteered to help others, but didn't realise how much I would get back! I love the feeling of satisfaction at the end of the day and the feeling you get from being part of a brilliant, friendly, professional and happy team."

Interested in volunteering? Citizens Advice Mid Suffolk would love to hear from you! call 01449 676060 for an informal chat or go to midsuffolkcab.org.uk/volunteer.

Jaz Last



A new Country and Americana music festival is being held in field next to Broad Oak, Great Finborough. All proceeds are going to Mid Suffolk Voluntary Organisation Forum for Dementia based at Red Gables in Stowmarket.

Showcasing the best in local bands and solo artists playing original live music that has filled venues from the John Peel Centre to the O2 stadium. There will be two stages with eighteen acts playing non-stop music throughout the event plus western themed activities for all the family to enjoy.

The fantastic music will be complemented with street food, posh coffee and High Road Saloon. Denzel the Donkey, who is in charge of social media, will be there to meet you. Camping is also available.

We have had amazing support from the village plus local businesses and always welcome others to become involved.

Tickets can be purchased online from www.highroadfestival.co.uk and you can follow us on Facebook and Instagram.

BUXHALL HISTORY TALKS

The Z8869 Memorial Story

Saturday, 22 July 2023 - 7pm to 9 pm

Buxhall Village Hall

CI Paul Thompson of 1331 Stowmarket Squadron Air Cadets will share the story of the fatal crash of a WWII Wellington Bomber call sign Z8869, and the determination of the Air Cadets to dedicate a memorial to the RAF crew who tragically lost their lives in a field located between the villages of Buxhall and Great Finborough.

Light Refreshments will be served

No admission fee but donations requested on the night to assist the cadets in preserving this and other similar memorials in our locality.

All Proceeds to the 1331 Stowmarket Squadron Air Cadets

**To reserve a seat email buxhalltalks@gmail.com or
phone Sue on 07849485430**



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The Nutshell, Milton Road South, Stowmarket, IP14 1EZ



Golden Charter
Funeral Plans



Services for the Benefice - June 2023

4 June: Trinity Sunday

9.00 am	Holy Communion	Little Finborough
9.30 am	Holy Communion	Harleston
9.30 am	Spiritual Communion	Zoom Service
11.00 am	All Age Worship	Combs
3.00 pm	Hymns and Pimm's	Great Finborough

11 June: The First Sunday after Trinity

9.30 am	Morning Worship	Shelland
9.30 am	Holy Communion	Buxhall
11.00 am	Morning Worship	Great Finborough
11.00 am	Holy Communion	Onehouse

18 June: The Second Sunday after Trinity

9.30 am	Songs of Praise	Harleston
11.00 am	Family Communion	Combs
3.00 pm	Flower Service	Buxhall
6.00 pm	Evensong	Little Finborough
6.00 pm	Compline	Zoom Service

25 June: The Third Sunday after Trinity

9.30 am	Morning Worship	Buxhall
9.30 am	Holy Communion	Shelland
11.00 am	Patronal Morning Worship	Onehouse
11.00 am	Holy Communion	Great Finborough

Weekday Services

9.30am on Wednesday	Holy Communion	Trinity Hall, Onehouse
10.00 am on Saturday	Morning Prayer	Zoom Meeting

All Welcome! Whether you are a regular worshipper or a visitor to our churches, you will find a warm welcome at all of our services

For details of how to join any of the Zoom services contact Rev'd Sarah

WHO'S WHO IN GREAT FINBOROUGH

Chair, Parish Council	Pending the next Parish Council meeting	
Clerk, Parish Council	Paula Gladwell finboroughparishclerk@gmail.com	01284 828112
District Councillor	John Matthissen councillor@matthissen.net	258894
County Councillor	Penny Otton penny.otton@suffolk.gov.uk	737870
Newsletter Editor	Tracy Barnett finboroughnewsletter@gmail.com	
Rector	Rev Sarah Jenkins revdsarahjenkins@gmail.com	676065
<i>Combs Rectory, 135 Poplar Hill, IP14 2AY</i>		
Associate Priest	Rev Canon Pauline Higham	771791
<i>The Rectory, Onehouse, IP14 2AY</i>		
Church Warden	Paul Goodchild	401185
Church Warden	Nigel Brown	675344
Pettward Hall Management Committee	Mary Preece	771360
Lettings/Keyholder	mary.preece1@btinternet.com	
Great Finborough & Buxhall Under 5s	Delia Prior delia@gfbunderfive.co.uk	07513 140072
Footpath Warden	James Spencer greatfinboroughfootpaths@gmail.com	
Allotments Association	Mary Smyth	672533
Candlestick Club	Keith Proctor	736598
Great Finborough & District Garden Club	Judith Cameron judyandian@btinternet.com	672978
Chestnut Horse Pub	Sharon Shipp	674688
Great Finborough Community Cinema	Norman Vendittelli	07930 338580
Buxhall Women's Institute	Hilary Hall hilary-hall@hotmail.co.uk	
Head teacher, Great Finborough	Stephen Dodd	613208
Primary School	headteacher@greatfinborough.suffolk.sch.uk	
Police (Stowmarket SNT)	Stowmarket.snt@suffolk.pnn.police.uk	101
Stowmarket High School		613541
Stowmarket Health Centre		776000
Combs Ford Surgery		678333
Stowmarket Library		613143
Village website: www.greatfinborough.onesuffolk.net		
Church website http://www.standrewsgtfinborough.co.uk/		
Primary School website: www.greatfinborough.suffolk.sch.uk		